



# PRACTICAL APPROACH AND EVALUATION OF COMMON NEURODEGENERATIVE DISEASES

CASE-BASED LEARNING

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AANP Teaching Rounds

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# LEARNING OBJECTIVES

1. **Build** a differential diagnosis of neurodegenerative diseases based upon gross pathologic findings
2. **Identify** key histologic sections used to diagnose Alzheimer's disease neuropathologic change (ADNC) and common comorbidities
3. **Apply** harmonized criteria to diagnose ADNC and other neurodegenerative diseases

# DEMENTIA



## PROGRESSIVE MEMORY DYSFUNCTION

Beta-amyloid plaques

Neurofibrillary tangles



## STEPWISE NEUROLOGIC DECLINE

Vascular-mediated brain injury



## BEHAVIORAL / PERSONALITY CHANGES

## LANGUAGE DYSFUNCTION

TDP-43

Tau



## MOVEMENT DISORDER

Lewy Bodies

Lewy Neurites

# NEURODEGENERATIVE DISEASE OVERVIEW

DISEASE	LESIONS	COMPONENTS
Alzheimer's Disease	Extracellular plaques Neurofibrillary tangles	Amyloid Tau
Parkinson's Disease Dementia with Lewy Bodies	Lewy bodies Lewy neurites	Alpha-synuclein
Multiple System Atrophy	Glial cytoplasmic inclusions	Alpha-synuclein
FTLD-Tau (e.g., Pick's disease, PSP, CBD)	Neuronal and glial tangles	Tau
FTLD-TDP	Cytoplasmic and nuclear inclusions	TDP-43
Amyotrophic Lateral Sclerosis	Cytoplasmic inclusions	TDP-43
Trinucleotide Repeat Diseases (e.g., Huntington's Disease)	Nuclear and cytoplasmic inclusions	Polyglutamine expansion
Chronic Traumatic Encephalopathy	Neuronal and glial tangles	Tau

# CASE #1 CLINICAL HISTORY

- 60-year-old female who died with a seven-year history of cognitive impairment and motor deficits.
- No pertinent family history or additional history.
- She first presented with sporadic jerks, REM sleep disorder, and then developed cognitive changes a few months afterwards.
- Physical exam showed asymmetric rigidity in arms and a slowed gait.
- Brain scans were performed. Eventually, she demonstrated worsening cognitive impairment. She died at home.



## GROSS FINDINGS



## MICROSCOPIC FINDINGS



H&E

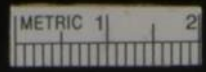
## ANCILLARY STUDIES



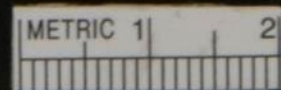
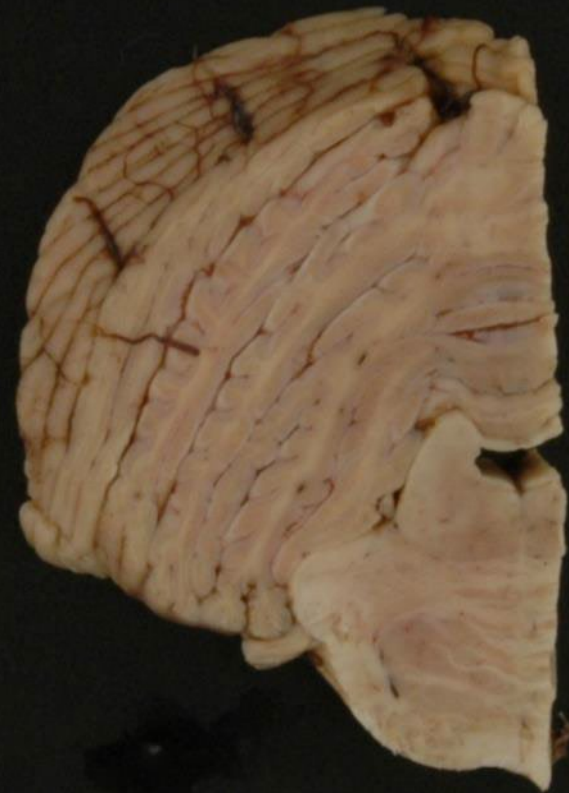
- Tau
- Beta-amyloid
- Alpha-synuclein
- TDP-43
- Bielschowsky silver stain

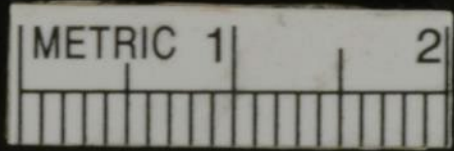
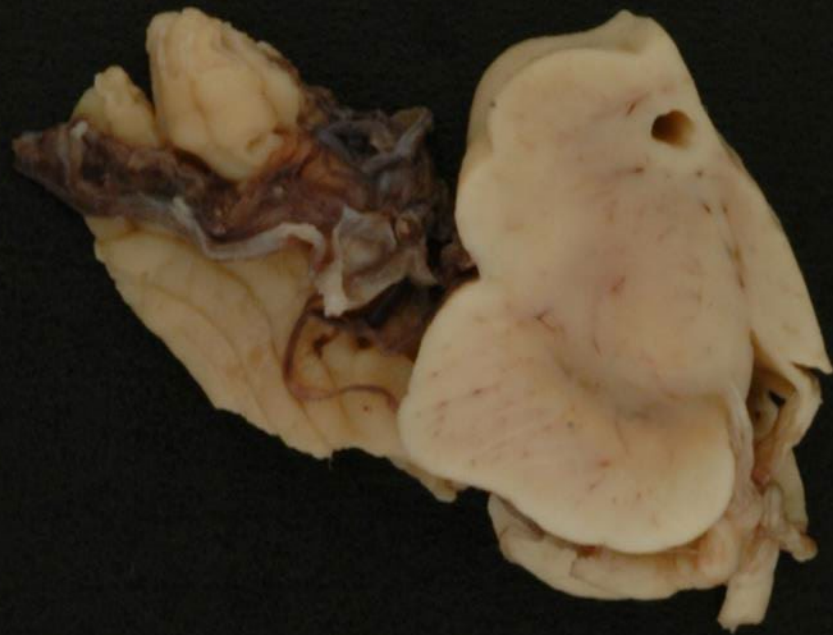
**NEUROPATH  
DIAGNOSES**









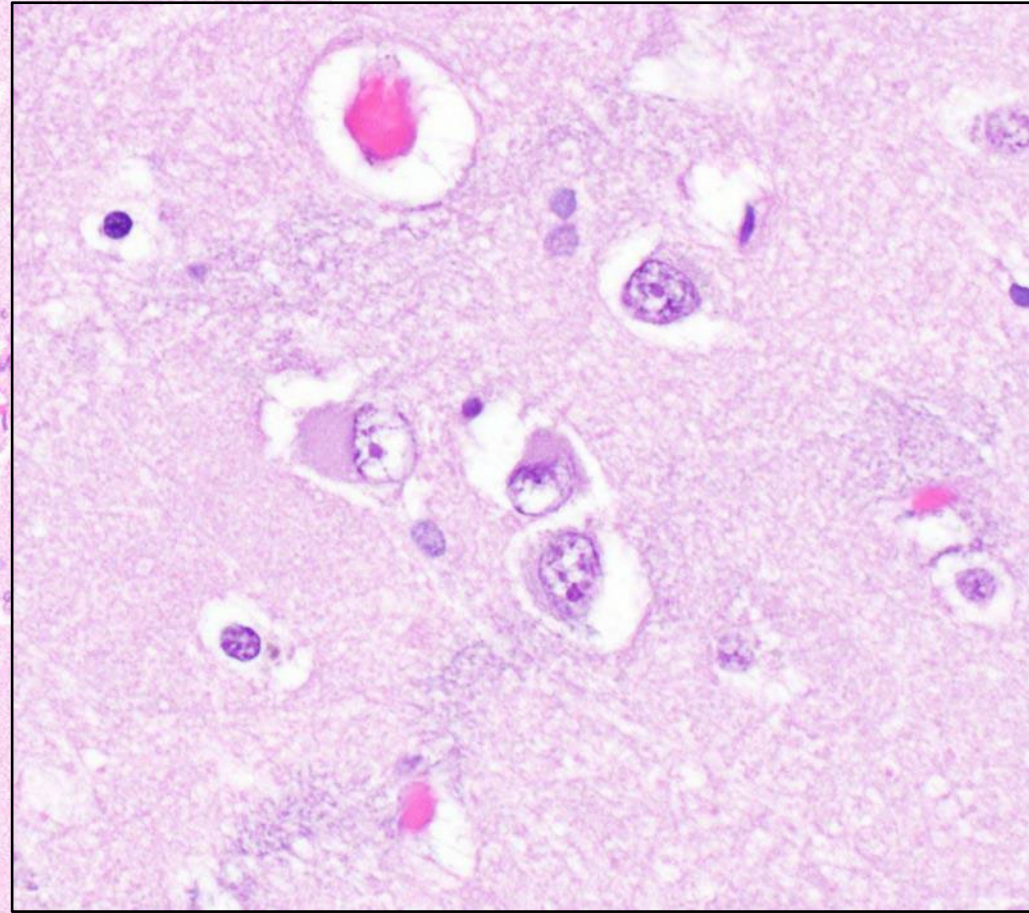
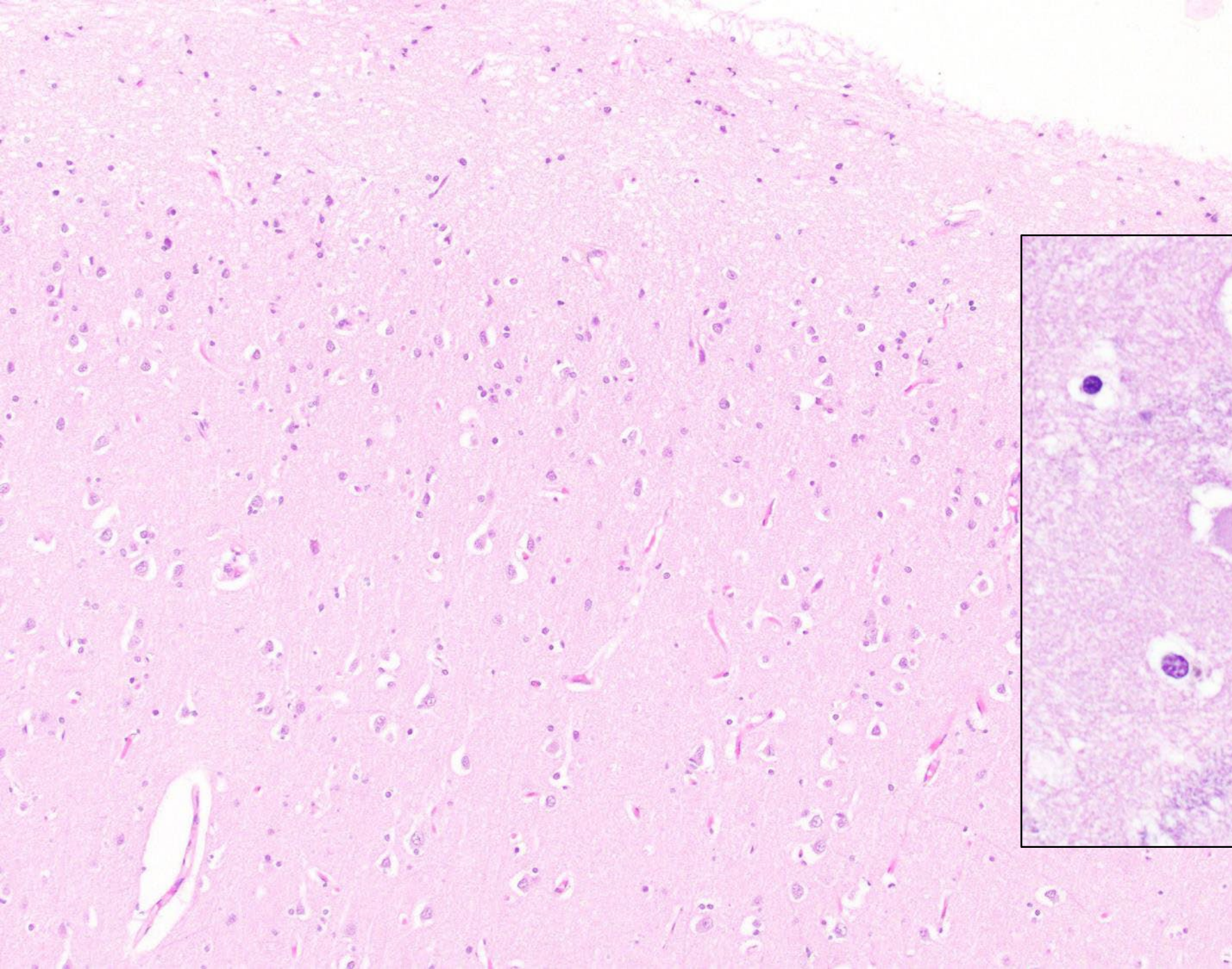


# HISTOLOGIC FINDINGS

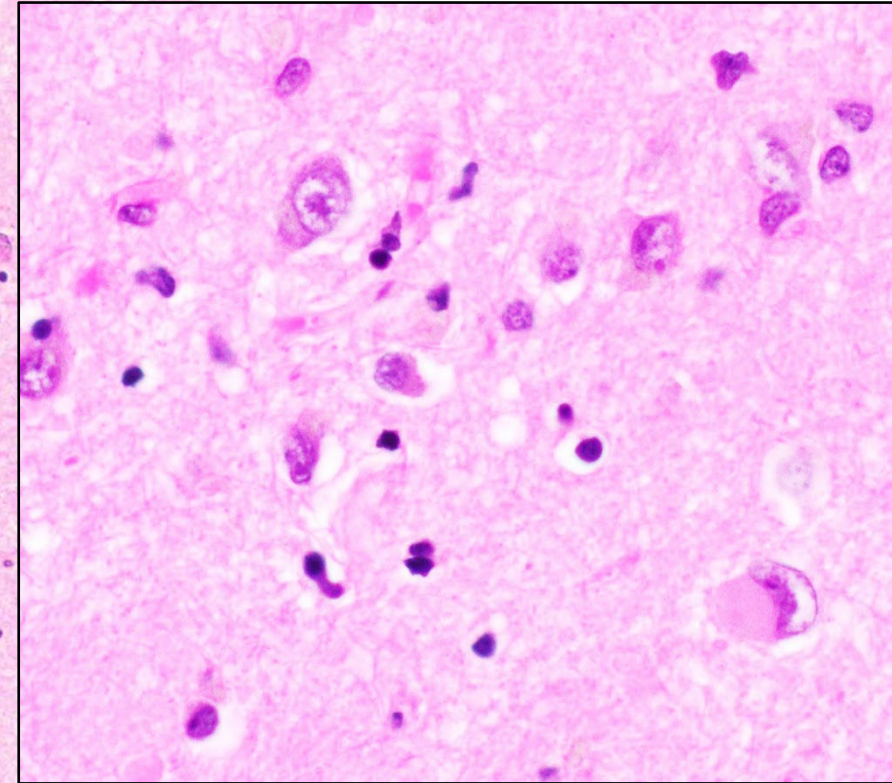
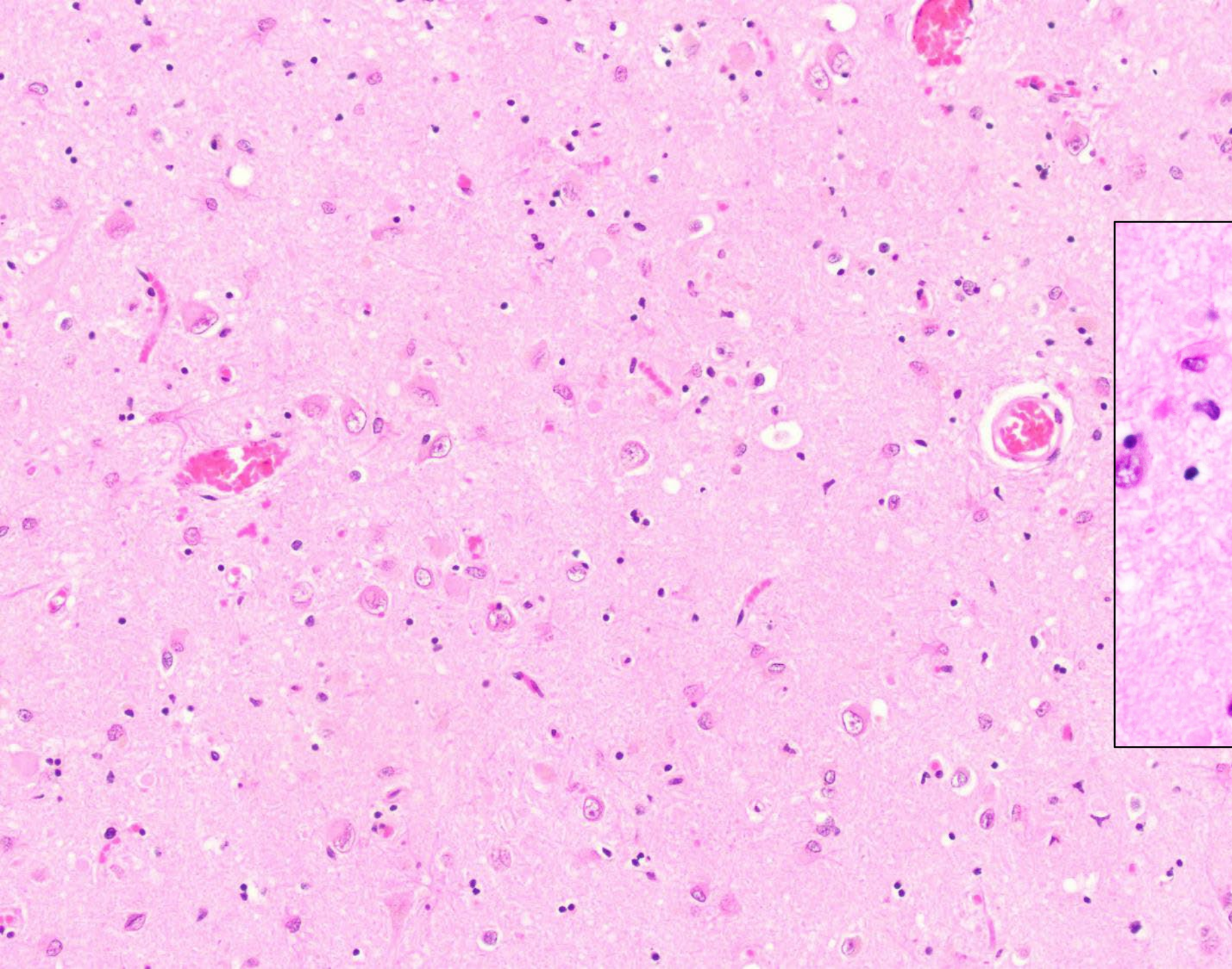
## AND ANCILLARY STAINS

- H&E
- Tau
- Beta-amyloid
- Alpha-synuclein
- TDP-43
- Bielschowsky

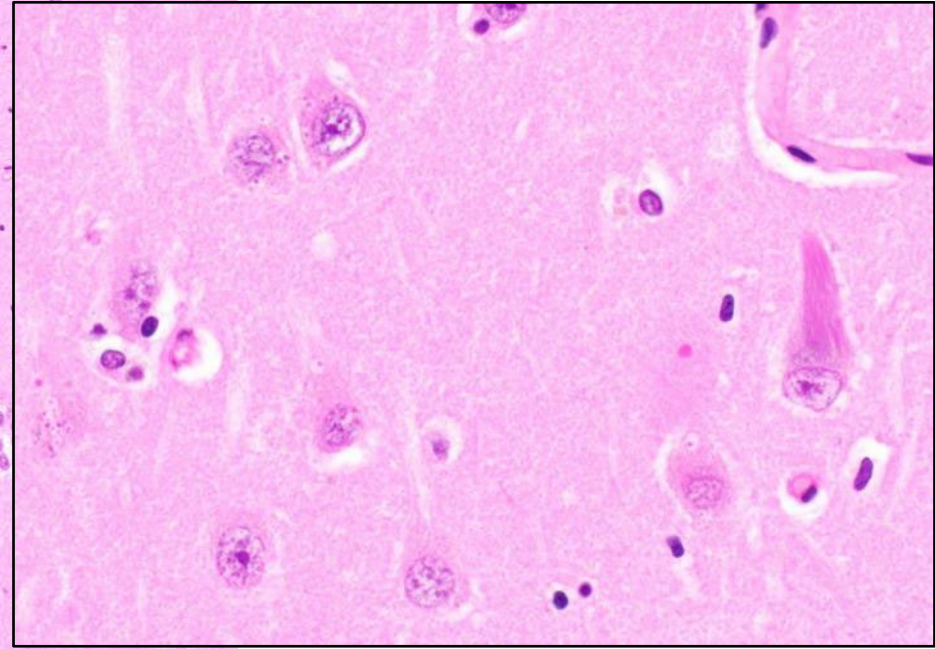
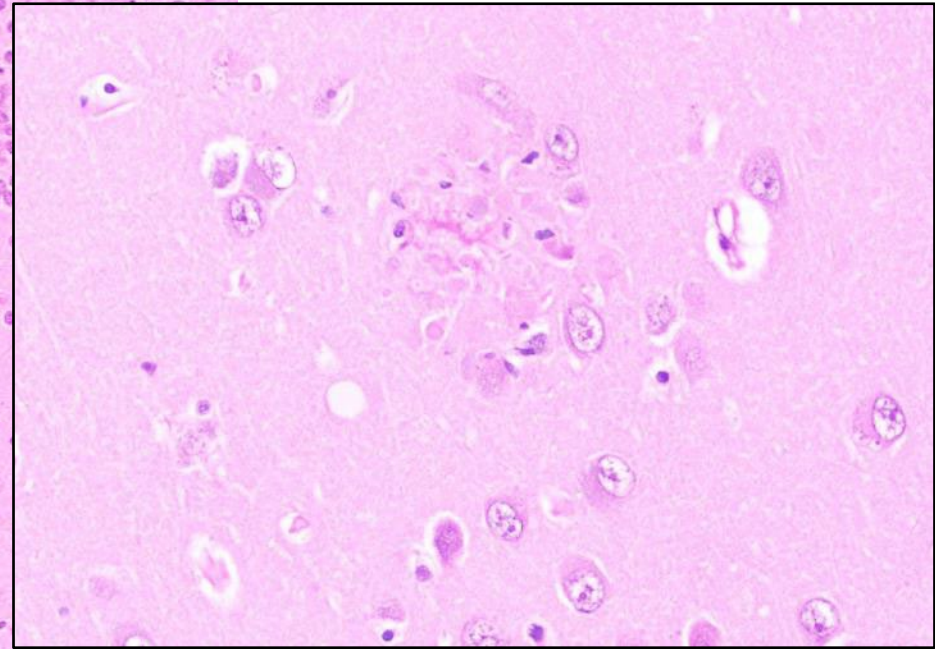
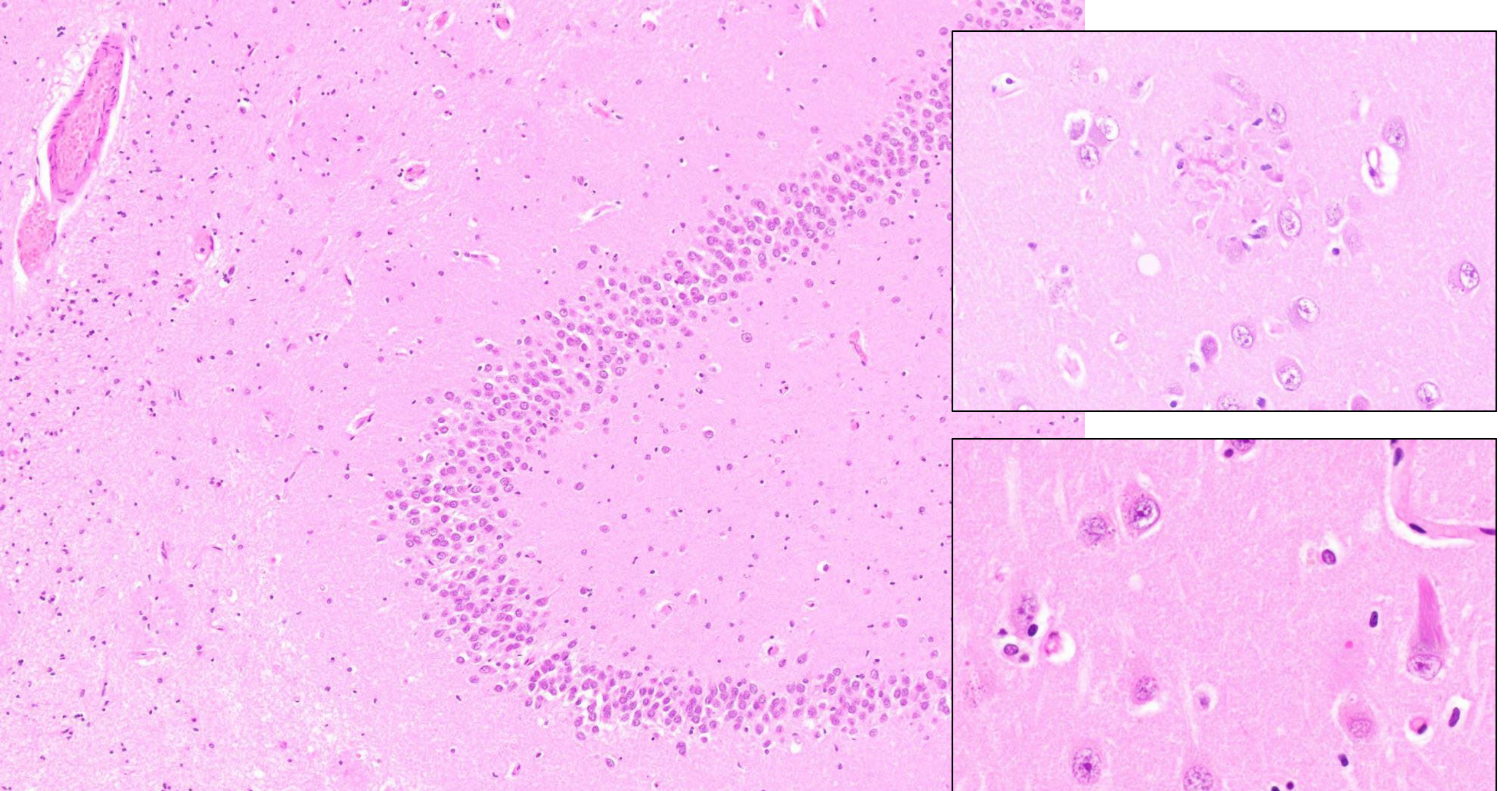




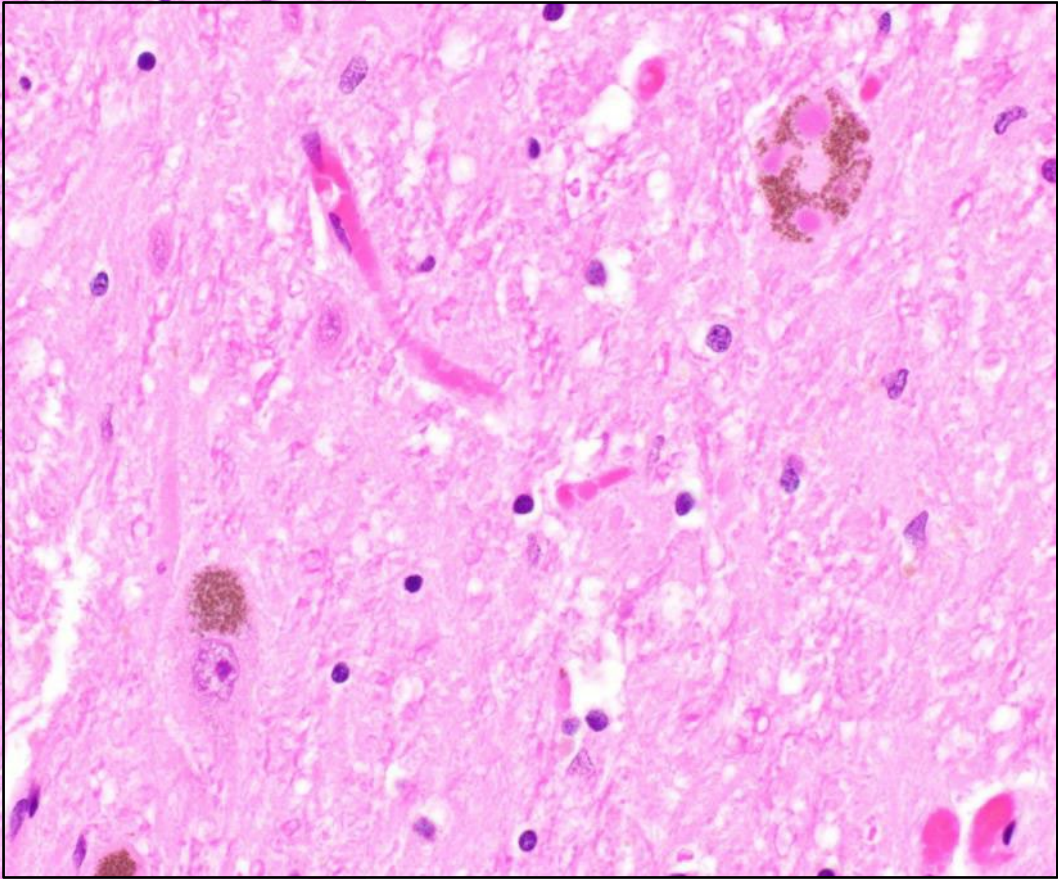
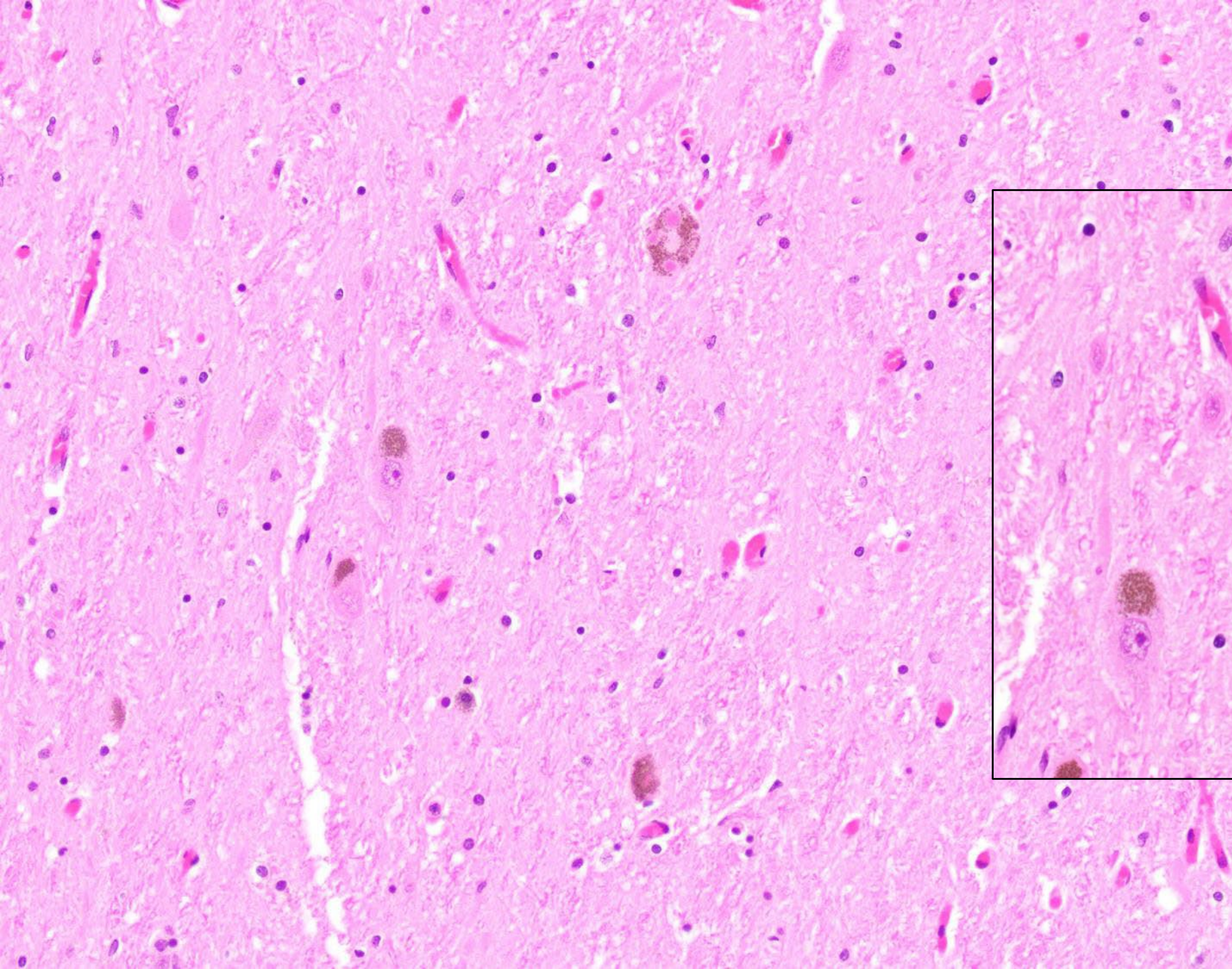
**H&E, Frontal lobe**



**H&E, Amygdala**



**H&E, Hippocampus**



**H&E, Substantia Nigra**

# HISTOLOGIC FINDINGS

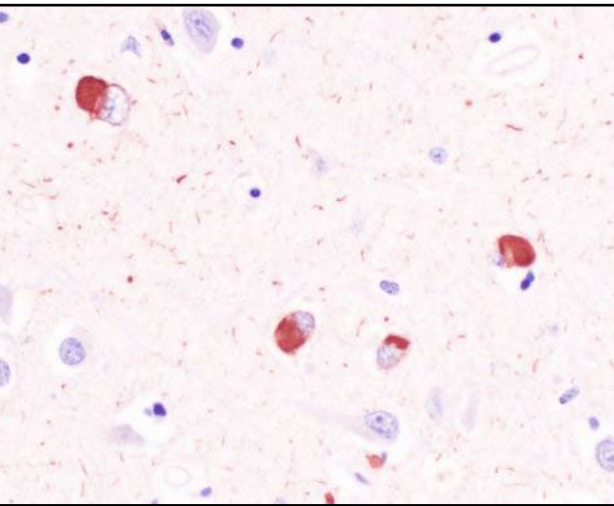
## AND ANCILLARY STAINS

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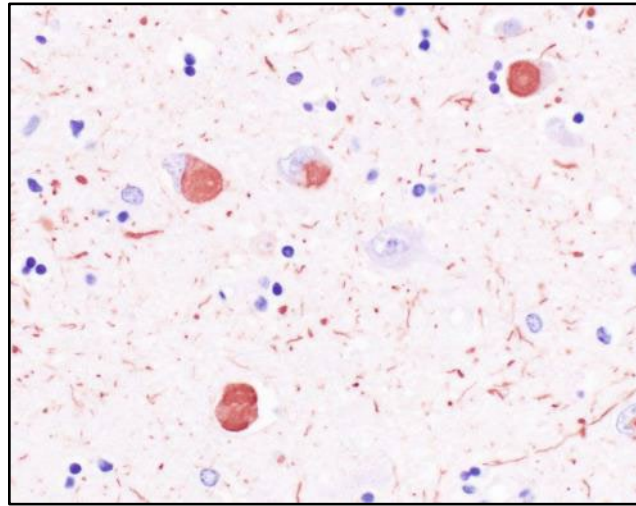




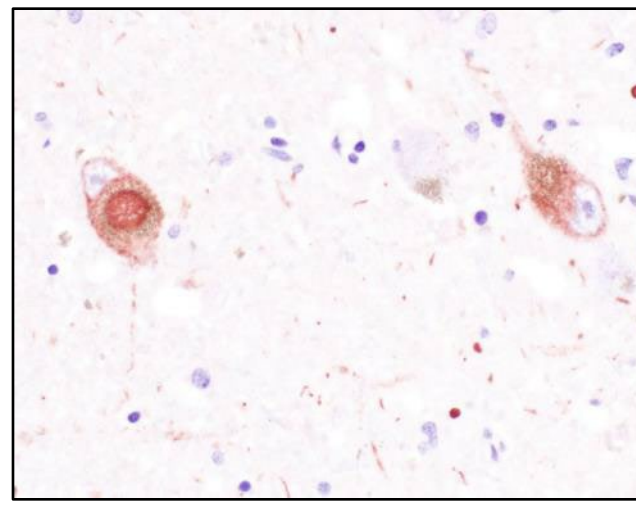
# ALPHA-SYNUCLEIN



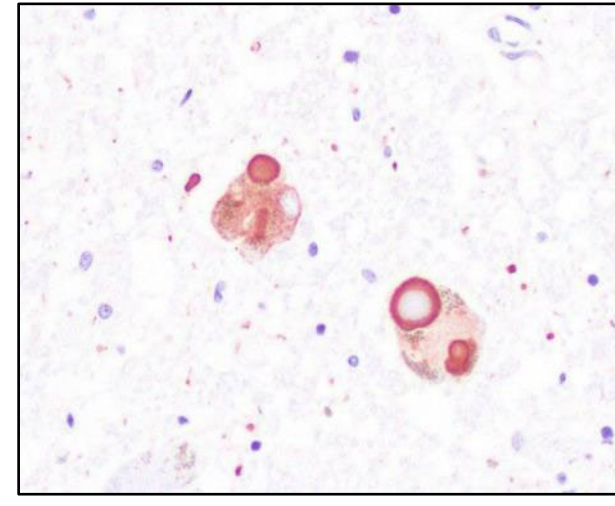
**Frontal lobe**



**Amygdala**

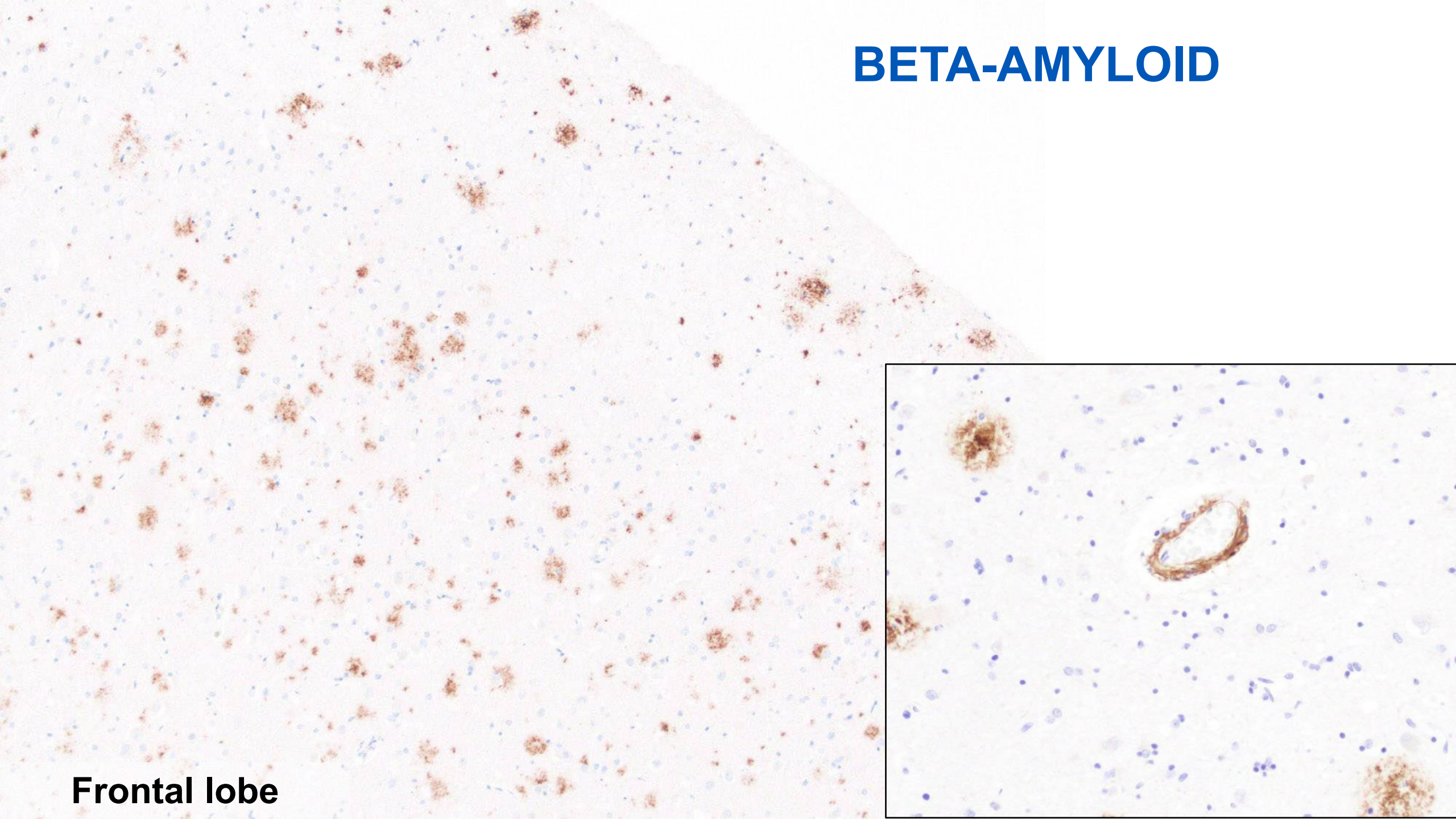


**Substantia Nigra**



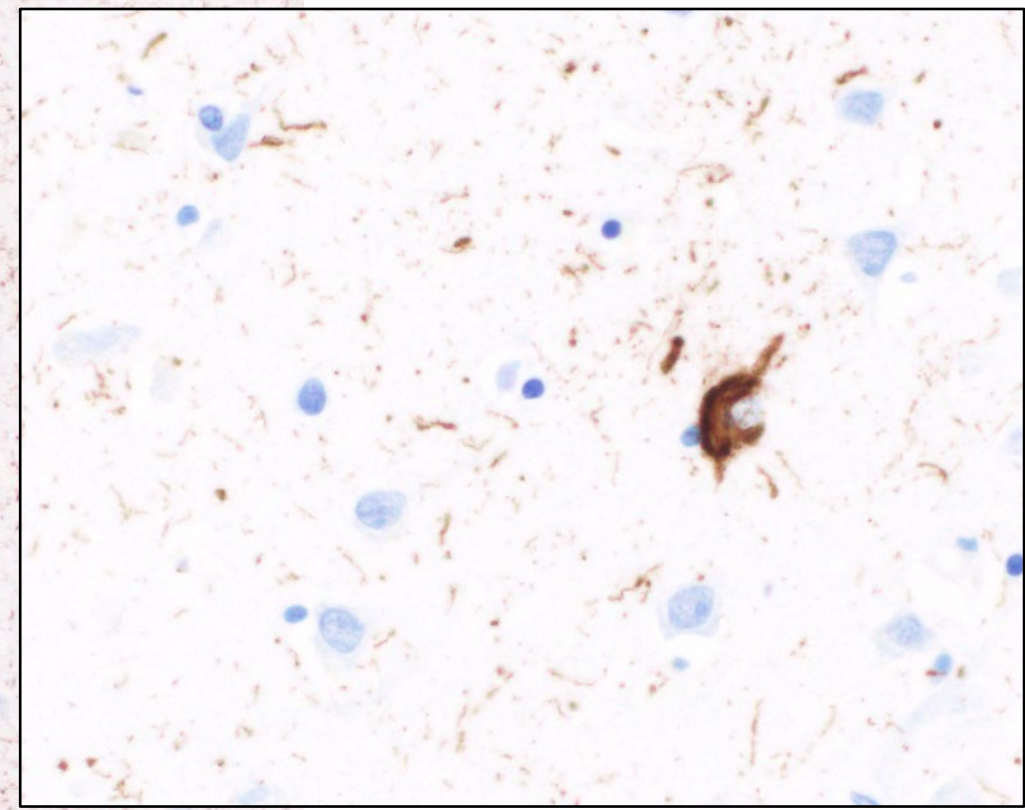
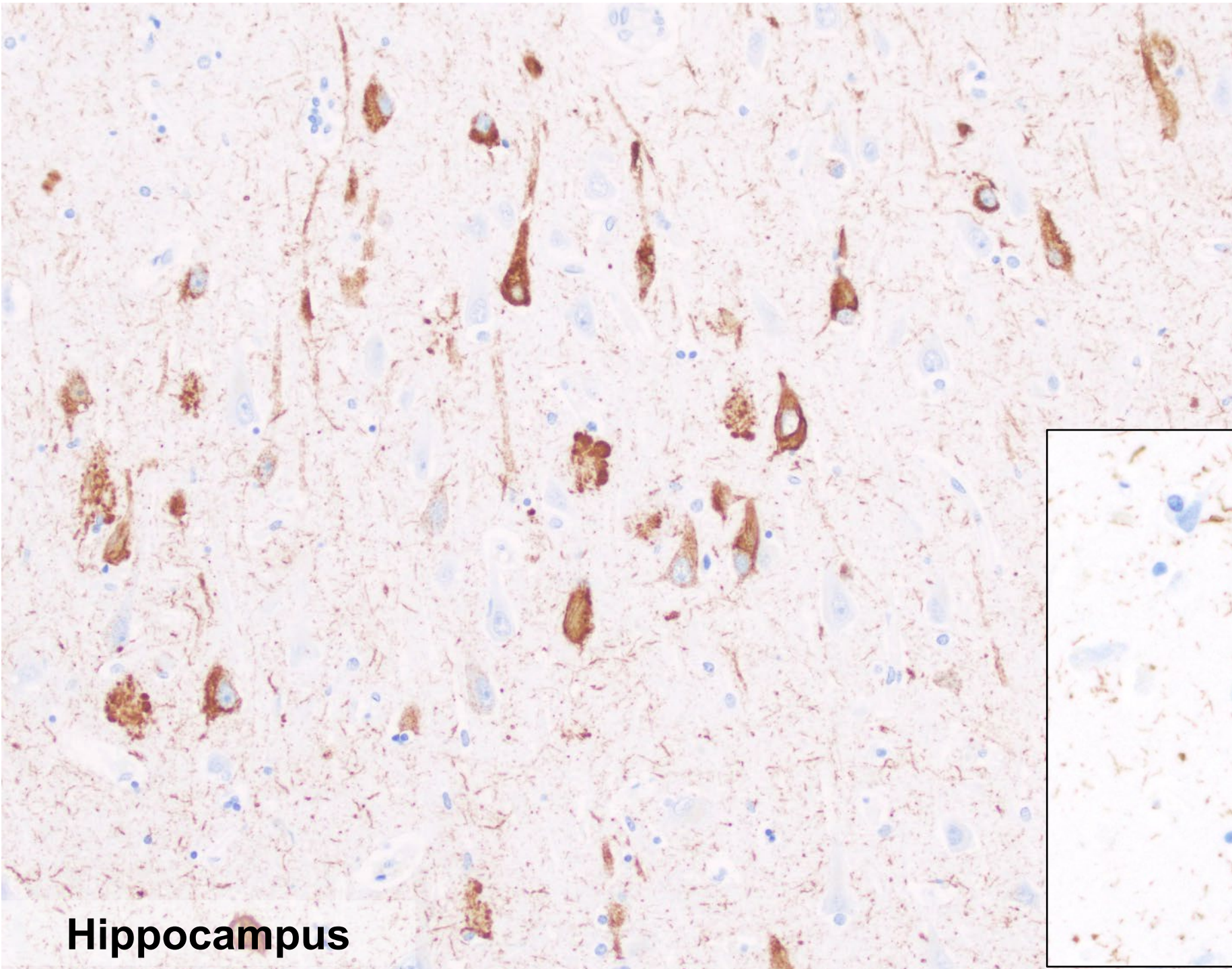
**Locus Ceruleus**

# BETA-AMYLOID



Frontal lobe

**TAU**

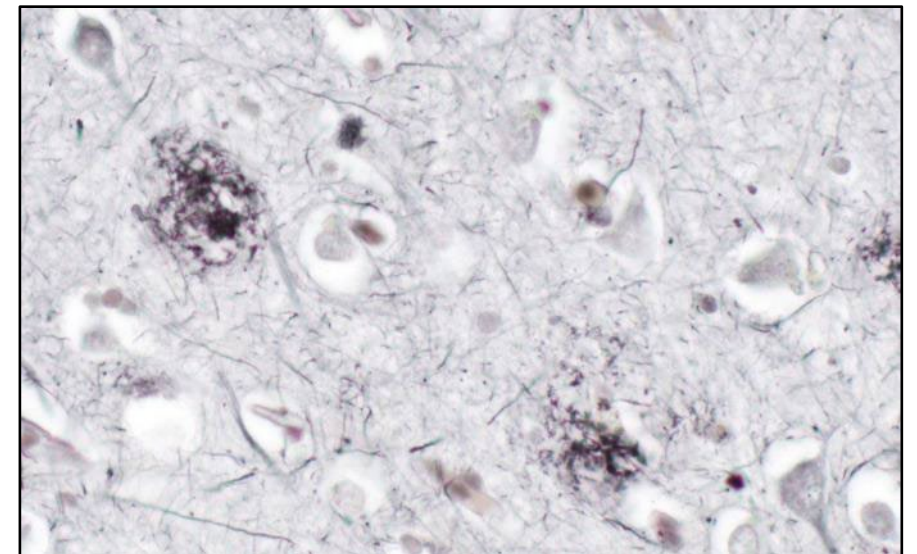
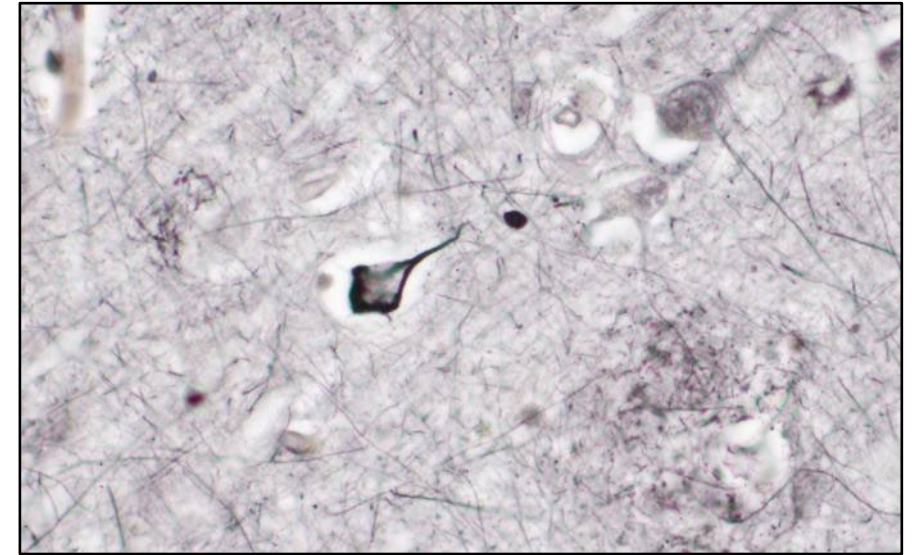


**Hippocampus**

# BIELSCHOWSKY STAIN



**Temporal lobe**



## GROSS FINDINGS



- Mild to moderate cerebral atrophy (global)
- Moderate depigmentation of the substantia nigra

## MICROSCOPIC FINDINGS



- Mild to Moderate neuronal loss and concomitant gliosis
- Frequent cytoplasmic inclusions and extracellular plaques

## ANCILLARY STUDIES



- Tau: neurofibrillary tangles
- Beta-amyloid: diffuse plaques
- Alpha-synuclein: Lewy bodies and neurites
- TDP-43: absent
- Bielschowsky silver stain: neuritic plaques and neurofibrillary tangles

## NEUROPATH DIAGNOSES

# FINAL DIAGNOSIS

1. Lewy body disease
2. Alzheimer's disease neuropathologic change
3. Cerebrovascular disease
4. Vascular brain injury
5. Additional findings

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# NEURODEGENERATIVE DISEASE INCLUSIONS

## SYNUCLEIN OPATHIES

### PD/LBD

Lewy bodies

Lewy Neurites

### MSA

Glial cytoplasmic  
inclusions

## ALZHEIMER DISEASE

### BETA-AMYLOID

Diffuse plaques

Neuritic plaques

### PHOSPHO-TAU

Neurofibrillary tangles

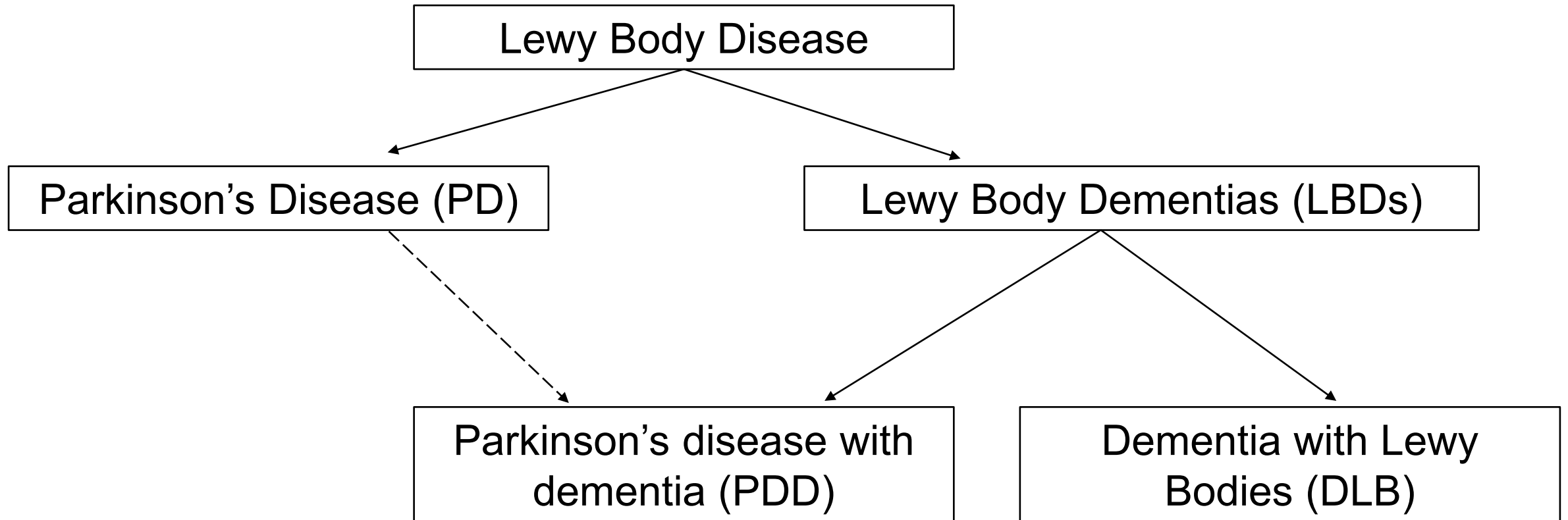
Dystrophic neurites

Neuritic plaques

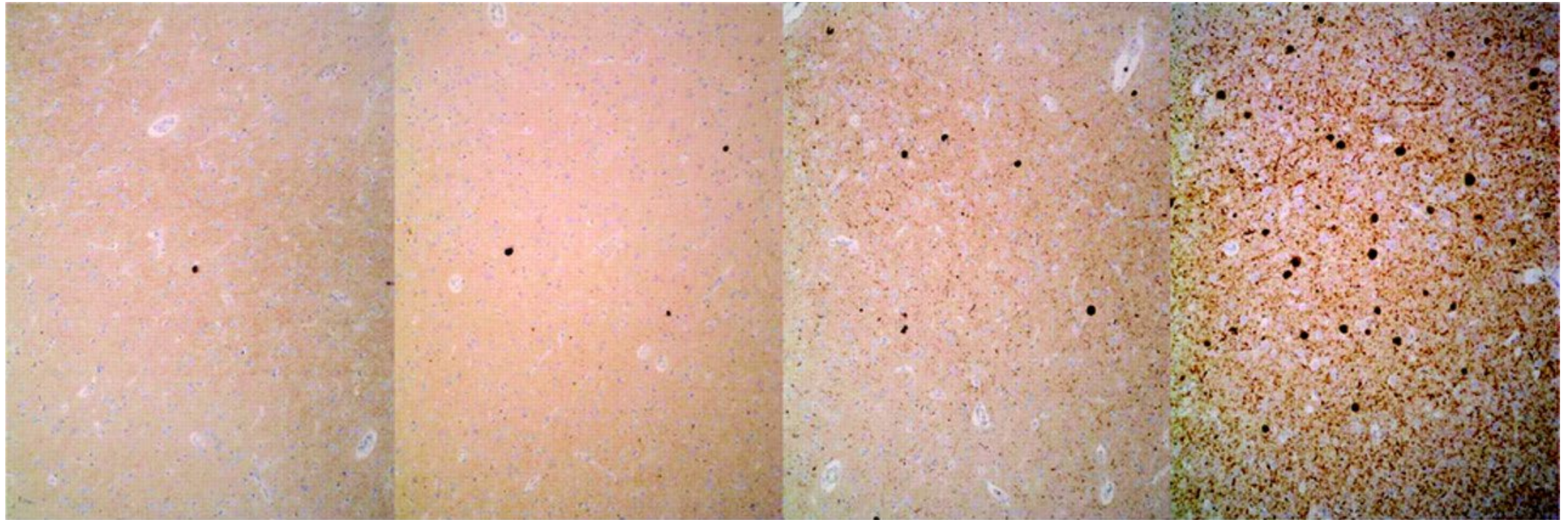
...AND MANY MORE!



# LEWY BODY DISEASE



# LEWY BODY PATHOLOGY GRADING



1 (mild)

2 (moderate)

3 (severe)

4 (very severe)

# LEWY BODY DISEASE TYPES

**Table 2** Assignment of Lewy body type based upon pattern of Lewy-related pathology in brainstem, limbic, and neocortical regions

Lewy body type pathology	Brainstem regions			Basal forebrain/limbic regions				Neocortical regions		
	IX-X	LC	SN	nbM	Amygdala	Transentorhinal	Cingulate	Temporal	Frontal	Parietal
Brainstem-predominant	1-3	1-3	1-3	0-2	0-2	0-1	0-1	0	0	0
Limbic (transitional)	1-3	1-3	1-3	2-3	2-3	1-3	1-3	0-2	0-1	0
Diffuse neocortical	1-3	1-3	1-3	2-3	3-4	2-4	2-4	2-3	1-3	0-2

Brain regions are as defined anatomically in the original Consensus report.<sup>1</sup>

IX = 9th cranial nerve nucleus; X = 10th cranial nerve nucleus; LC = locus ceruleus; SN = substantia nigra; nbM = nucleus basalis of Meynert.

# LEWY BODY DISEASE

1. Lewy body disease: Diffuse neocortical substantia nigra with moderate neuronal cell loss (DLB consortium, 2017)

## REGION

Medulla

Pons

Midbrain

Amygdala

Anterior cingulate gyrus

Transentorhinal

Temporal lobe

Frontal lobe

Parietal lobe

## Severity

Severe

Severe

Very Severe

Very Severe

Very Severe

Very Severe

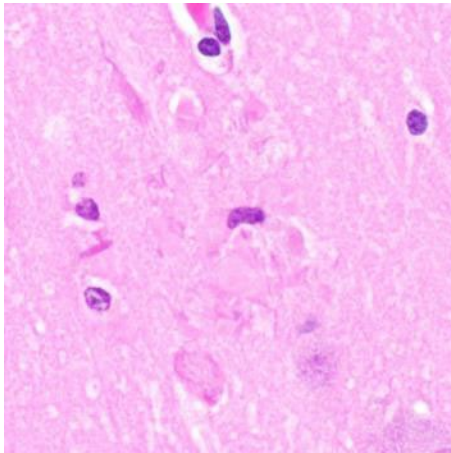
Very Severe

Very Severe

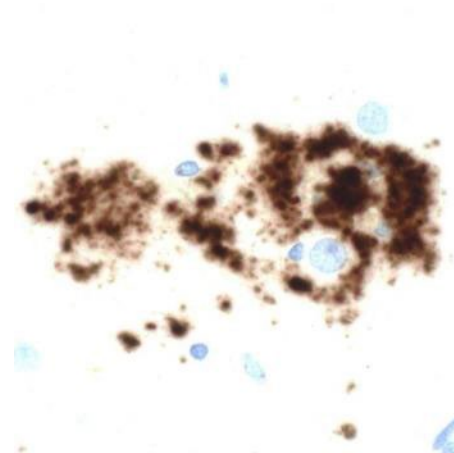
Very Severe

# ALZHEIMER'S DISEASE (AD)

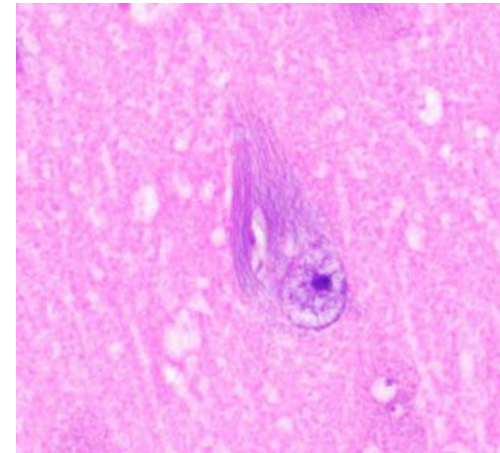
- Progressive and fatal neurodegenerative disease
  - Marked by changes in memory and cognitive functions
  - Language, visuospatial, and executive domains
- Affects more than 40 million people worldwide
- Leading cause of dementia in the elderly worldwide
- Neuropathologic hallmarks include beta-amyloid plaques and neurofibrillary tangles



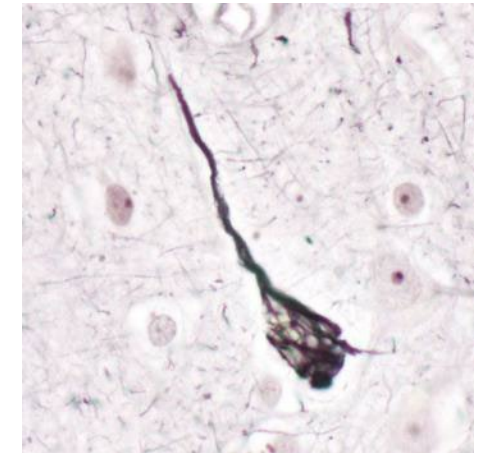
Extracellular plaque



Beta-amyloid IHC

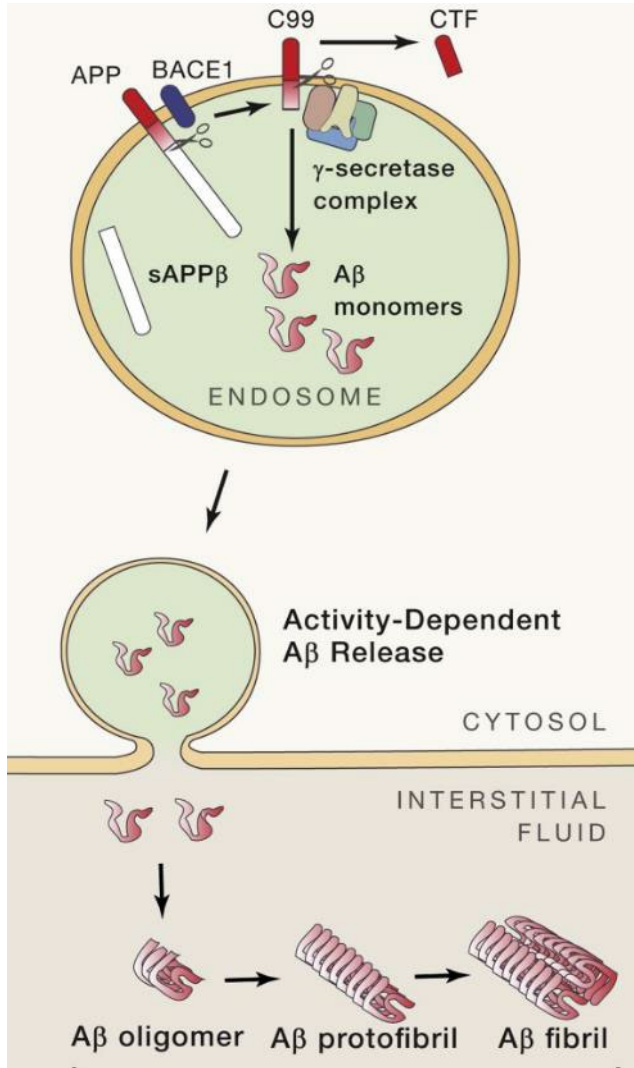


Neurofibrillary tangle

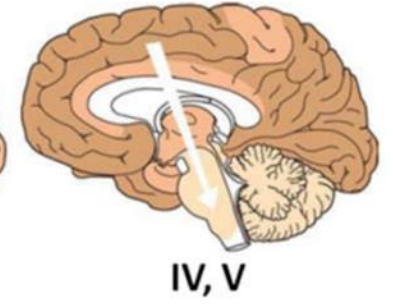
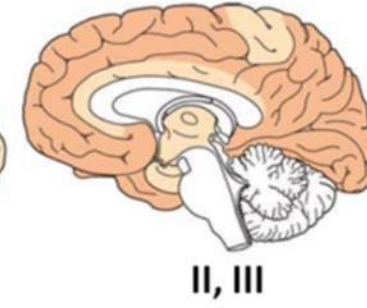
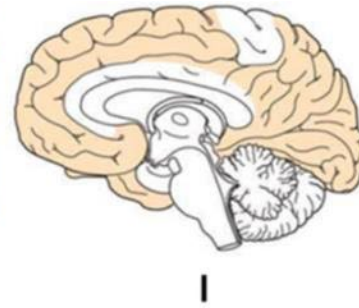
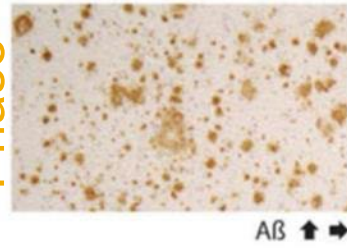


Bielschowsky Stain

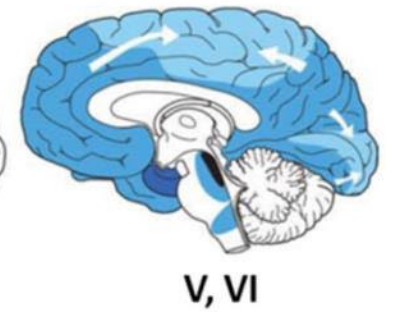
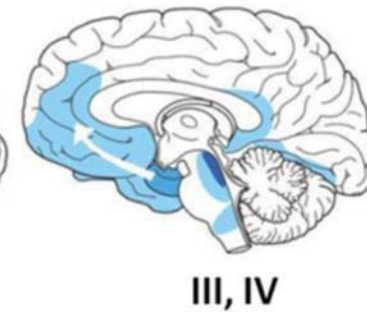
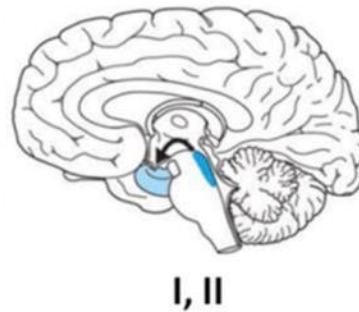
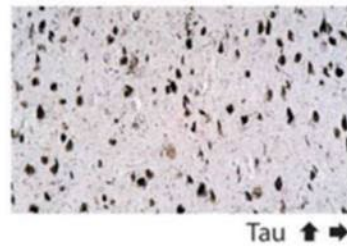
# PATHOBIOLOGY OF AD



Thal Phase



Braak Stage








# ALZHEIMER'S DISEASE NEUROPATHOLOGIC CHANGE

AD neuropathologic change		B <sup>a</sup>		
A <sup>b</sup>	C <sup>c</sup>	0 or 1	2	3
0	0	Not <sup>d</sup>	Not <sup>d</sup>	Not <sup>d</sup>
1	0 or 1	Low	Low	Low <sup>a</sup>
	2 or 3 <sup>f</sup>	Low	Intermediate	Intermediate <sup>g</sup>
2	Any C	Low <sup>g</sup>	Intermediate	Intermediate <sup>g</sup>
3	0 or 1	Low <sup>g</sup>	Intermediate	Intermediate <sup>g</sup>
	2 or 3	Low <sup>g</sup>	Intermediate	High

# THAL PHASE (A SCORE)

(A)myloid phase

<b>A0</b>		<b>No plaques</b>	
<b>A1</b>	 Phase 1	<b>Neocortical</b>	Middle frontal gyrus, angular gyrus, superior/middle temporal gyrus, occipital cortex
	 Phase 2	<b>Allocortical</b>	Amygdala, hippocampus and dentate gyrus, CA1, entorhinal cortex, cingulate gyrus
<b>A2</b>	 Phase 3	<b>Subcortical</b>	Basal ganglia, globus pallidus, putamen, thalamus
<b>A3</b>	 Phase 4	<b>Brainstem</b>	Mid-brain, substantia nigra, pons, locus ceruleus, medulla
	 Phase 5	<b>Cerebellum</b>	

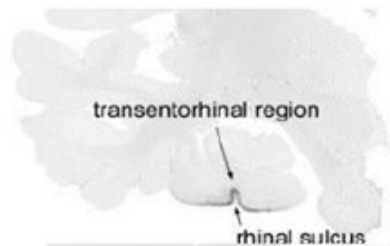


# BRAAK STAGE (B SCORE)

## Notes on Braak Staging of NFTs

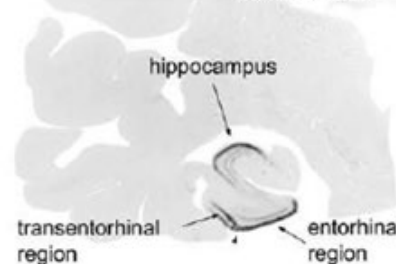
### Braak I

Cases with EC NFT pathology only. No other NFTs in the brain including the hippocampal CA regions.



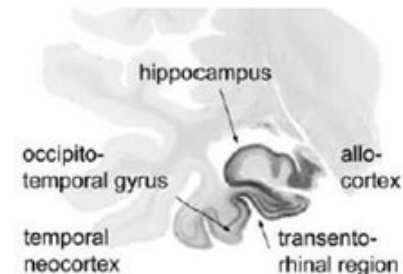
### Braak II

Cases with up to 1-2+ in EC and hip CA regions with no NFT pathology in any other area of the brain



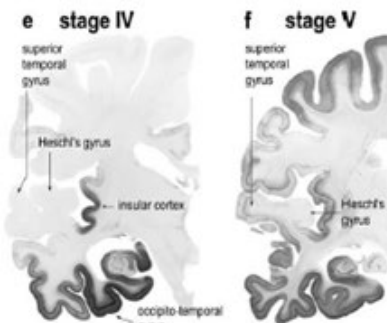
### Braak III

Cases with 2+ EC and hip CA regions with NFT pathology continuously from CA3 to subiculum, then Braak and 1+ in occipito-temporal gyrus, but with no NFT pathology in any other area of the brain.



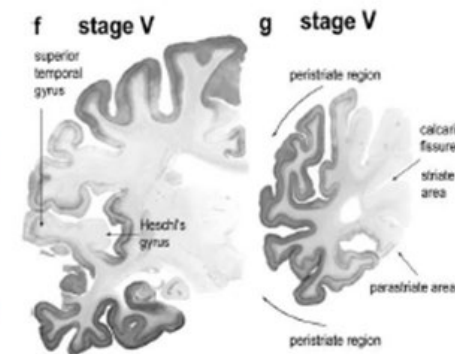
### Braak IV

Cases with 2-3+ throughout the hippocampus including the occipito-temporal gyrus. Laterally, the middle temporal gyrus may be affected, but not the superior temporal gyrus. No NFT pathology in any other area of the brain (see examples of this for Braak V in panels e.-f.)



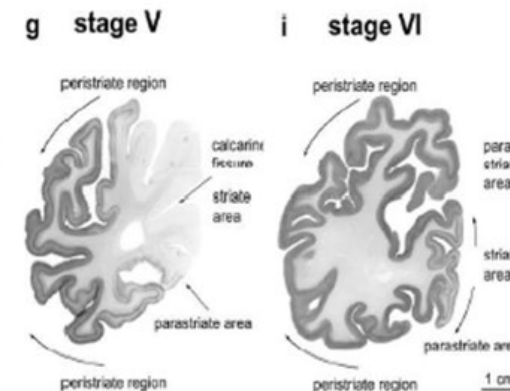
### Braak V

Cases with NFTs in the neocortex involving superior temporal gyrus, and beyond to frontal and parietal cortex usually, and also the visual cortex, but not area 17. If the line of Gennari remains unaffected, then it's Braak V. Thus, 2-3+ in the superior temporal and at least one other cortical lobe – either mid frontal or angular gyrus – is also Braak V.



### Braak VI

Cases with NFTs throughout the visual cortex which must include the line of Gennari (area 17). Also, NFTs in most areas of the brain.



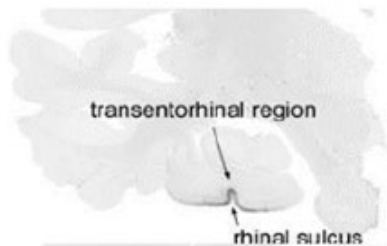
Braak Score	Braak Stage
B0	No NFTs
B1	Stage I or II
B2	Stage III or IV
B3	Stage V or VI

# BRAAK STAGE (B SCORE)

## Notes on Braak Staging of NFTs

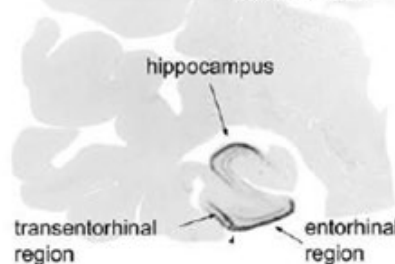
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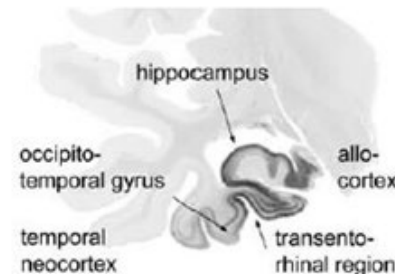
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Cases with up to 1-2+ in EC and hip CA regions with no NFT pathology in any other area of the brain



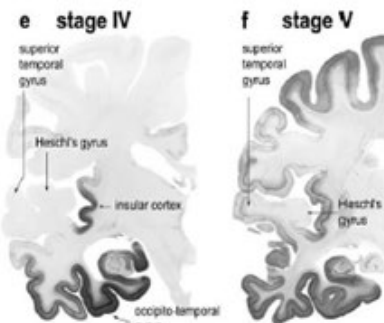
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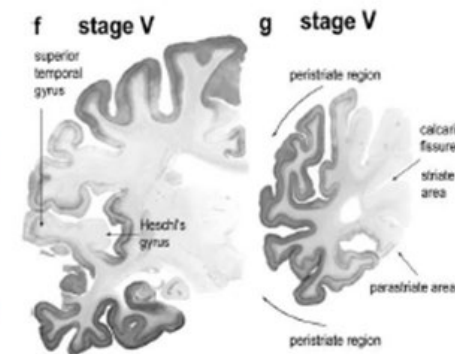
### Braak IV

Cases with 2-3+ throughout the hippocampus including the occipito-temporal gyrus. Laterally, the middle temporal gyrus may be affected, but not the superior temporal gyrus. No NFT pathology in any other area of the brain (see examples of this for Braak V in panels e.-f.)



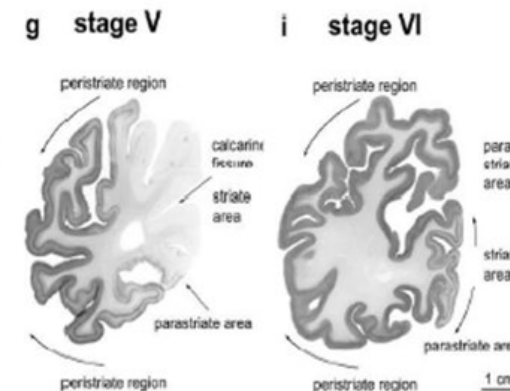
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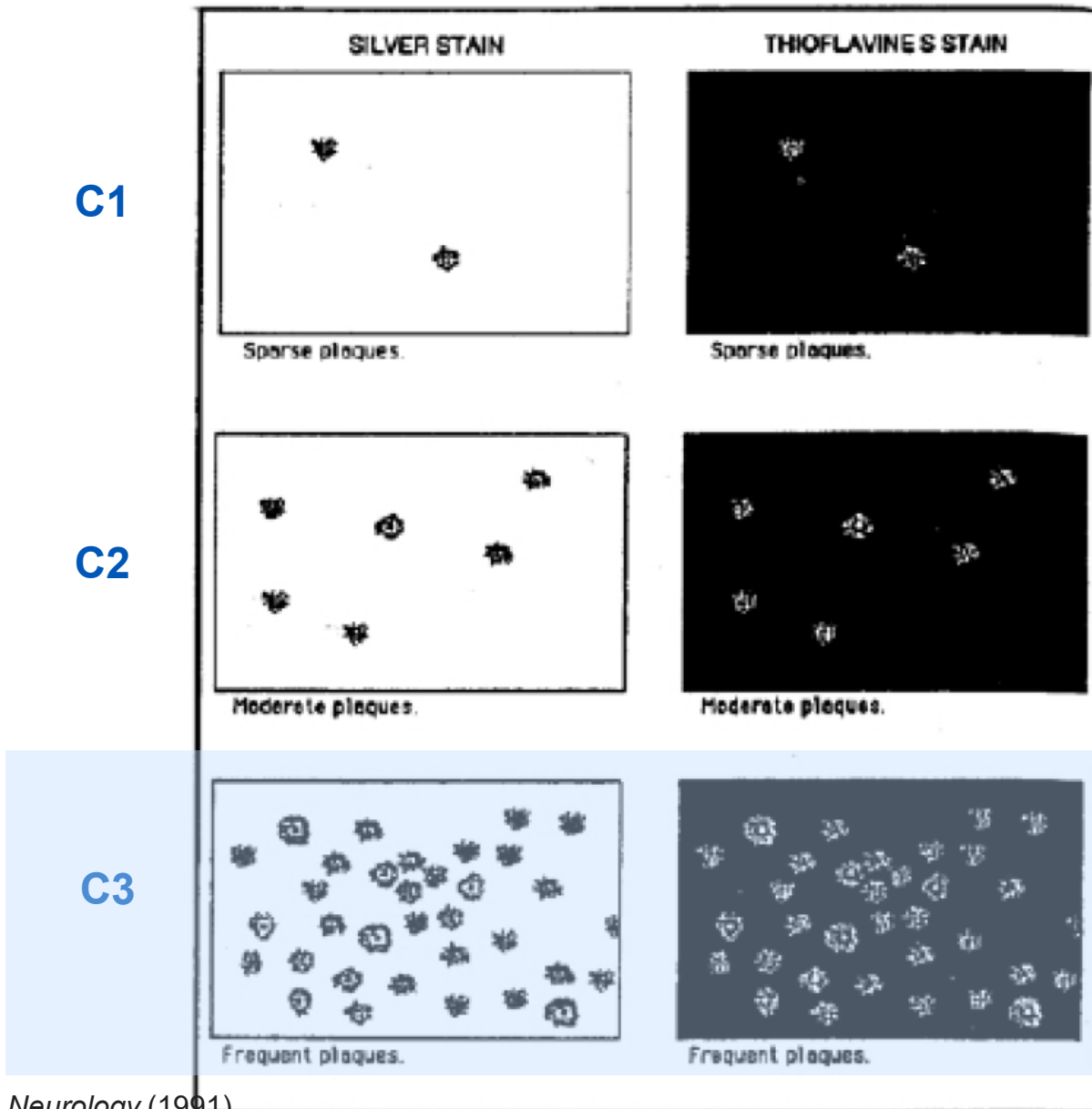
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Cases with NFTs throughout the visual cortex which must include the line of Gennari (area 17). Also, NFTs in most areas of the brain.

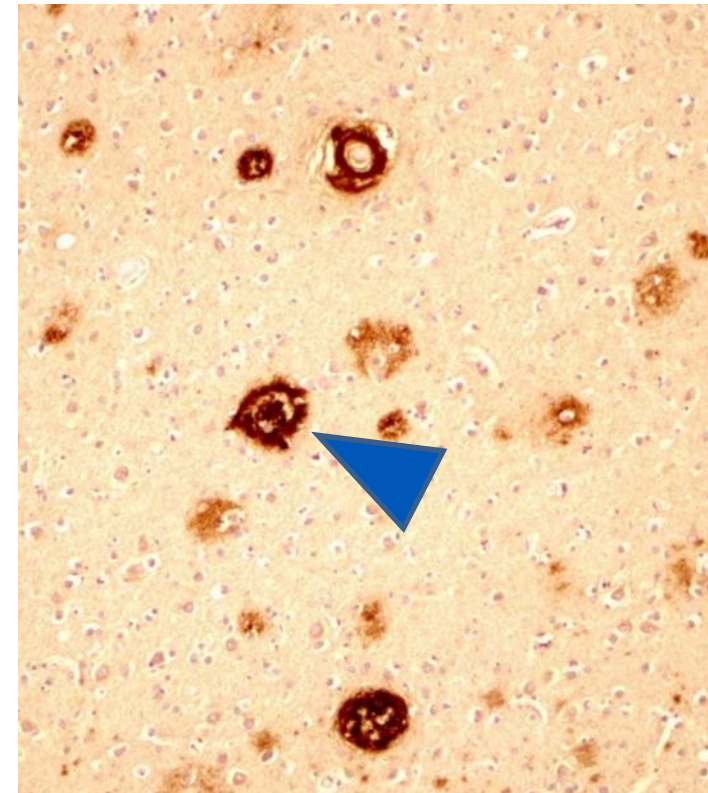


Braak Score	Braak Stage
B0	No NFTs
B1	Stage I or II
B2	Stage III or IV
B3	Stage V or VI

# CERAD SCORE (C SCORE)



Scoring only for **Neuritic plaques**



*Figure 2. Senile plaques (neuritic) per 100X microscopic field. This cartoon provides a guide to semiquantitative assessment of plaque density per square millimeter.*

# ALZHEIMER'S DISEASE NEUROPATHOLOGIC CHANGE

AD neuropathologic change		B <sup>a</sup>		
A <sup>b</sup>	C <sup>c</sup>	0 or 1	2	3
0	0	Not <sup>d</sup>	Not <sup>d</sup>	Not <sup>d</sup>
1	0 or 1	Low	Low	Low <sup>a</sup>
	2 or 3 <sup>f</sup>	Low	Intermediate	Intermediate <sup>g</sup>
2	Any C	Low <sup>g</sup>	Intermediate	Intermediate <sup>g</sup>
3	0 or 1	Low <sup>g</sup>	Intermediate	Intermediate <sup>g</sup>
	2 or 3	Low <sup>g</sup>	Intermediate	High

# ALZHEIMER'S DISEASE NEUROPATHOLOGIC CHANGE

2. Alzheimer disease neuropathologic changes: **A3, B2, C3**; Intermediate likelihood (National Institute on Aging-Alzheimer's Association Consensus, 2012)
- β-Amyloid plaque score: Thal phase 4 (of 5), A3
  - Neuritic plaque score: CERAD Frequent ("C"), C3

<b>REGION</b>	<b>Neuritic Plaques</b>	<b>Diffuse Plaques</b>
Hippocampus	Moderate	Moderate
Entorhinal cortex	Moderate	Frequent
Middle frontal gyrus	Moderate	Frequent
Superior/middle temporal gyri	Moderate	Frequent
Inferior parietal lobule	Moderate	Frequent
Occipital lobe	Frequent	Frequent
Basal ganglia	Sparse	Moderate
Midbrain	N/A	Sparse
Cerebellum	N/A	None

- Neurofibrillary tangle stage: Braak stage IV (of VI), B2

<b>REGION</b>	<b>Neurofibrillary Tangles</b>	<b>Pre-Tangles</b>
Hippocampus	Moderate	Frequent
Entorhinal cortex	Moderate	Frequent
Middle frontal gyrus	None	Rare
Superior/middle temporal gyri	Moderate	Sparse
Inferior parietal lobule	none	Sparse
Occipital lobe	None	Rare
Midbrain	N/A	Rare

# ADDITIONAL FINDINGS

## 2. *(contd.)*

- d. Amyloid angiopathy: present, cerebral and cerebellar parenchymal and leptomeningeal vessels, mild to moderate
  - e. Hippocampal sclerosis: absent; No TDP-43-immunoreactive lesions
3. Cerebrovascular disease:
- a. Arteriolosclerosis: Mild with perivascular tissue rarefaction
  - b. Atherosclerosis: Absent
4. Vascular brain injury: absent
5. Global moderate cerebral atrophy; brain weight (unfixed): 1260 grams

# DIFFUSE LEWY BODY PROBABILITY

**Table 3** Assessment of the likelihood that the pathologic findings are associated with a DLB clinical syndrome

	Alzheimer type pathology		
	NIA-Reagan Low (Braak stage 0–II)	NIA-Reagan Intermediate (Braak stage III–IV)	NIA-Reagan High (Braak stage V–VI)
Lewy body type pathology			
Brainstem-predominant	Low	Low	Low
Limbic (transitional)	High	Intermediate	Low
Diffuse neocortical	High	High	Intermediate

DLB = dementia with Lewy bodies; NIA = National Institute on Aging.

# FINAL DIAGNOSIS

1. **Lewy body disease**: diffuse neocortical type with moderate substantia nigra neuronal loss and gliosis
2. **Alzheimer's disease neuropathologic change**: A3, B2, C3; Intermediate likelihood
3. **Cerebrovascular disease**
  1. Arteriolosclerosis: mild to focally moderate with perivascular tissue rarefaction
  2. Atherosclerosis: none
4. **Vascular brain injury**: absent
5. **Additional findings**:
  1. Amyloid angiopathy: present, mild; cerebral and cerebellar parenchyma and leptomeningeal vessels
  2. Hippocampal sclerosis: absent



# KEY POINTS

1. Review **neuropathologic approach** to neurodegenerative cases
2. Review **Lewy Body Disease** as a neuropathologic entity
3. Review **Alzheimer's disease neuropathologic change (ADNC)**
4. Understand the importance of **clinicopathologic correlation** in neurodegenerative cases



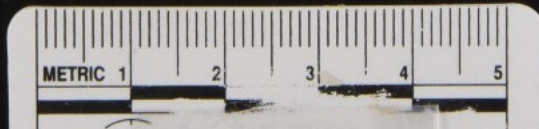
# CASE #2 CLINICAL HISTORY

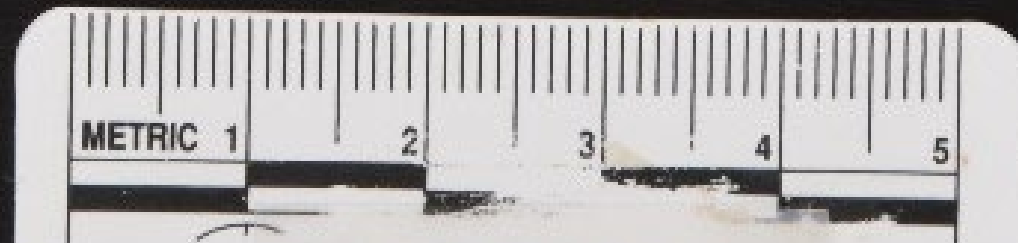
- 74-year-old male who died with an at least seven-year history of REM sleep disturbance with neurocognitive decline.
- Pertinent **family history** includes a mother and aunt who both had dementia.
- **REM sleep disorder** was first noticed and was characterized by dream enactment and jumping out of bed with resulting injury.
- He was later noted to have **mild motor** (left greater than right upper extremity tremors) and autonomic symptoms.
- He also demonstrated signs of **non-amnestic cognitive impairment** but was overall high functioning.
- Later showed progressive decline in ambulation, increased stiffness, weight loss, decreased speech, and urinary incontinence.





LT



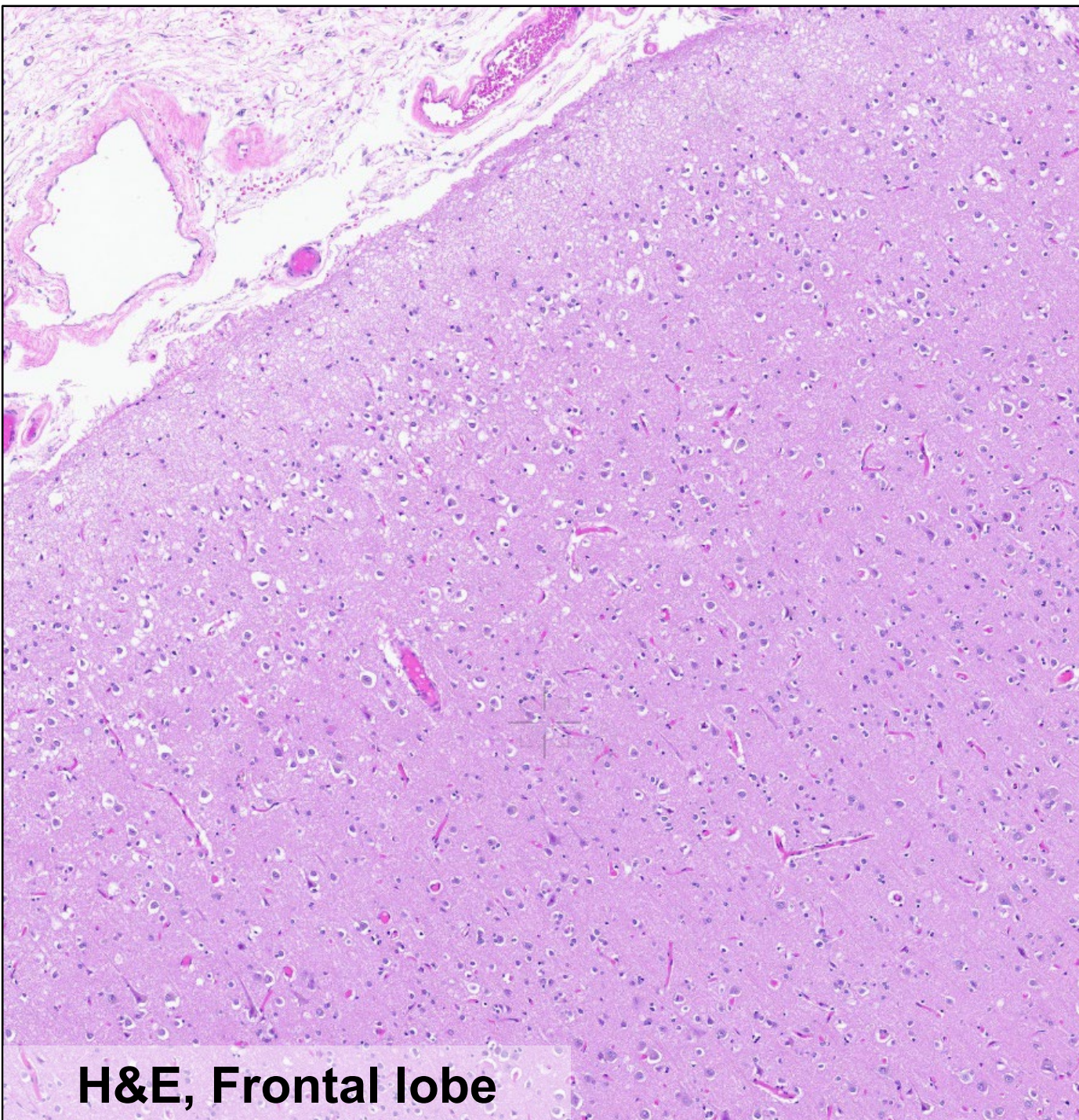


# HISTOLOGIC FINDINGS

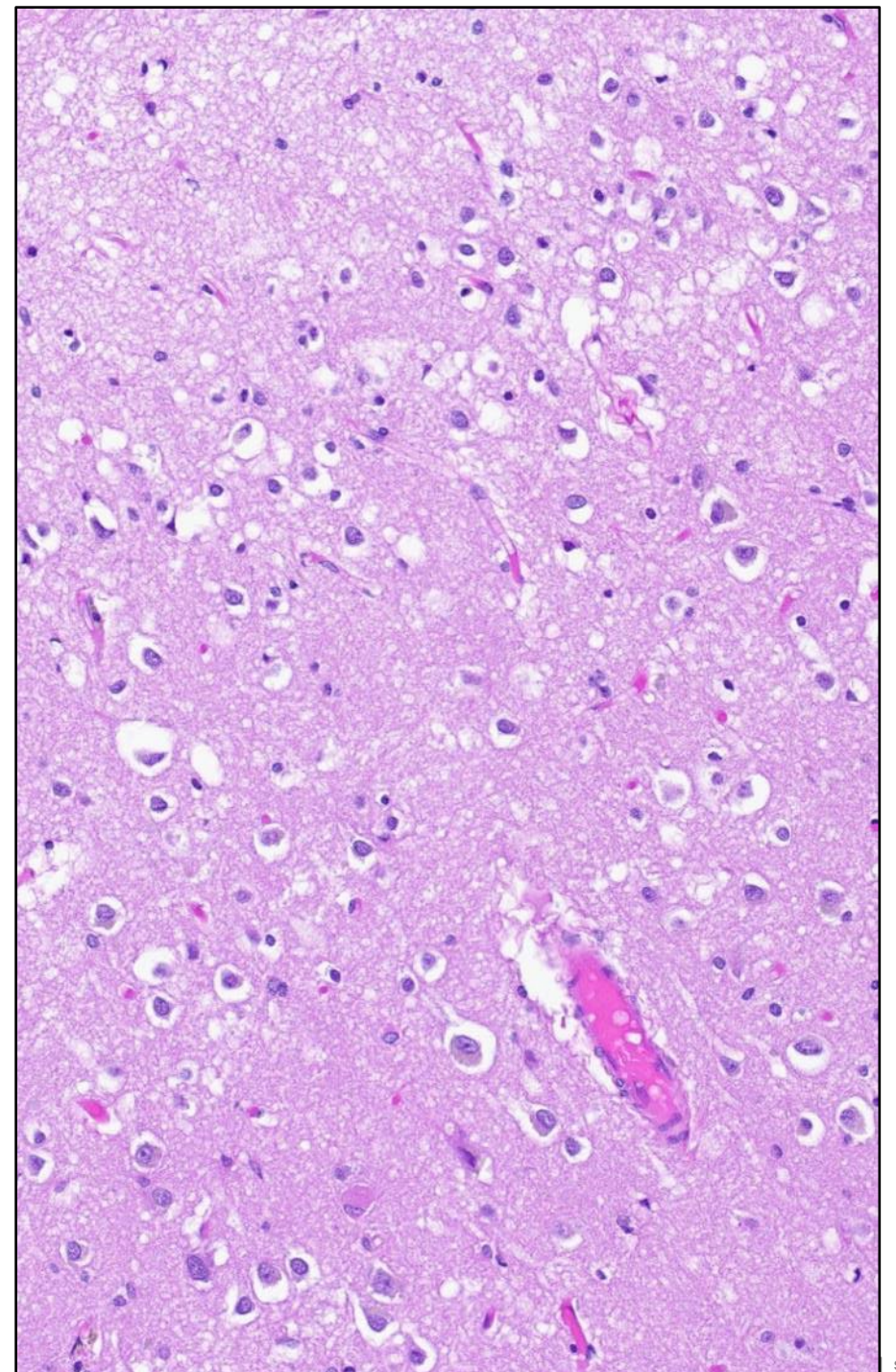
## AND ANCILLARY STAINS

- H&E
- Tau
- Beta-amyloid
- Alpha-synuclein
- TDP-43
- Bielschowsky

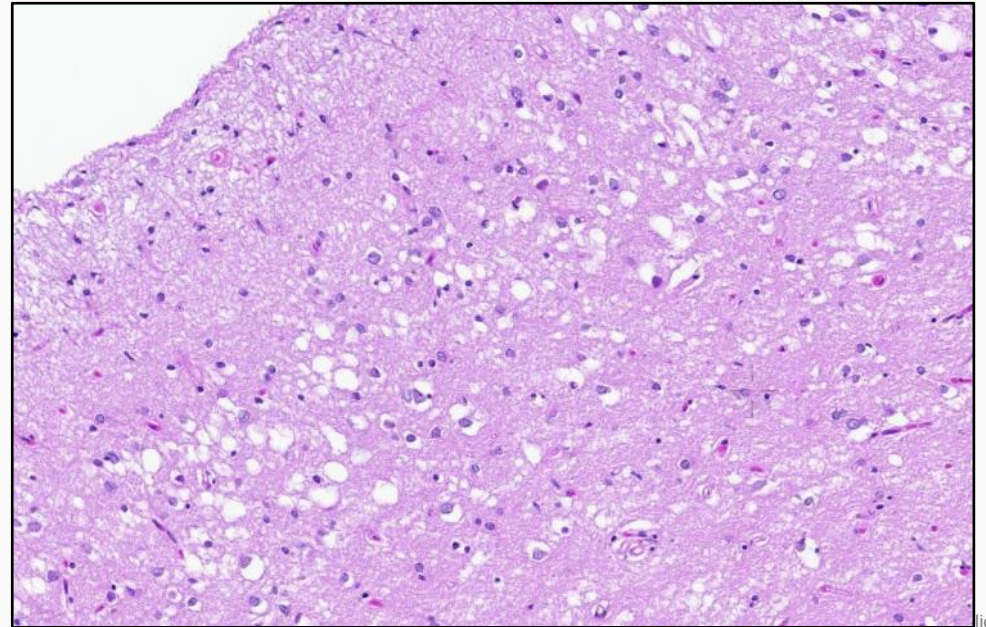
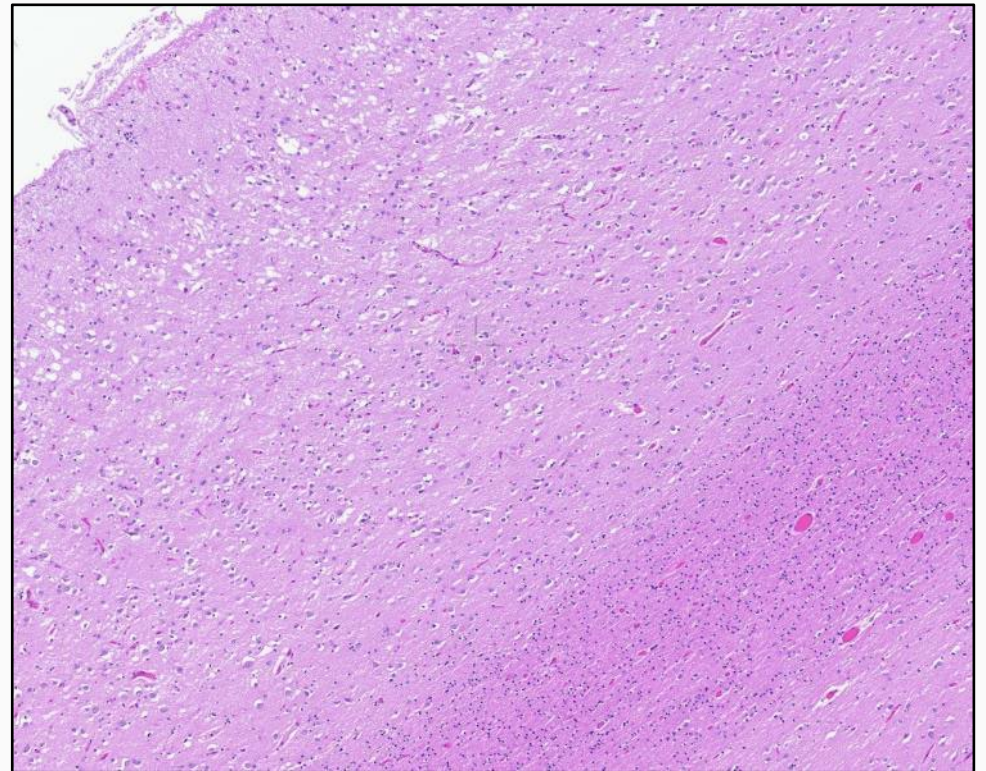




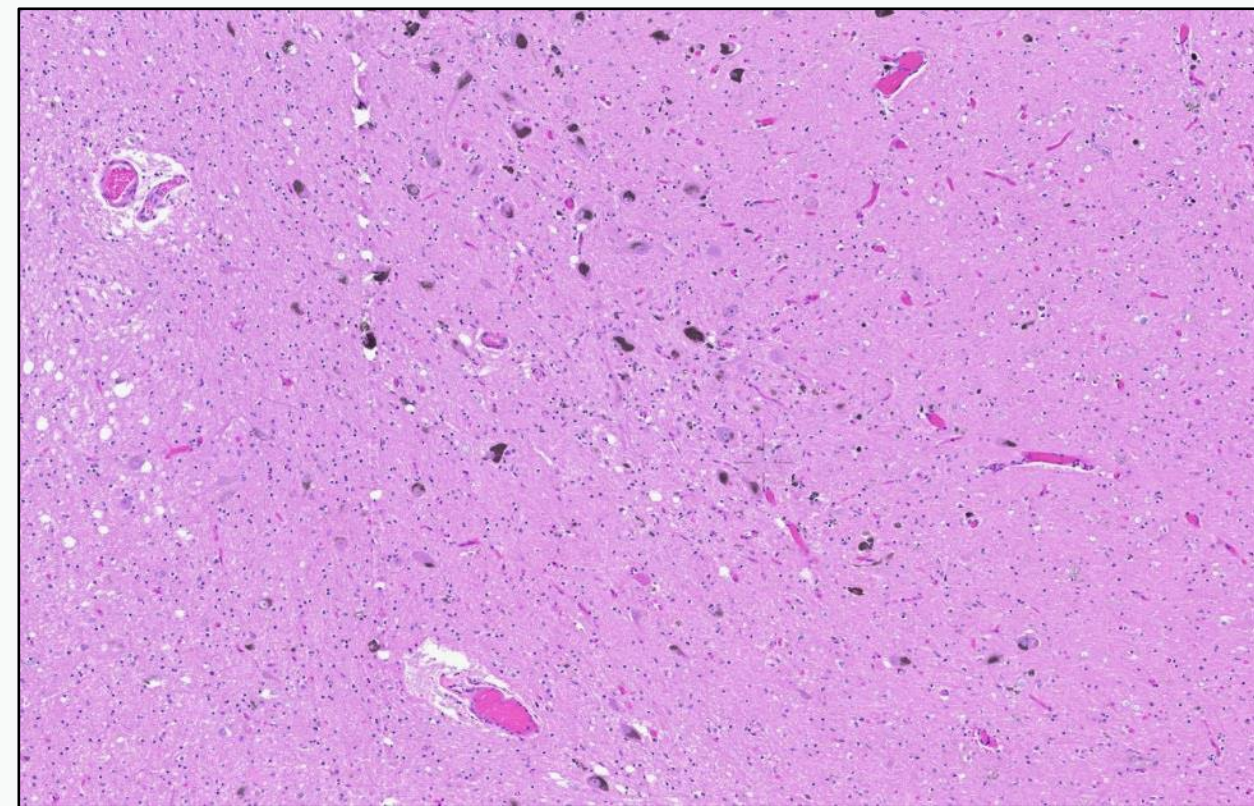
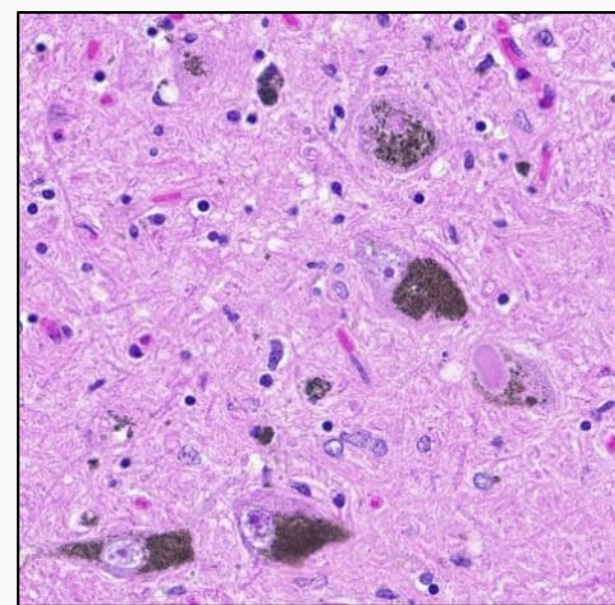
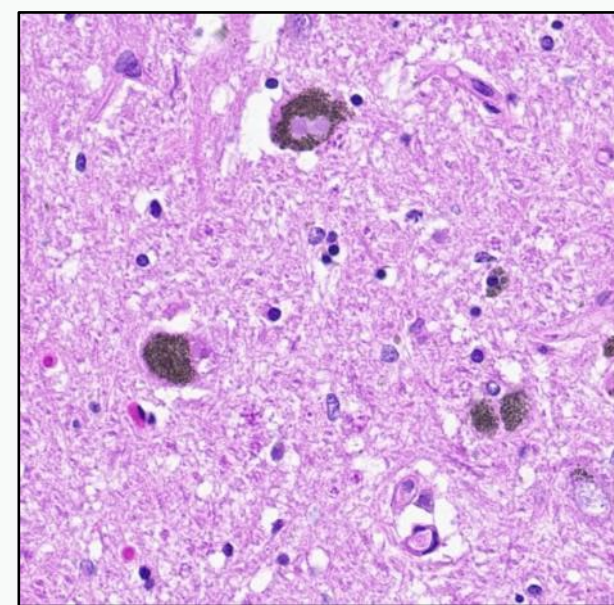
**H&E, Frontal lobe**





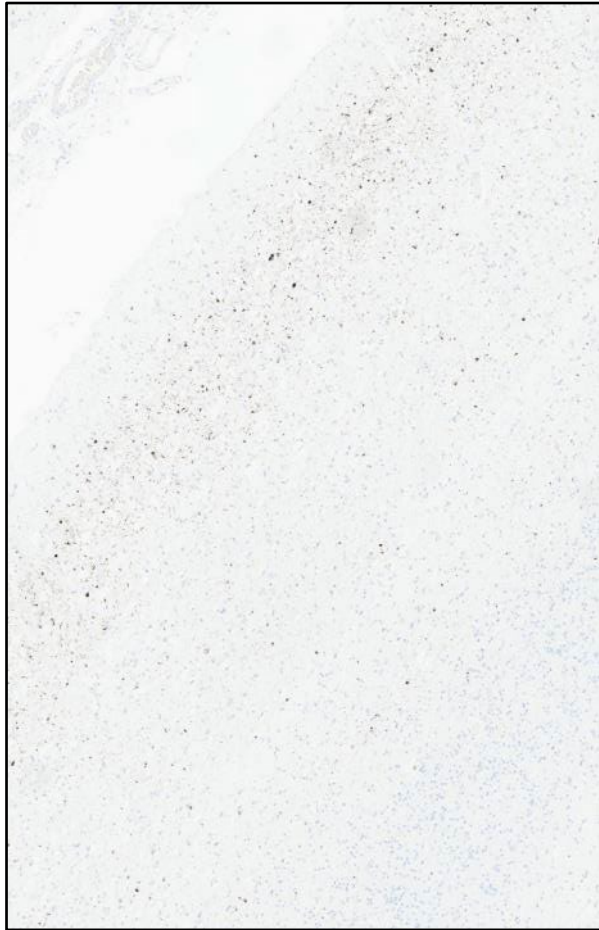


**H&E, Temporal lobe**

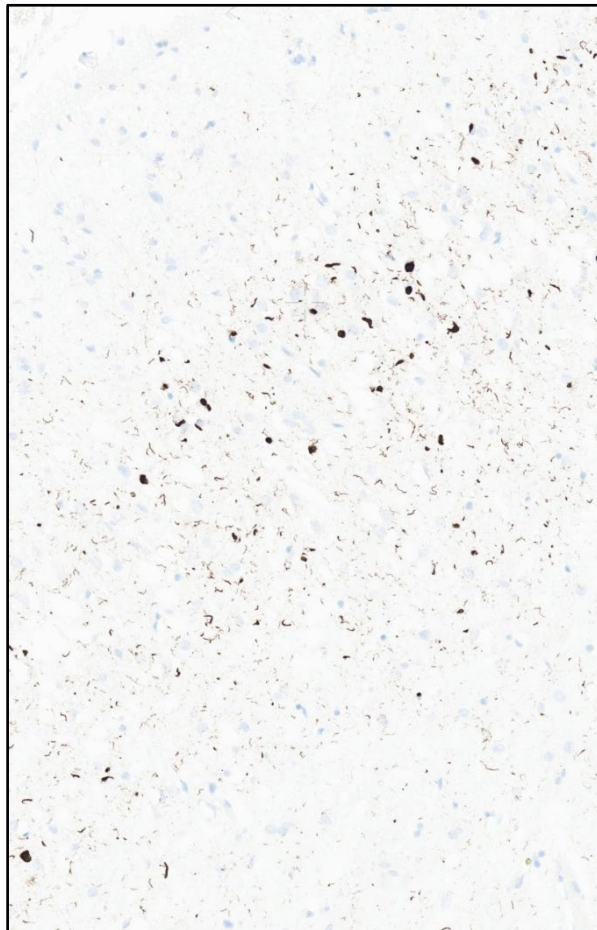


**H&E, Midbrain**

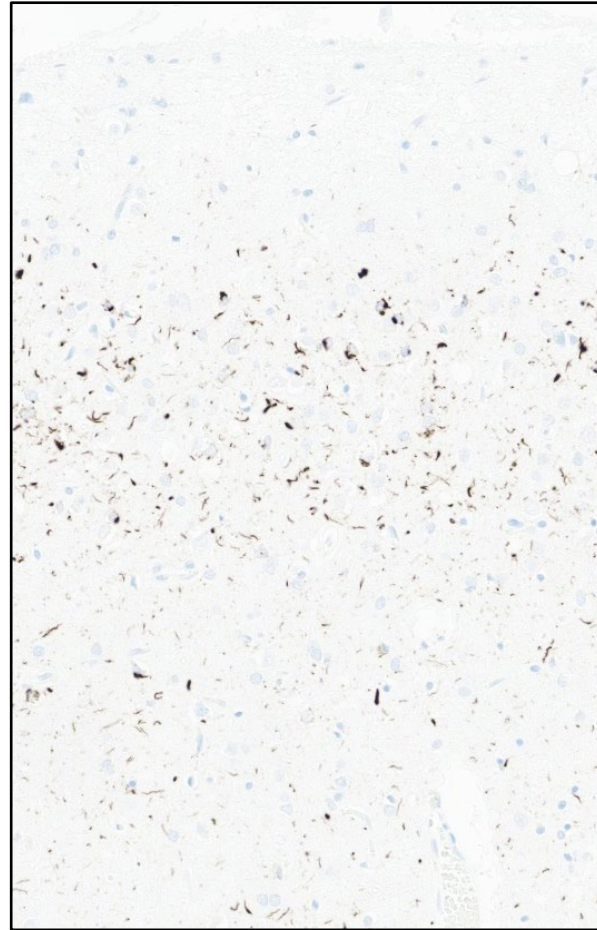
# TDP-43



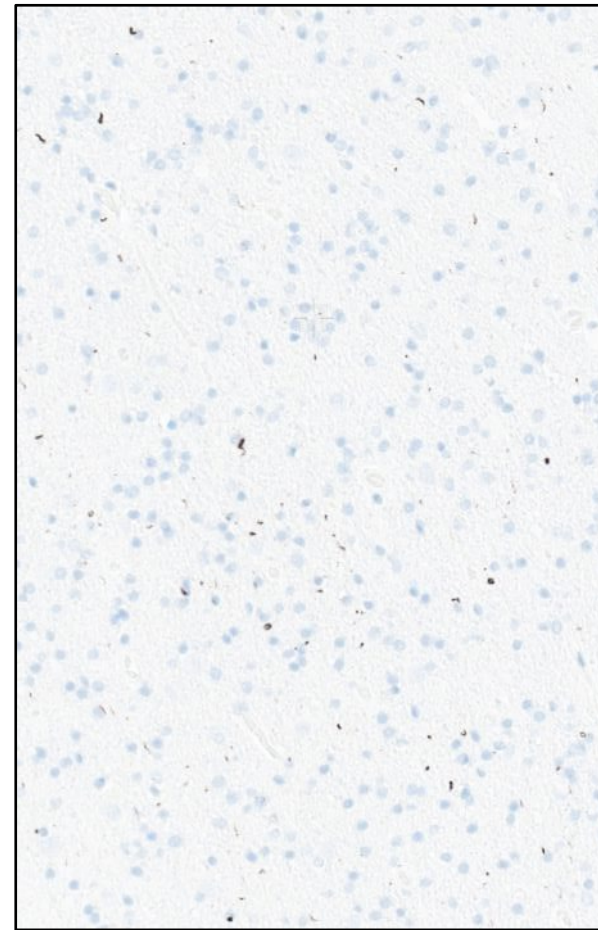
**Frontal lobe**



**Frontal lobe  
Grey Matter**

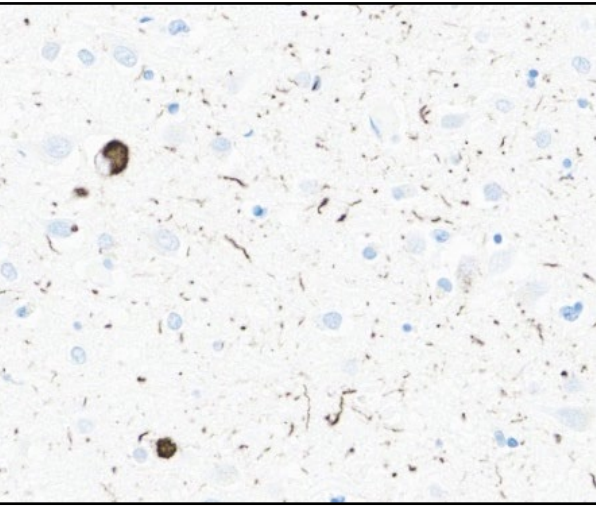


**Temporal lobe  
Grey Matter**

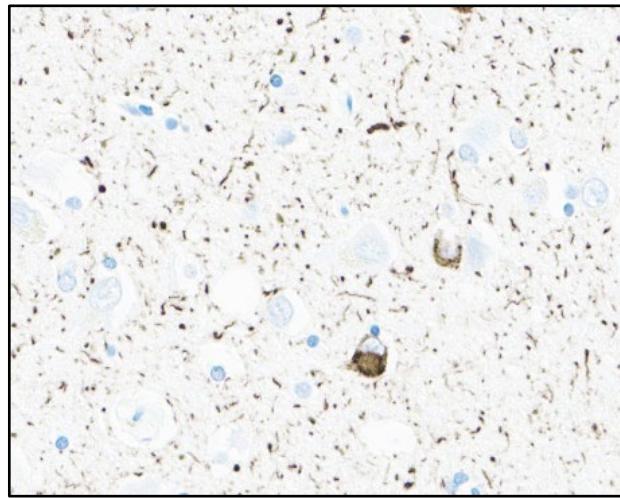


**Temporal lobe  
White Matter**

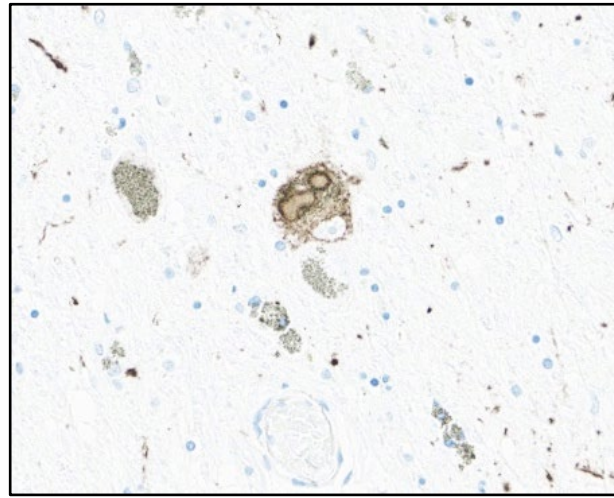
# ALPHA-SYNUCLEIN



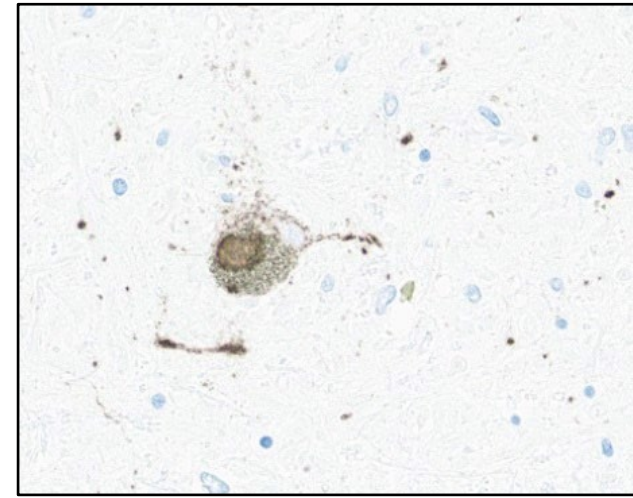
**Frontal lobe**



**Amygdala**



**Substantia Nigra**



**Locus Ceruleus**

## GROSS FINDINGS



- Severe atrophy of temporal lobe
  - Severe hydrocephalus ex-vacuo
  - Marked depigmentation of the substantia nigra

## MICROSCOPIC FINDINGS



- Moderate superficial spongiosis, predominantly involving temporal > frontal lobes

## ANCILLARY STUDIES



- Tau
- Beta-amyloid
  - **Alpha-synuclein**
  - **TDP-43**
- Bielschowsky stain

**NEUROPATH  
DIAGNOSES**

# FINAL DIAGNOSIS

1. Frontotemporal dementia with TDP-43 inclusions (FTLD-TDP)
2. Lewy body disease
3. Cerebrovascular disease
  1. Arteriolosclerosis: moderate with perivascular tissue rarefaction
  2. Atherosclerosis: none
4. Vascular brain injury: absent

# NEURODEGENERATIVE DISEASE OVERVIEW

DISEASE	LESIONS	COMPONENTS
Alzheimer's Disease	Extracellular plaques Neurofibrillary tangles	Amyloid Tau
Parkinson's Disease Dementia with Lewy Bodies	Lewy bodies Lewy neurites	Alpha-synuclein
Multiple System Atrophy	Glial cytoplasmic inclusions	Alpha-synuclein
FTLD-Tau (e.g., Pick's disease, PSP, CBD)	Neuronal and glial tangles	Tau
FTLD-TDP	Cytoplasmic and nuclear inclusions	TDP-43
Amyotrophic Lateral Sclerosis	Cytoplasmic inclusions	TDP-43
Trinucleotide Repeat Diseases (e.g., Huntington's Disease)	Nuclear and cytoplasmic inclusions	Polyglutamine expansion
Chronic Traumatic Encephalopathy	Neuronal and glial tangles	Tau

# NEURODEGENERATIVE DISEASE OVERVIEW

DISEASE	LESIONS	COMPONENTS
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Chronic Traumatic Encephalopathy	Neuronal and glial tangles	Tau



## Clinical Subtypes

### Behavioral Variant (bvFTD)

### Primary Progressive Aphasia

- Primary non-fluent aphasia (PNFA)
- Semantic Dementia (SD)
- Logopenic variant

## Pathologic Subtypes

### FTLD-Tau

- PSP
- CBD
- Pick's disease
- FTDP-17
- Tauopathy, NOS

### FTLD-TDP-43

- A-E subtypes
- ALS-FTLD

### Other

- FTLD-FUS
- FTLD-UPS
- FTLD-ni

	Type A	Type B	Type C	Type D	Type E
I					
II					
III					
IV					
V					
VI					
White Matter					

<b>Cortical Pathology</b>	<ul style="list-style-type: none"> <li>• NCI's including ring inclusions</li> <li>• Short DN's</li> <li>• +/- Lentiform NII's</li> <li>• +/- Oligo inclusions</li> <li>• Superficial</li> </ul>	<ul style="list-style-type: none"> <li>• NCI's</li> <li>• Few DN's</li> <li>• +/- Oligo inclusions</li> <li>• Superficial and deep</li> </ul>	<ul style="list-style-type: none"> <li>• Long DN's</li> <li>• Few NCI's</li> <li>• Superficial</li> </ul>	<ul style="list-style-type: none"> <li>• Lentiform NII's</li> <li>• Few NCI's</li> <li>• Superficial and deep</li> </ul>	<ul style="list-style-type: none"> <li>• GFNI's</li> <li>• Grains</li> <li>• Cuvilinear oligodendroglial inclusions</li> <li>• Superficial and deep</li> </ul>
<b>Common Phenotype</b>	bvFTD naPPA	bvFTD +/- MND	svPPA bvFTD	IBMPFD-ALS	bvFTD
<b>Genetic Associations</b>	<i>GRN</i> mutations	<i>C9orf72</i> mutations	None	<i>VCP</i> mutations	Uncertain

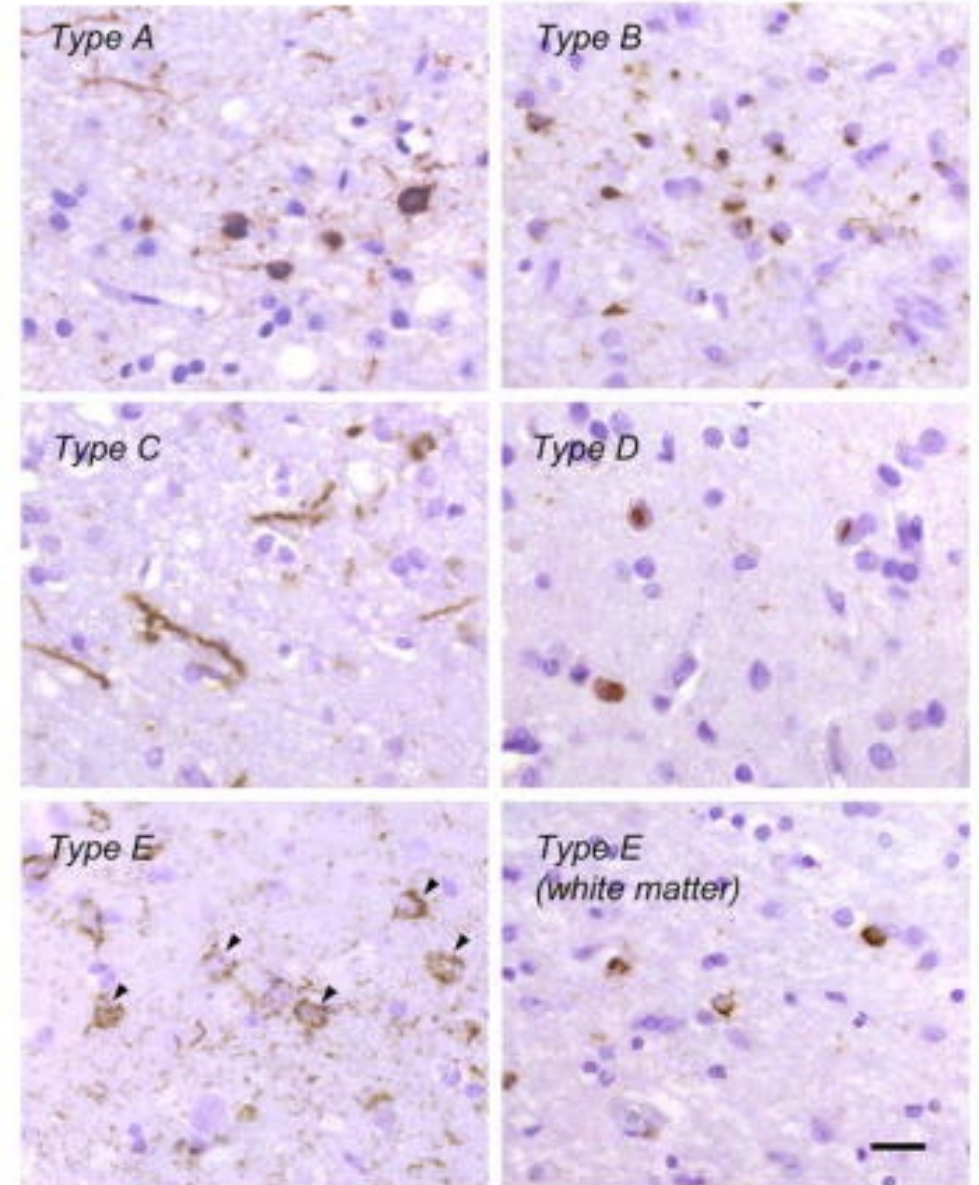
# FTLD-TDP TYPES

- Types A-E
- Cortical pathology
  - Evaluate superficial vs. deep
  - Evaluate forms
- White matter pathology
- Commonly associated clinical phenotypes
- Genetic associations

	Type A	Type B	Type C	Type D	Type E
I					
II					
III					
IV					
V					
VI					
White Matter					

<b>Cortical Pathology</b>	<ul style="list-style-type: none"> <li>• NCI's including ring inclusions</li> <li>• Short DN's</li> <li>• +/- Lentiform NII's</li> <li>• +/- Oligo inclusions</li> <li>• Superficial</li> </ul>	<ul style="list-style-type: none"> <li>• NCI's</li> <li>• Few DN's</li> <li>• +/- Oligo inclusions</li> <li>• Superficial and deep</li> </ul>	<ul style="list-style-type: none"> <li>• Long DN's</li> <li>• Few NCI's</li> <li>• Superficial</li> </ul>	<ul style="list-style-type: none"> <li>• Lentiform NII's</li> <li>• Few NCI's</li> <li>• Superficial and deep</li> </ul>	<ul style="list-style-type: none"> <li>• GFNI's</li> <li>• Grains</li> <li>• Cuvilinear oligodendroglial inclusions</li> <li>• Superficial and deep</li> </ul>
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<b>Genetic Associations</b>	<i>GRN</i> mutations	<i>C9orf72</i> mutations	None	<i>VCP</i> mutations	Uncertain

**a**



# LEWY BODY DISEASE TYPES

**Table 2** Assignment of Lewy body type based upon pattern of Lewy-related pathology in brainstem, limbic, and neocortical regions

Lewy body type pathology	Brainstem regions			Basal forebrain/limbic regions				Neocortical regions		
	IX-X	LC	SN	nbM	Amygdala	Transentorhinal	Cingulate	Temporal	Frontal	Parietal
Brainstem-predominant	1-3	1-3	1-3	0-2	0-2	0-1	0-1	0	0	0
Limbic (transitional)	1-3	1-3	1-3	2-3	2-3	1-3	1-3	0-2	0-1	0
Diffuse neocortical	1-3	1-3	1-3	2-3	3-4	2-4	2-4	2-3	1-3	0-2

Brain regions are as defined anatomically in the original Consensus report.<sup>1</sup>

IX = 9th cranial nerve nucleus; X = 10th cranial nerve nucleus; LC = locus ceruleus; SN = substantia nigra; nbM = nucleus basalis of Meynert.

# FINAL DIAGNOSIS

1. Frontotemporal dementia with TDP-43 inclusions (FTLD-TDP)
2. Lewy body disease
3. Cerebrovascular disease
  1. Arteriolosclerosis: moderate with perivascular tissue rarefaction
  2. Atherosclerosis: none
4. Vascular brain injury: absent

# FINAL DIAGNOSIS

1. Frontotemporal dementia with TDP-43 inclusions (FTLD-TDP): most consistent with Type A

*Note: the decedent had a GRN mutation*

1. Lewy body disease: diffuse neocortical type with moderate substantia nigra neuronal loss and gliosis
2. Cerebrovascular disease
  1. Arteriolosclerosis: moderate with perivascular tissue rarefaction
  2. Atherosclerosis: none
3. Vascular brain injury: absent

# KEY POINTS

1. Review **neuropathologic approach** to neurodegenerative cases
2. Review **FTLD-TDP** as a neuropathologic entity
3. Understand the importance of **clinicopathologic correlation** in neurodegenerative cases

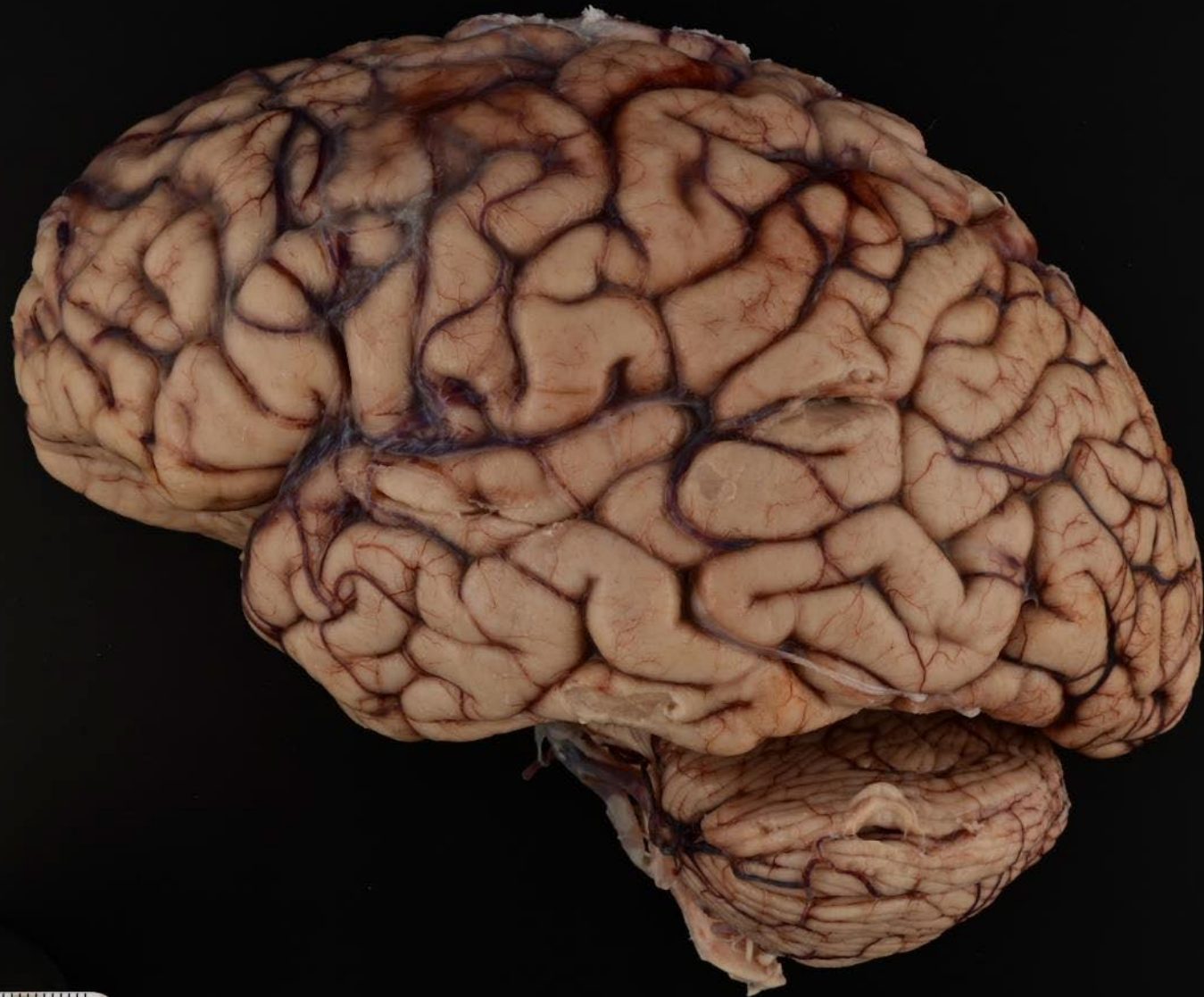


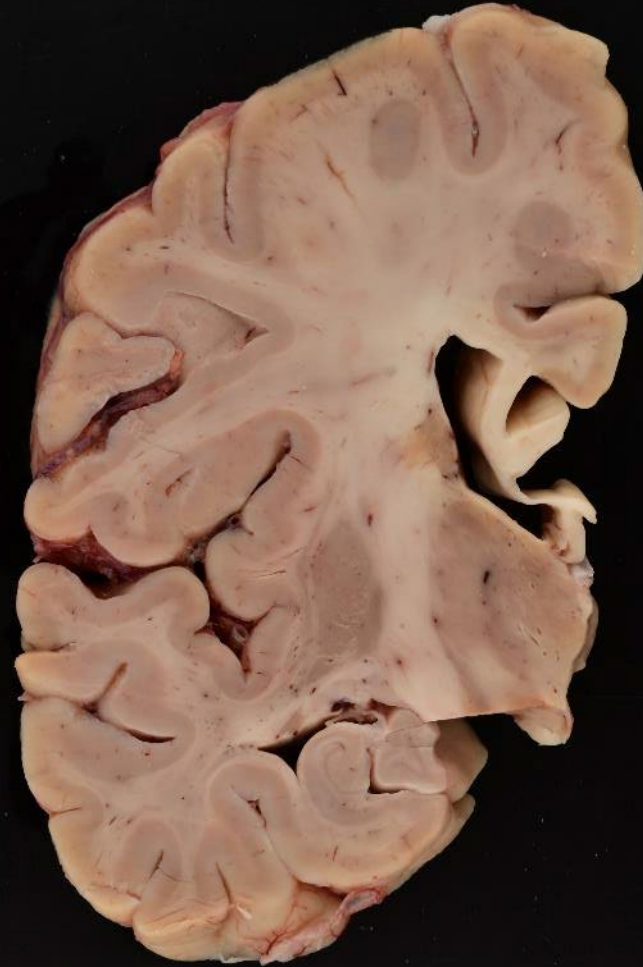


# CASE #3 CLINICAL HISTORY

- 73-year-old female first presented with feeling “absent-minded” and “disconnected.” Kokmen short test was unrevealing (36/38), and MRI was within normal limits.
- The following year, she began to develop personality changes (obsessive and compulsive behaviors), predilection for sweet foods, showed little verbal output, and was disoriented to time and place.
- Physical exam revealed marked bradykinesia, slow eye movements but with intact vertical and horizontal gaze, slowed and unsteady gait, and mild rigidity.
- FDG-PET imaging showed severe frontal hypometabolism, most marked in the right superior frontal region.
- Near the end of her life, she demonstrated almost no verbal output.





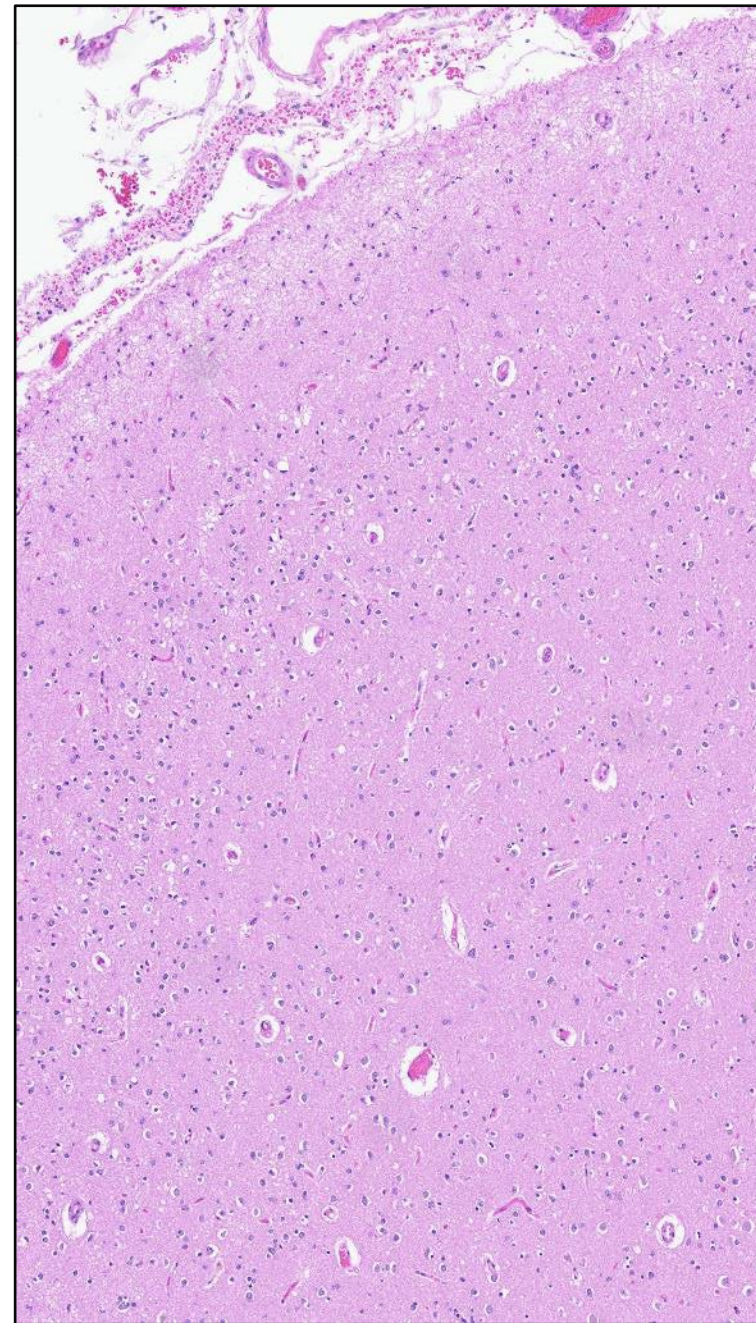


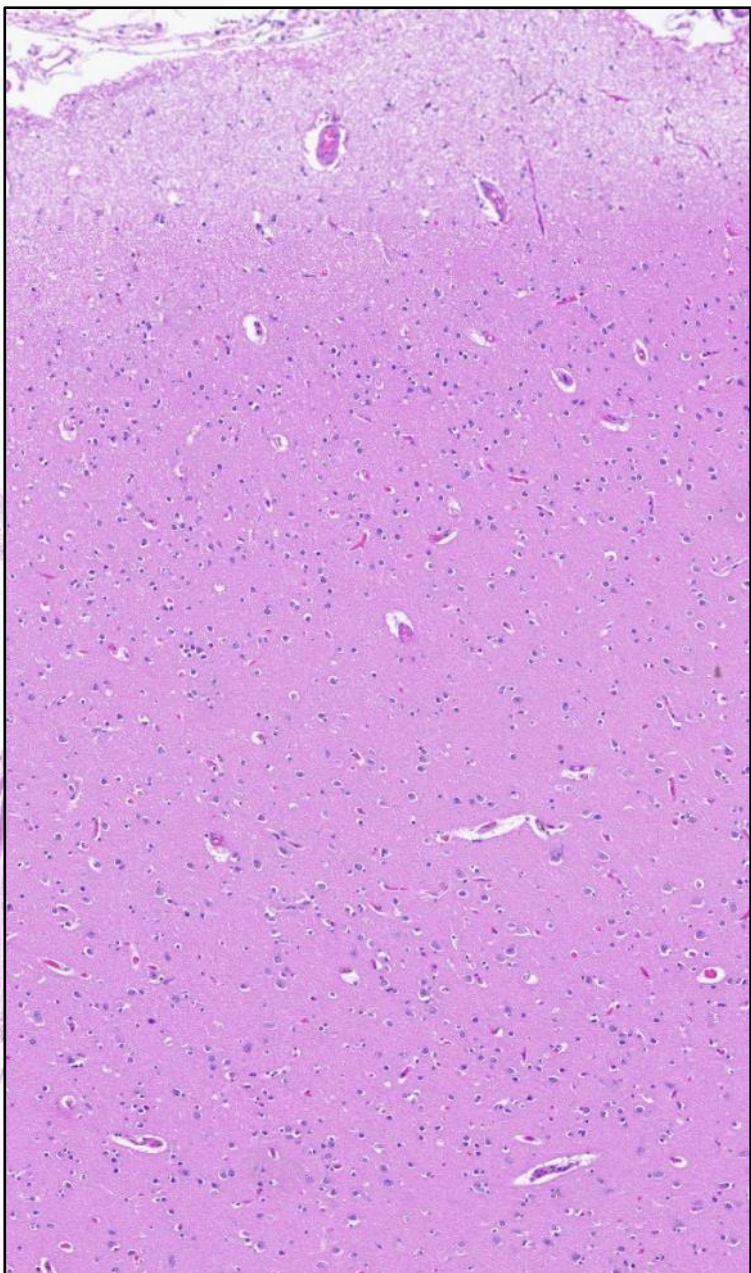
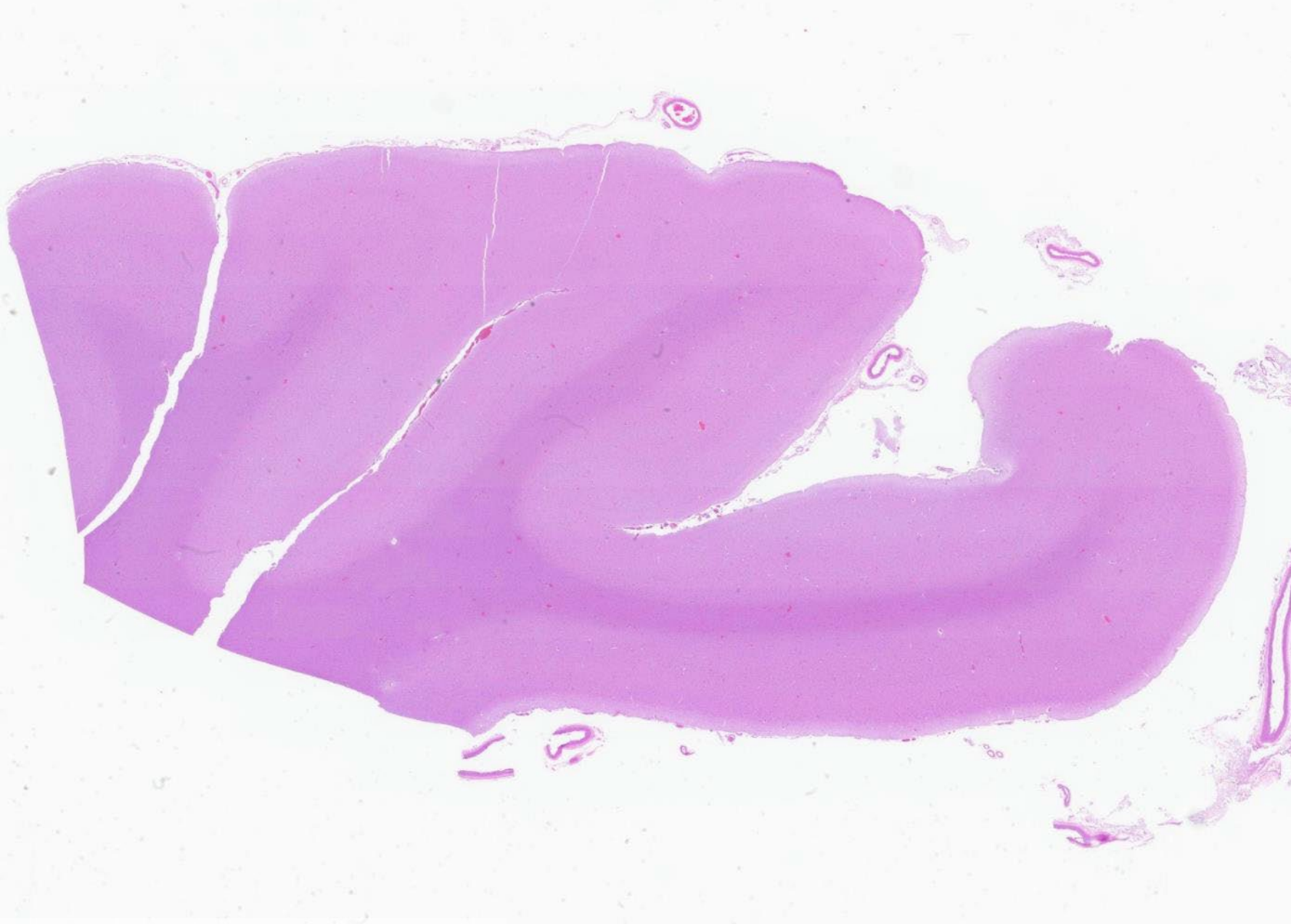
Coronal Sections, L



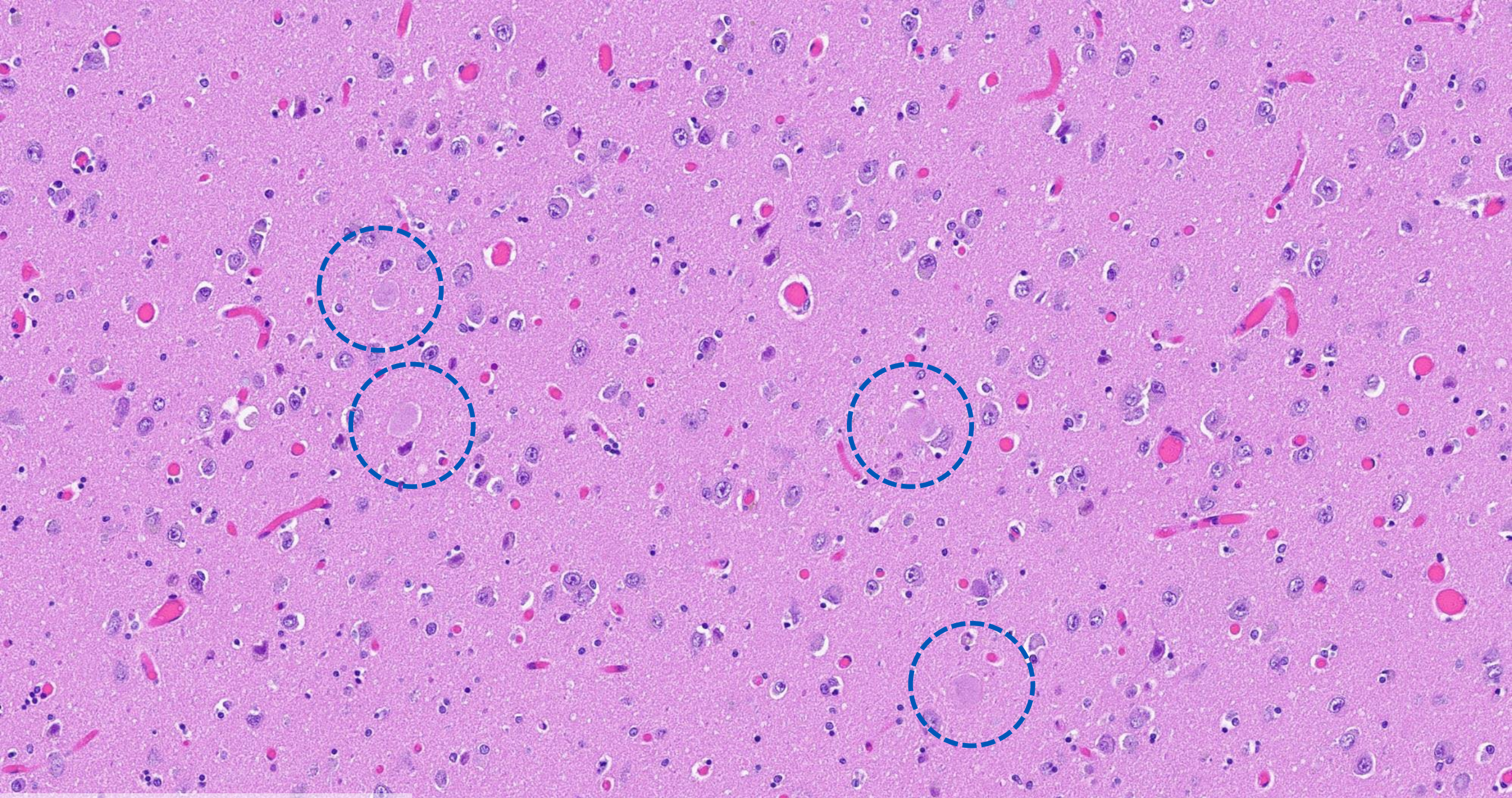


**Frontal lobe, H&E**

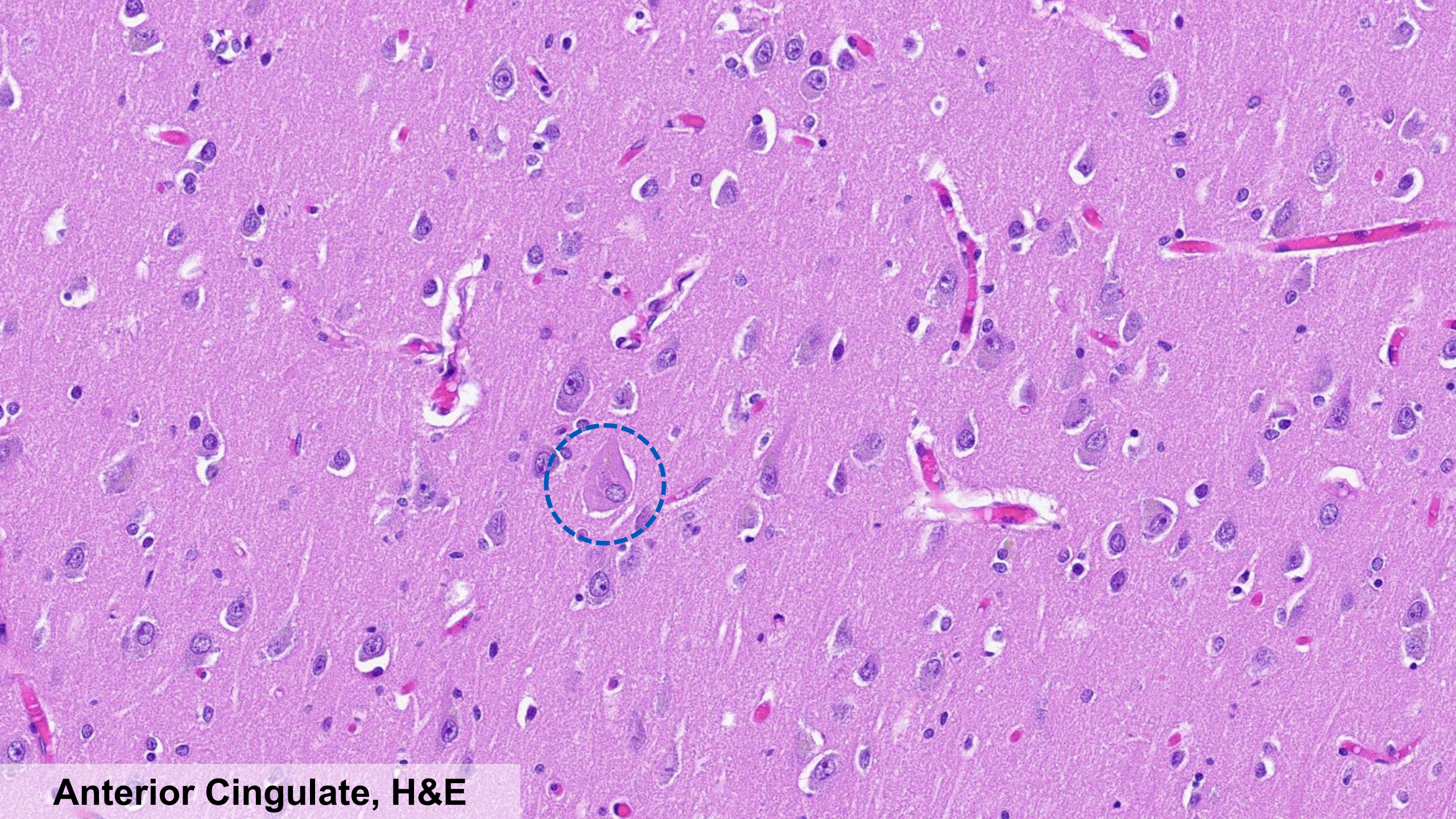




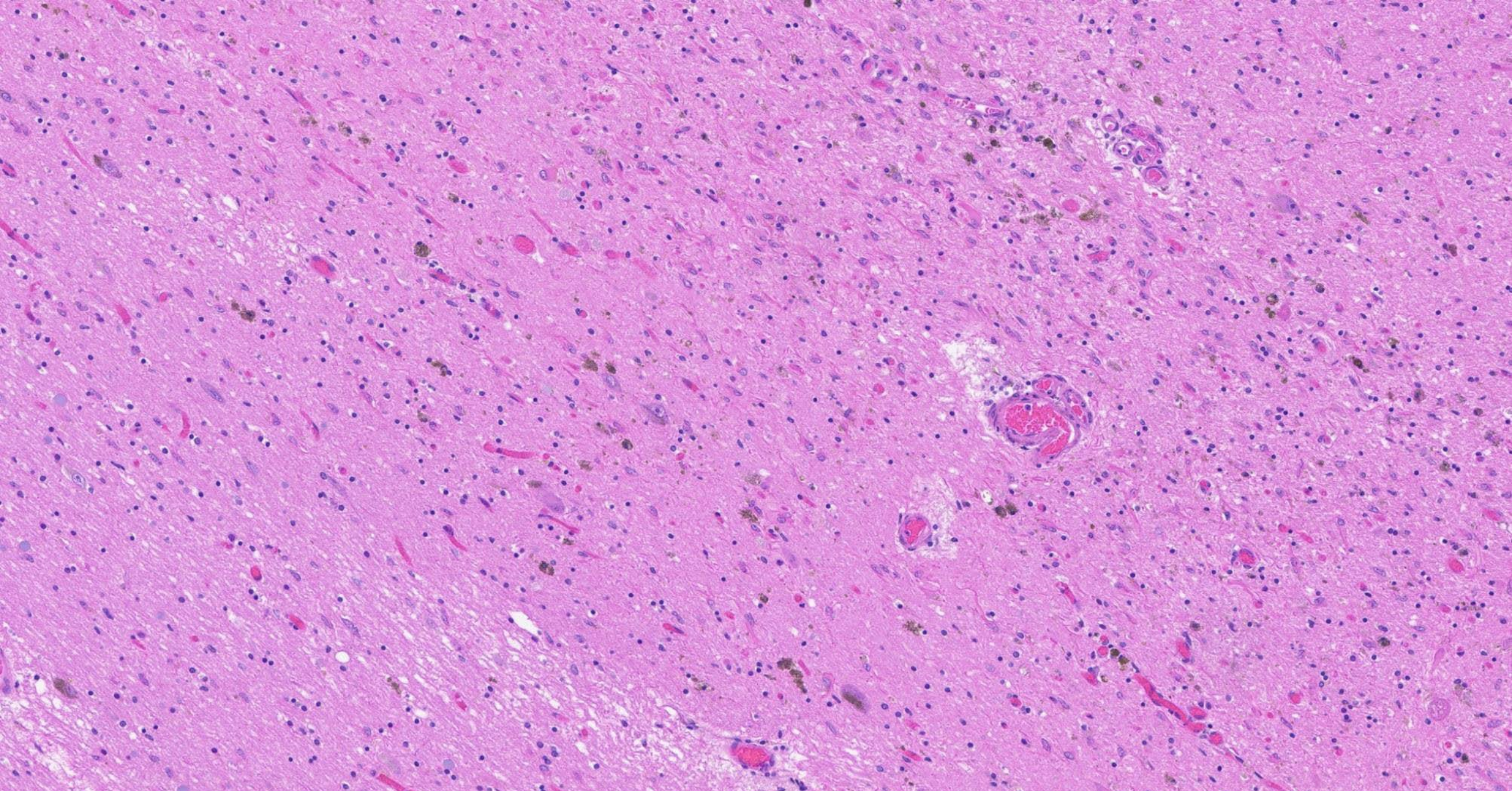
**Temporal lobe, H&E**



**Amygdala, H&E**

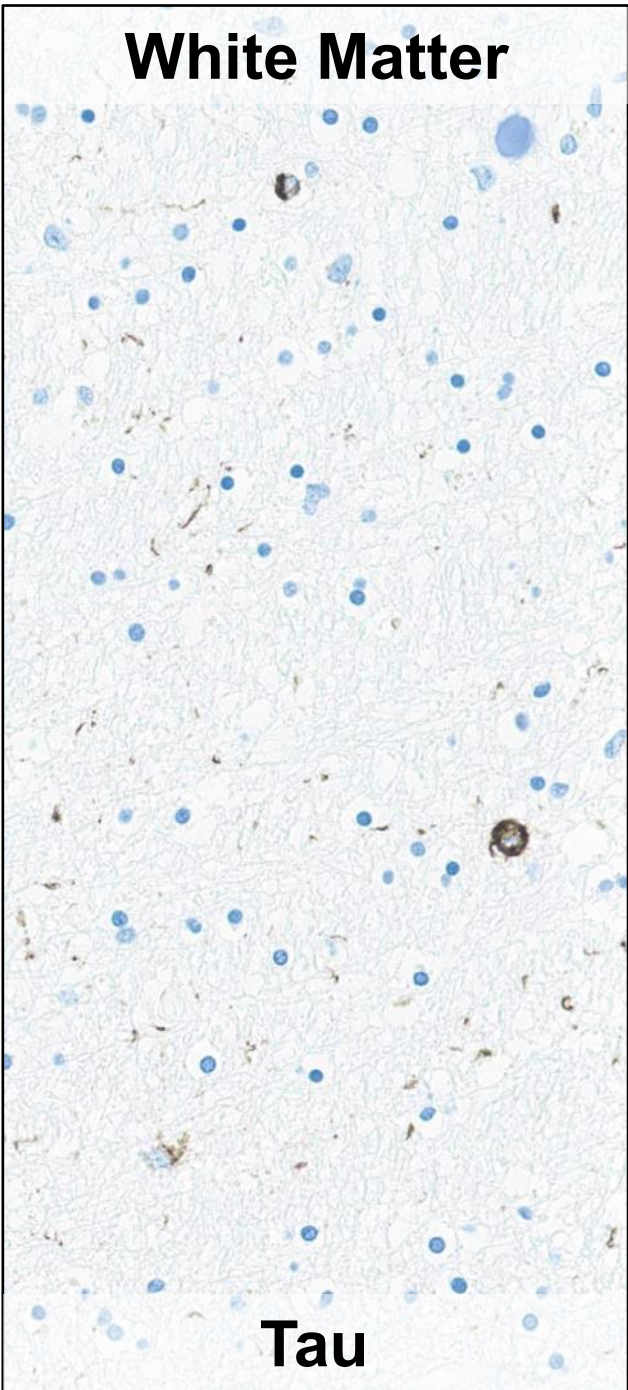
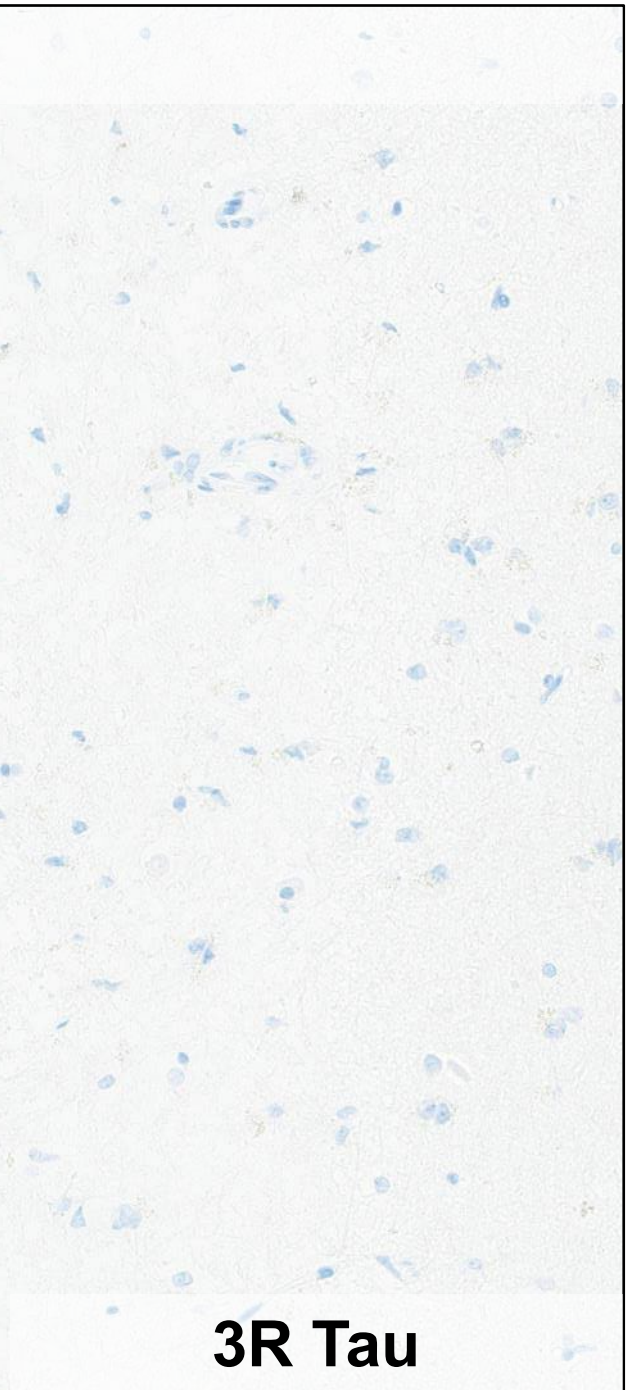
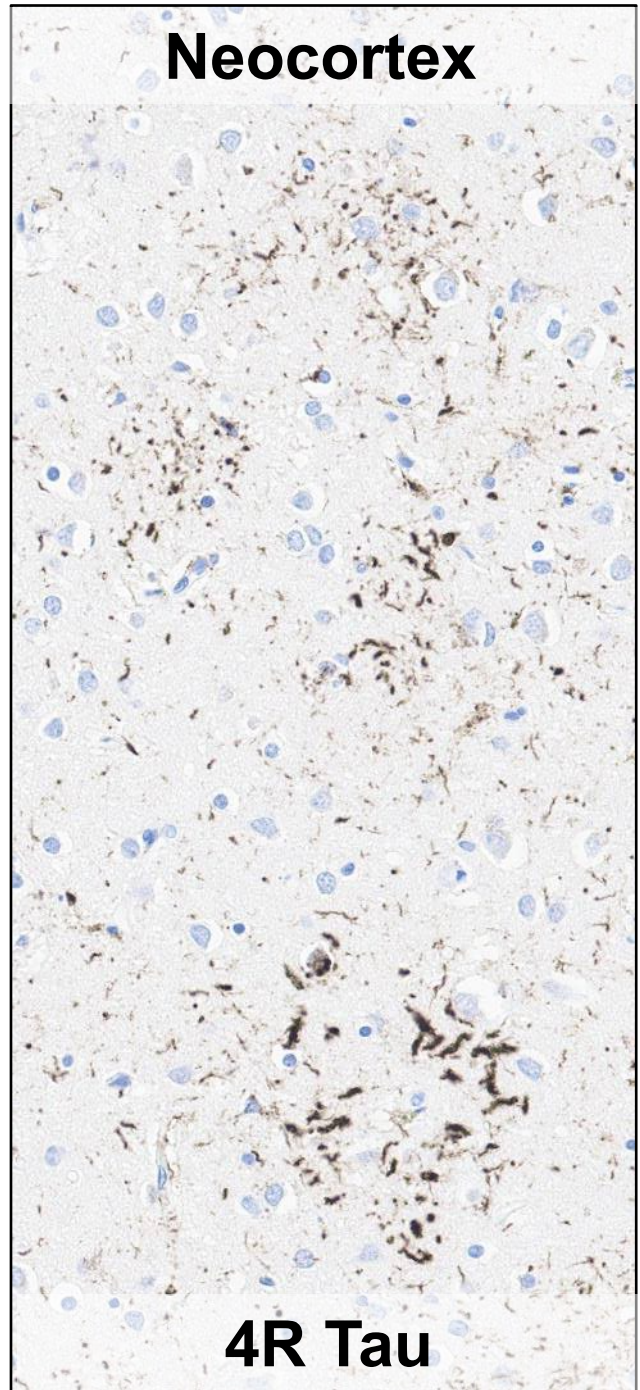
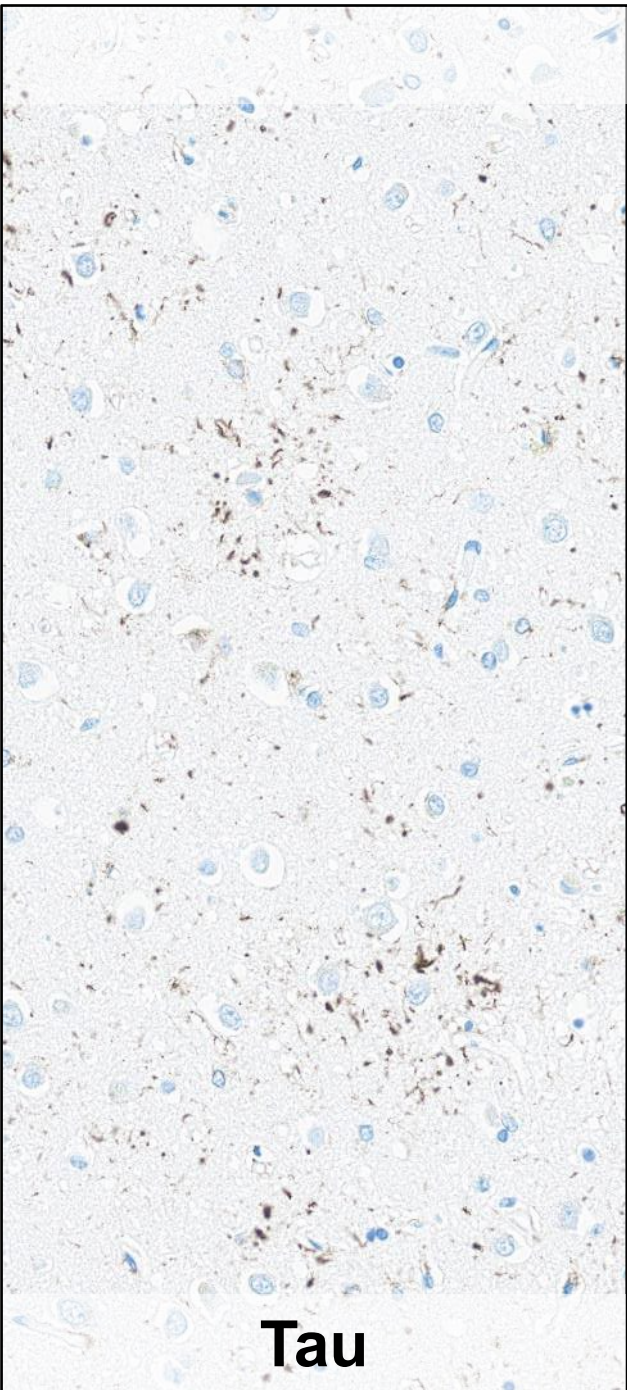


**Anterior Cingulate, H&E**

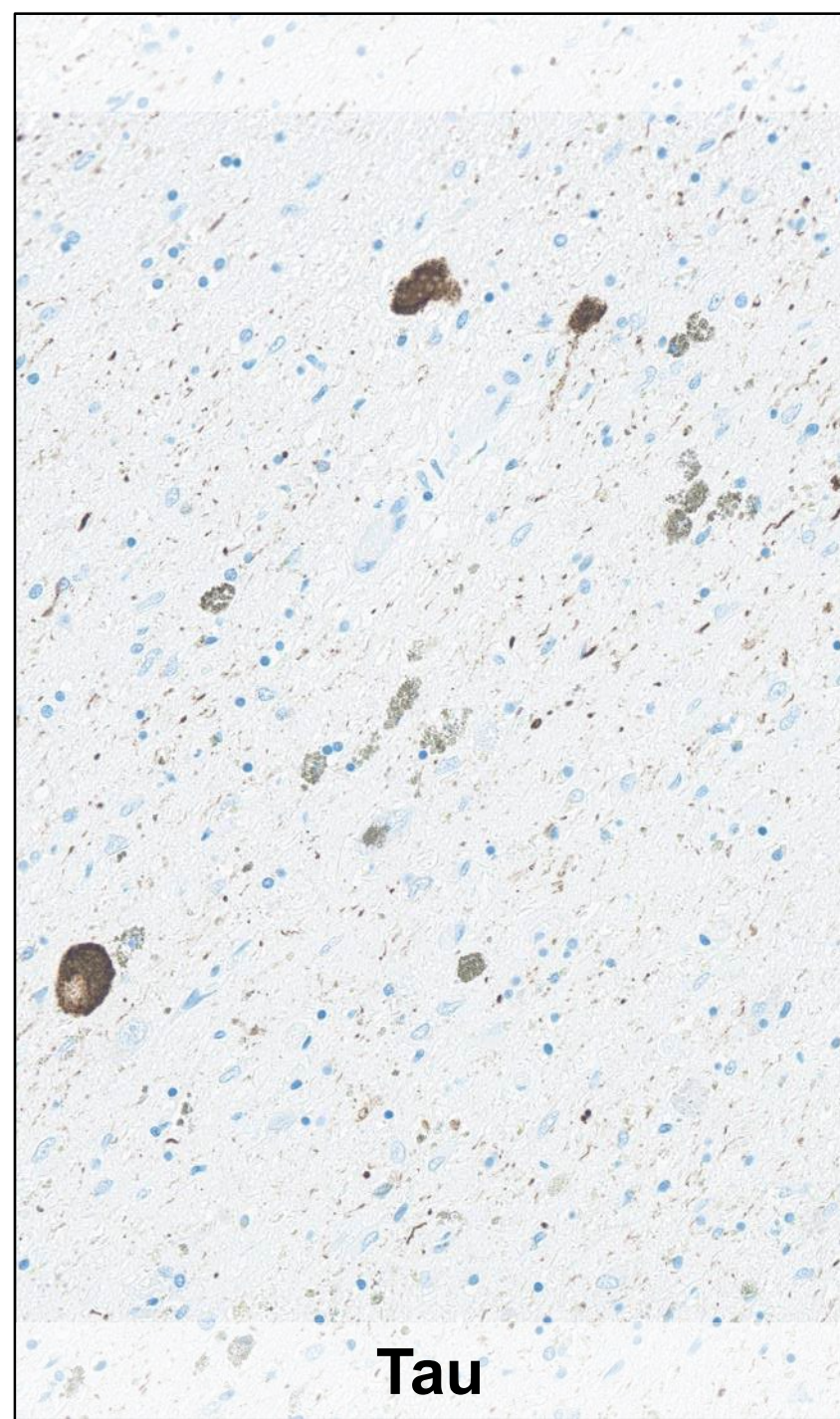


**Substantia Nigra, H&E**

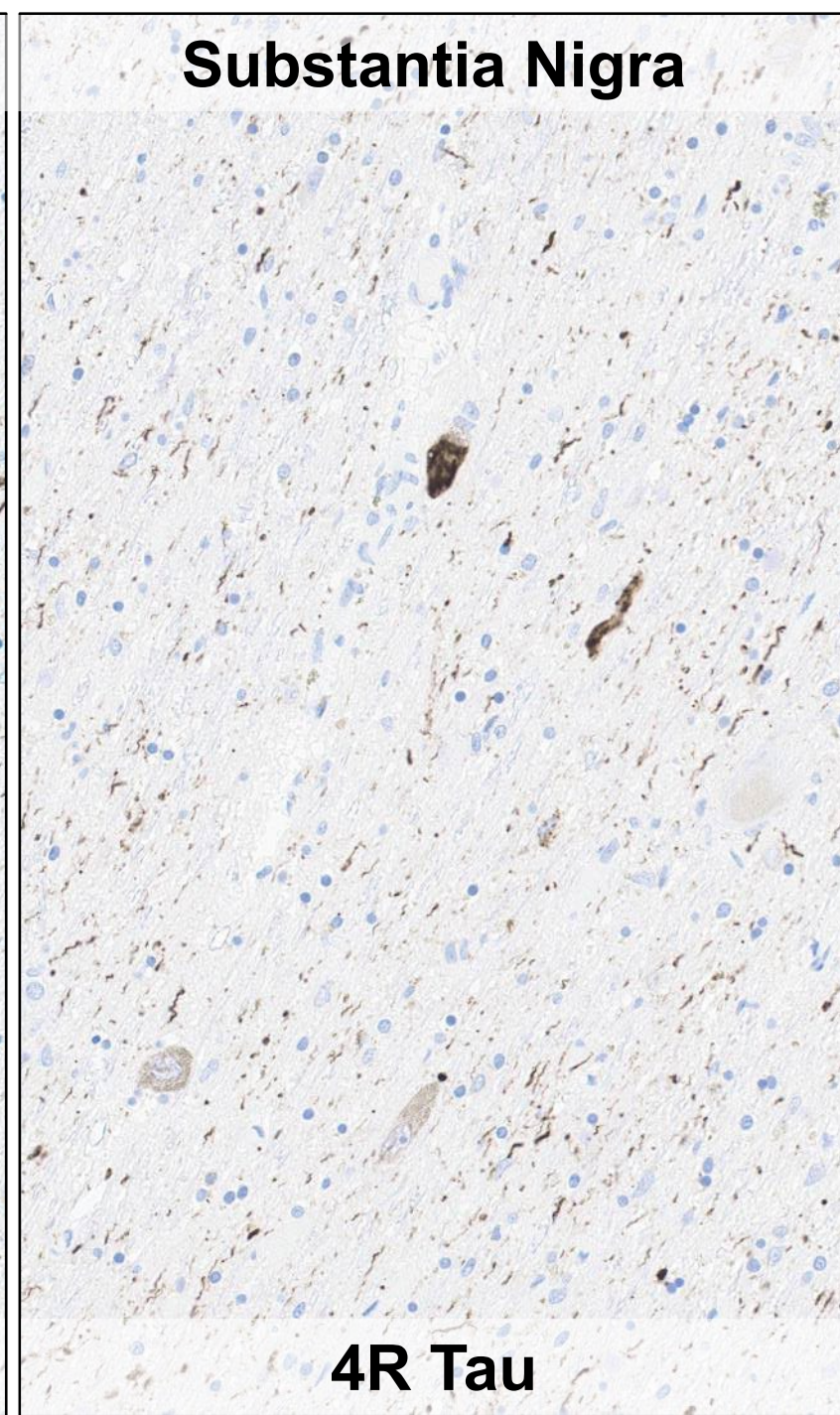




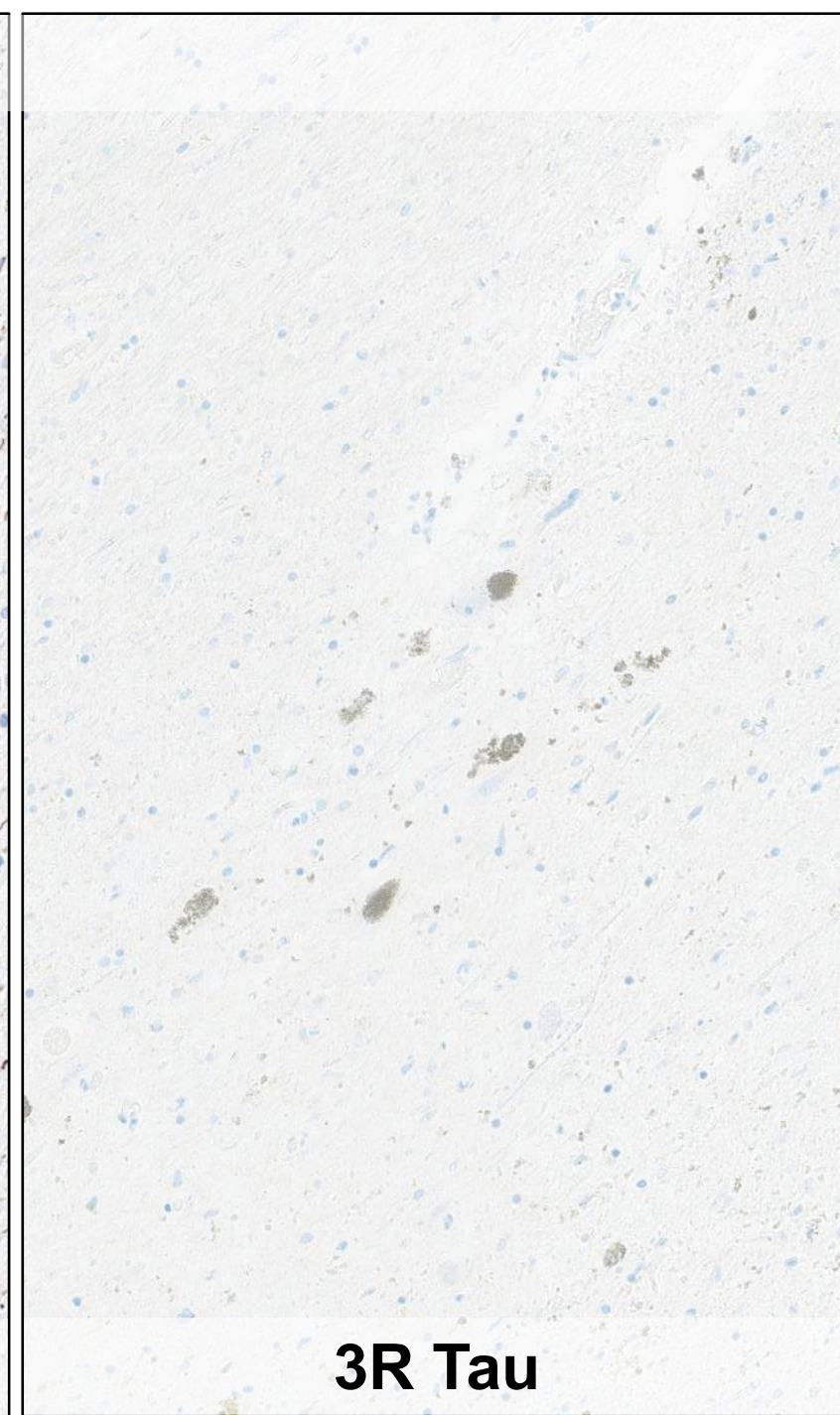
**Substantia Nigra**



**Tau**

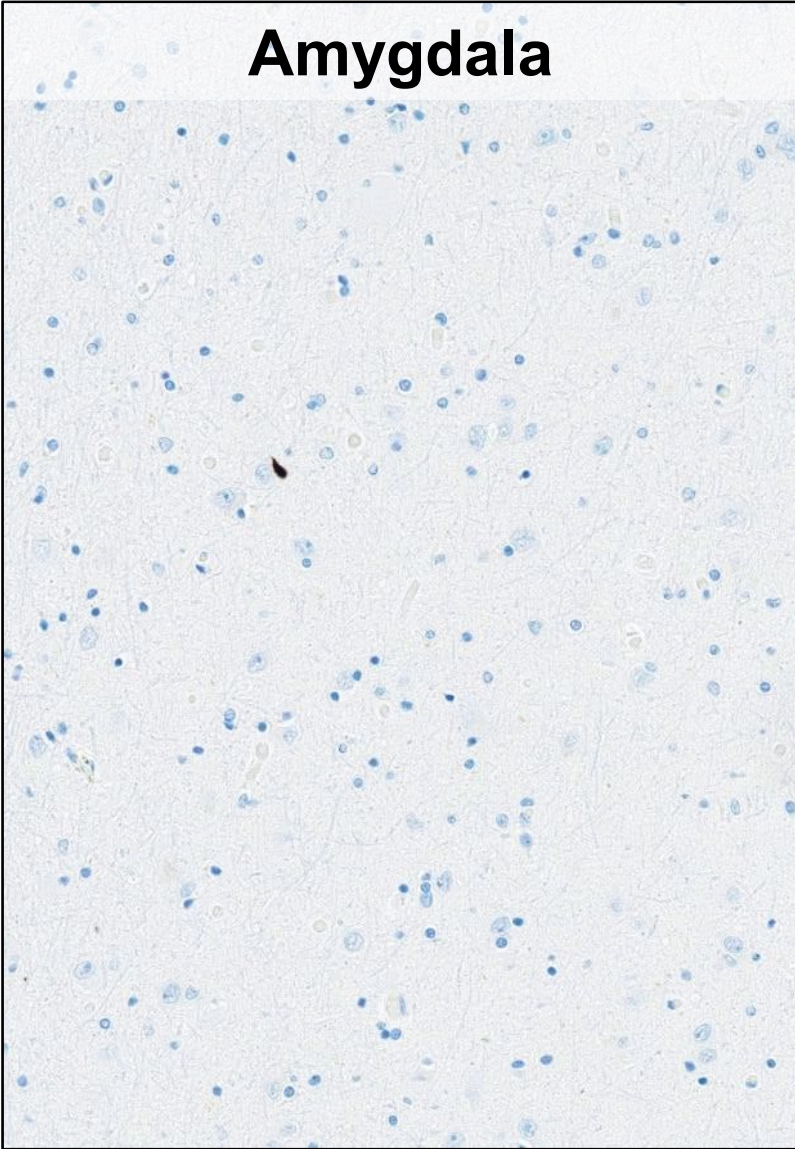


**4R Tau**

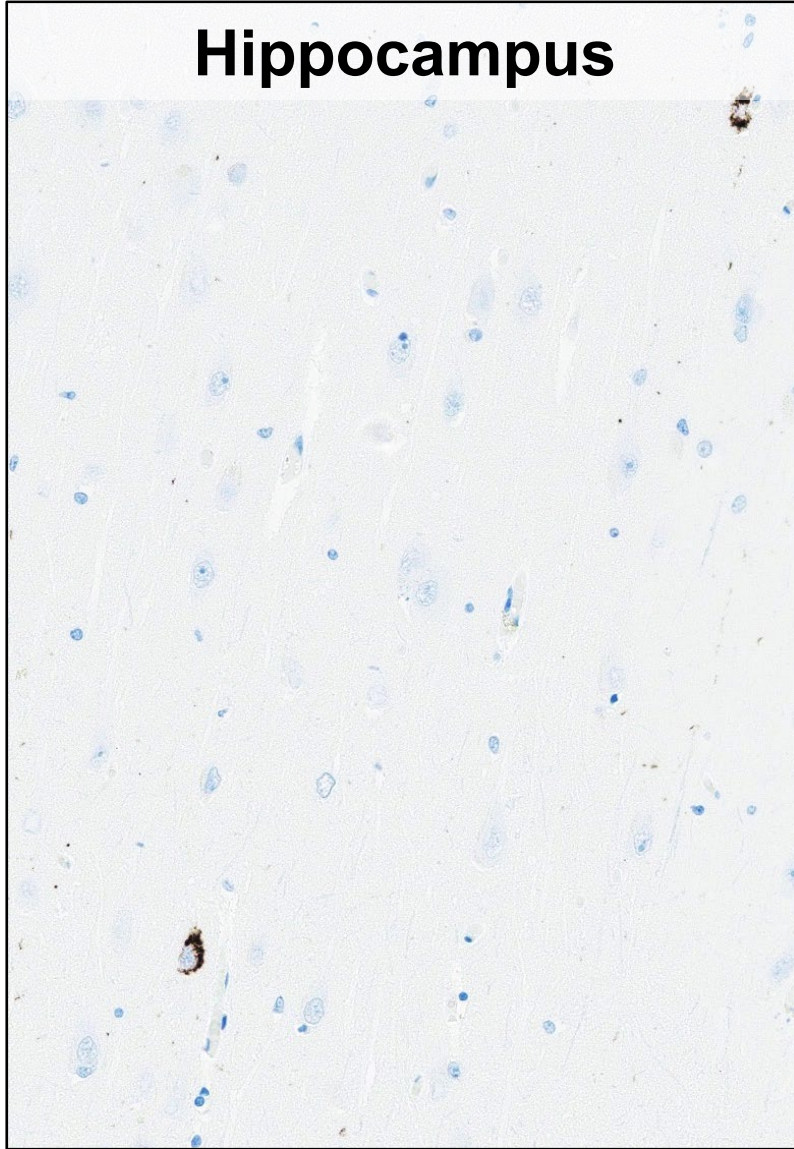


**3R Tau**

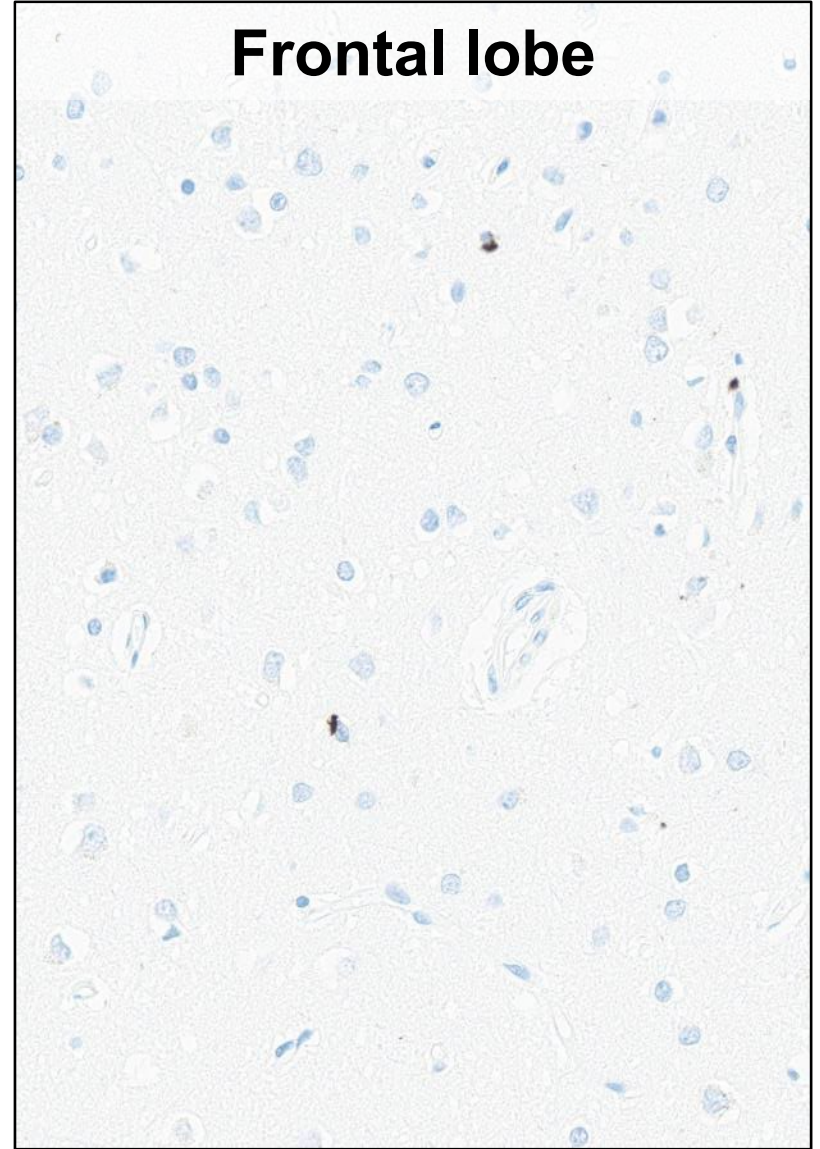
**Amygdala**



**Hippocampus**



**Frontal lobe**



**TDP-43**

## GROSS FINDINGS



- Mild generalized atrophy
- Mild hydrocephalus ex-vacuo
- Marked depigmentation of the substantia nigra

## MICROSCOPIC FINDINGS



- Neuronal loss and concomitant gliosis
- Pronounced and extensive ballooned neurons

## ANCILLARY STUDIES



- Tau
- Beta-amyloid
- Alpha-synuclein
- TDP-43
- Bielschowsky stain

**NEUROPATH  
DIAGNOSES**

## GROSS FINDINGS



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- Mild hydrocephalus ex-vacuo
- Marked depigmentation of the substantia nigra

## MICROSCOPIC FINDINGS



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- Pronounced and extensive ballooned neurons

## ANCILLARY STUDIES



- **Tau**
- Beta-amyloid
- Alpha-synuclein
- **TDP-43**
- Bielschowsky stain

**NEUROPATH  
DIAGNOSES**

# FINAL DIAGNOSIS

1. Frontotemporal lobar degeneration tau inclusions (FTLD-Tau), consistent with Corticobasal Degeneration (CBD)
2. Argyrophilic grain disease (AGD)
3. Limbic-predominant age-related TDP-43 encephalopathy-neuropathologic change (LATE-NC)
4. Cerebrovascular disease
  1. Arteriolosclerosis: severe
  2. Atherosclerosis: basilar, grade 1 (of 4); right PCA, 2; bilateral ICAs, 1; left MCA, 1; otherwise, none
5. Vascular brain injury: absent

# NEURODEGENERATIVE DISEASE OVERVIEW

DISEASE	LESIONS	COMPONENTS
Alzheimer's Disease	Extracellular plaques Neurofibrillary tangles	Amyloid Tau
Parkinson's Disease Dementia with Lewy Bodies	Lewy bodies Lewy neurites	Alpha-synuclein
Multiple System Atrophy	Glial cytoplasmic inclusions	Alpha-synuclein
FTLD-Tau (e.g., Pick's disease, PSP, CBD)	Neuronal and glial tangles	Tau
FTLD-TDP	Cytoplasmic and nuclear inclusions	TDP-43
Amyotrophic Lateral Sclerosis	Cytoplasmic inclusions	TDP-43
Trinucleotide Repeat Diseases (e.g., Huntington's Disease)	Nuclear and cytoplasmic inclusions	Polyglutamine expansion
Chronic Traumatic Encephalopathy	Neuronal and glial tangles	Tau

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Chronic Traumatic Encephalopathy	Neuronal and glial tangles	Tau



## Clinical Subtypes

### Behavioral Variant (bvFTD)

### Primary Progressive Aphasia

- Primary non-fluent aphasia (PNFA)
- Semantic Dementia (SD)
- Logopenic variant

## Pathologic Subtypes

### FTLD-Tau

- PSP
- CBD
- Pick's disease
- FTDP-17
- Tauopathy, NOS

### FTLD-TDP-43

- A-E subtypes
- ALS-FTLD

### Other

- FTLD-FUS
- FTLD-UPS
- FTLD-ni

# CORTICOBASAL DEGENERATION

- Differentiated from **Corticobasal Syndrome**
- Clinically presents with
  - Motor features
  - Gait abnormalities
  - Alien limb phenomenon
  - Apraxia/ language disturbance
  - Cognitive decline

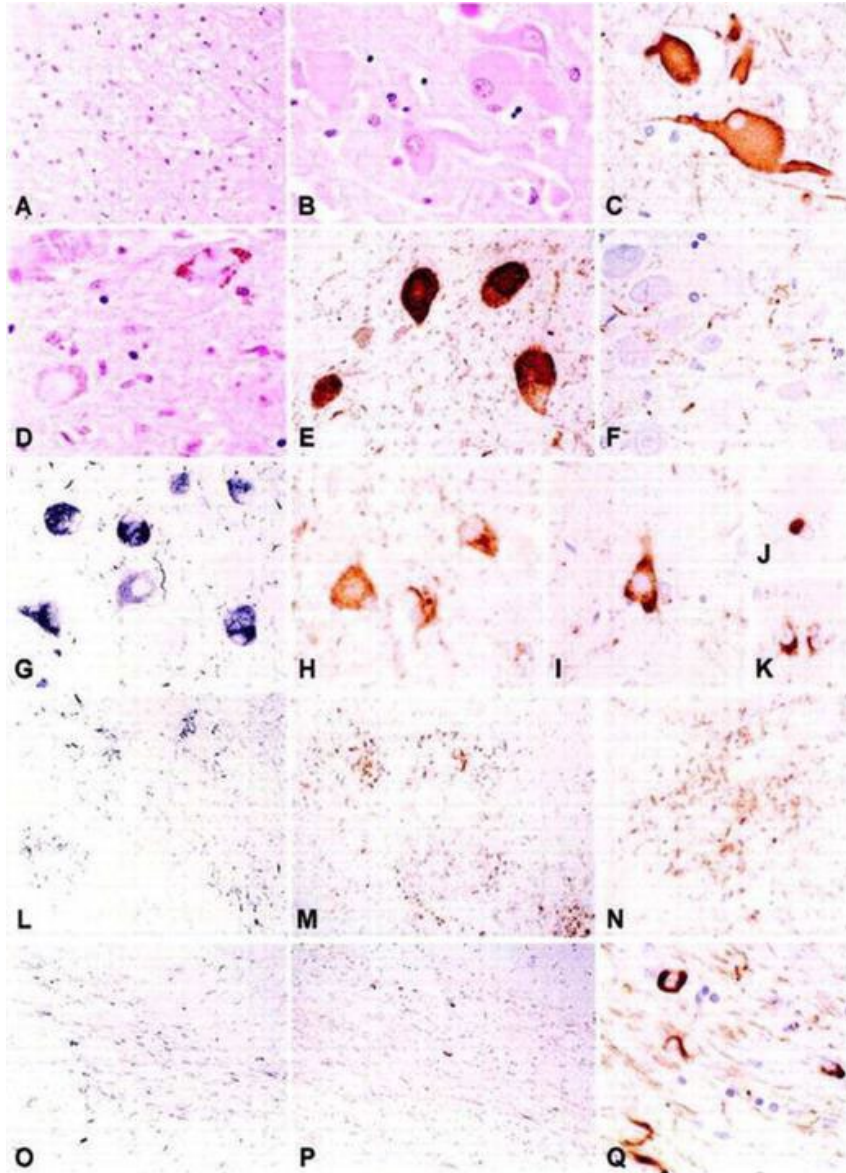
**Table 1** Frequency of motor features in available brain banks and studies with ≥5 pathologically confirmed corticobasal degeneration cases<sup>a</sup>

Feature	At presentation, n (%)	During entire course, n (%)
Limb rigidity	65/114 (57)	153/180 (85)
Bradykinesia or clumsy limb	53/111 (48)	126/165 (76)
Postural instability	20/49 (41)	73/94 (78)
Falls	27/76 (36)	83/111 (75)
Abnormal gait	30/92 (33)	102/140 (73)
Axial rigidity	18/67 (27)	68/98 (69)
Tremor <sup>b</sup>	17/83 (20)	50/127 (39)
Limb dystonia	18/91 (20)	47/123 (38)
Myoclonus	14/94 (15)	34/128 (27)

<sup>a</sup> The denominator represents the total number of cases where it was mentioned whether or not the feature in question was present. The total number of cases reviewed was 209, but not all data had information on presenting signs.

<sup>b</sup> This may include some patients with myoclonus; repetitive myoclonic bursts in corticobasal degeneration may be mistaken for tremor.

# CORTICOBASAL DEGENERATION



	Neuronal loss & gliosis	Ballooned neurons	Tau- or Gallyas-positive neurons	Tau- or Gallyas-positive glia	Tau- or Gallyas-positive threads
<b>Cerebral cortex</b>					
Frontal					
Motor (peri-Rolandic)					
Cerebral white matter					
Parietal					
Temporal					
Entorhinal					
<b>Subcortical areas</b>					
Hippocampus					
Amygdala					
Basal nucleus of Meynert					
Caudate & putamen					
Globus pallidus					
Internal capsule					
Thalamus					
Subthalamic nucleus					
<b>Brainstem</b>					
Midbrain tectum (colliculi)					
Red nucleus					
Substantia nigra					
Cerebral peduncle					
Locus ceruleus					
Pontine tegmentum					
Pontine base					
Fibers in pontine base					
Inferior olivary nuclei					
<b>Cerebellum</b>					
Dentate nucleus					
Cerebellar white matter					

# Tauopathies

## 3R Tau

- Pick's Disease (PiD)
- FTDP-17 (*MAPT*)

## 4R Tau

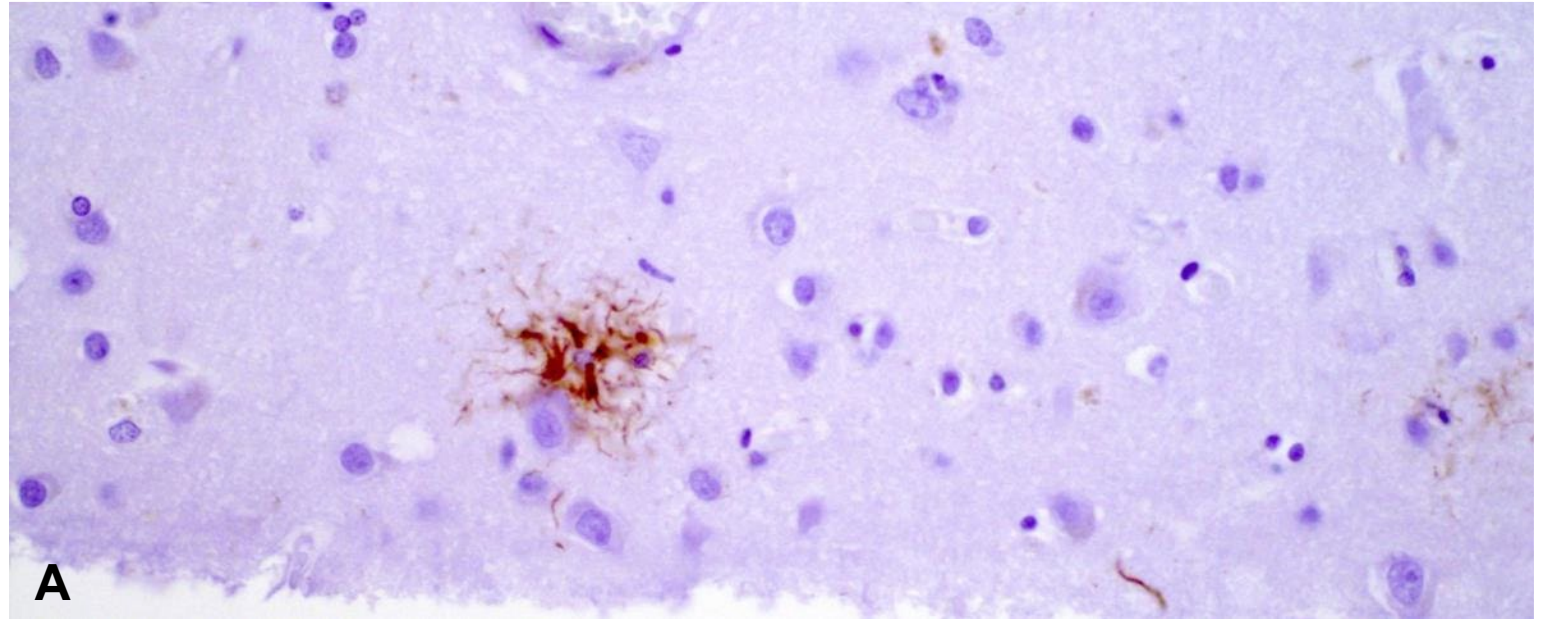
- Progressive supranuclear palsy (PSP)
- Corticobasal degeneration (CBD)
- Globular glial tauopathy (GGT)
- Argyrophilic grain disease (AGD)
- Aging-related tau astrogliopathy (ARTAG)
- FTDP-17 (*MAPT*)

## 3R + 4R Tau

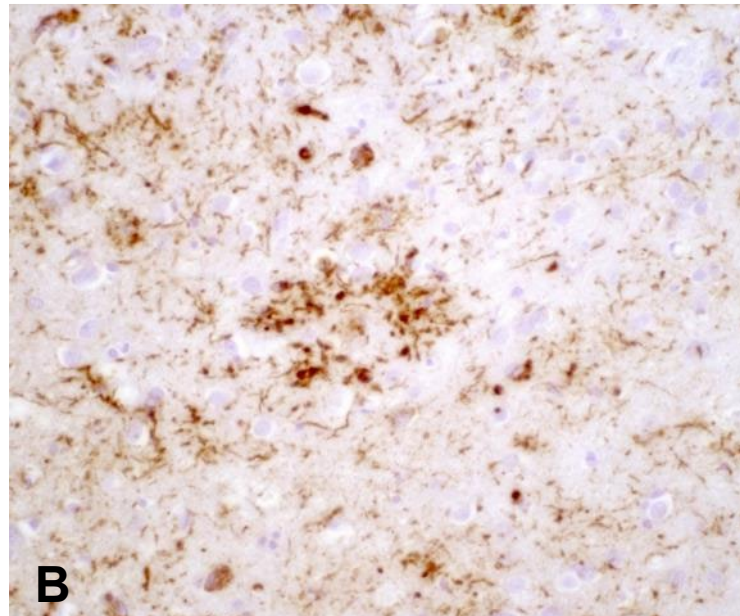
- Alzheimer's disease (AD)
- Primary age-related tauopathy (PART)
- Chronic traumatic encephalopathy (CTE)
- FTDP-17 (*MAPT*)
- Anti-IgLON5-related tauopathy

## TAU INCLUSION TYPES

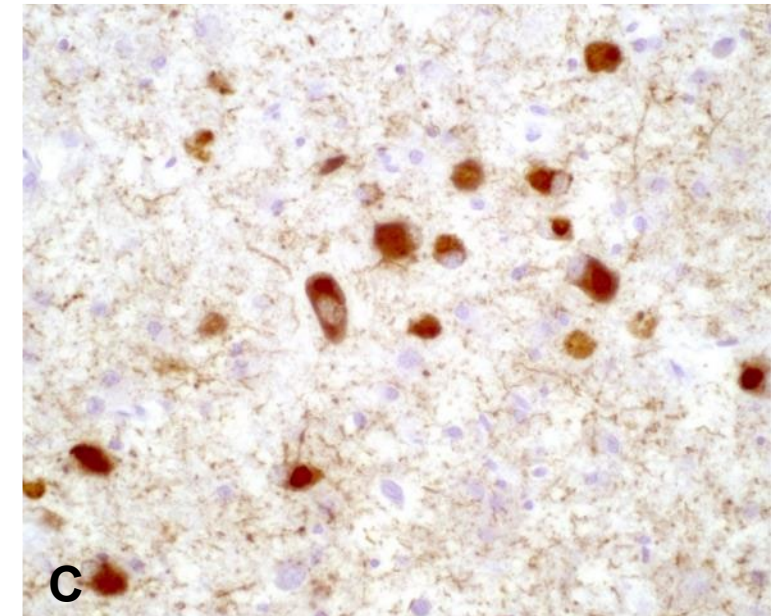
**(A) Tufted Astrocyte**,  
seen in Progressive  
Supranuclear Palsy  
(PSP)



**(B) Astrocytic  
plaque**, seen in  
Corticobasal  
Degeneration



**(C) Pick bodies**, seen  
in Pick Disease



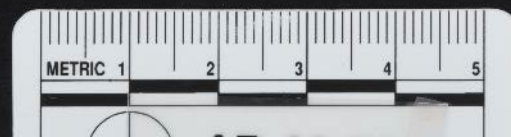
# GROSS PATHOLOGY PROGRESSIVE SUPRANUCLEAR PALSYP



# GROSS PATHOLOGY PROGRESSIVE SUPRANUCLEAR PALSY



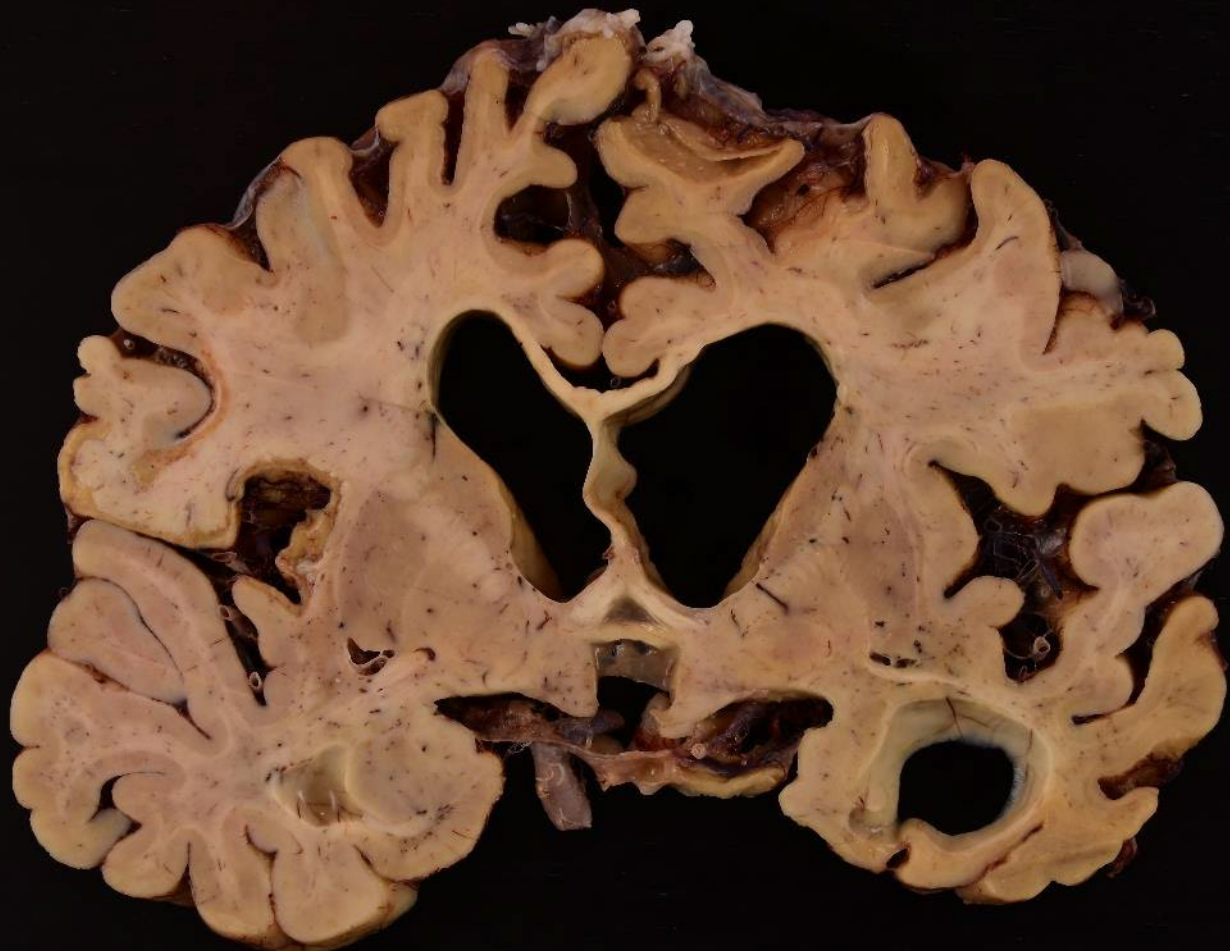
Coronal Sections, L



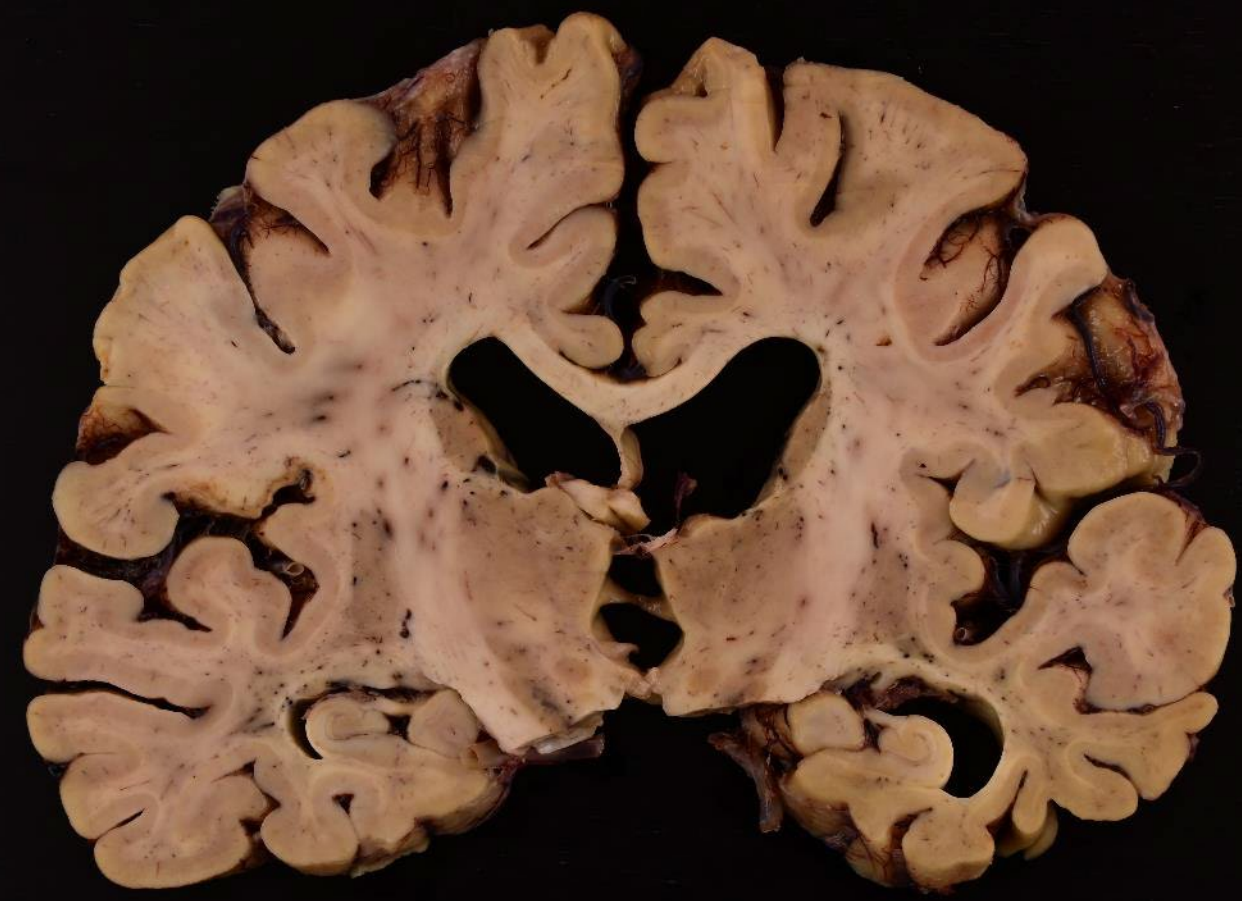
# GROSS PATHOLOGY PICK'S DISEASE







L



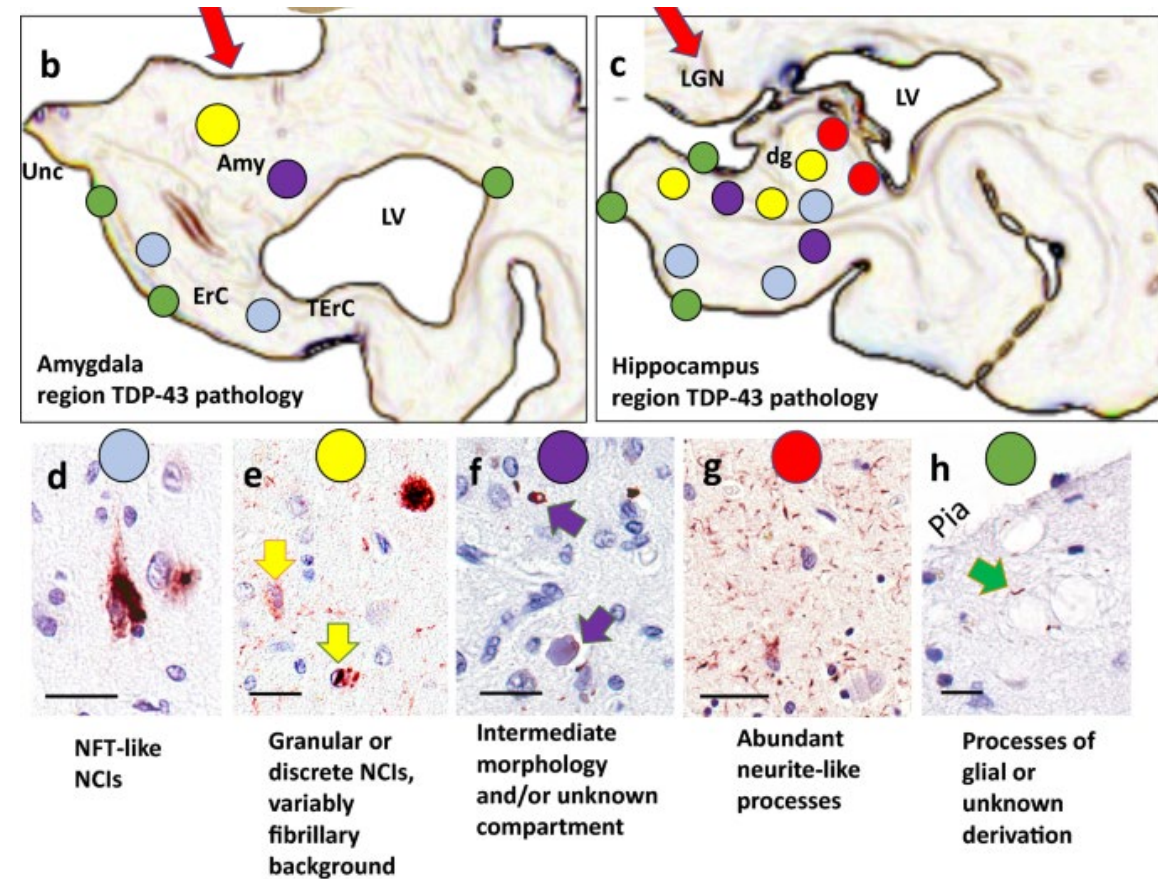
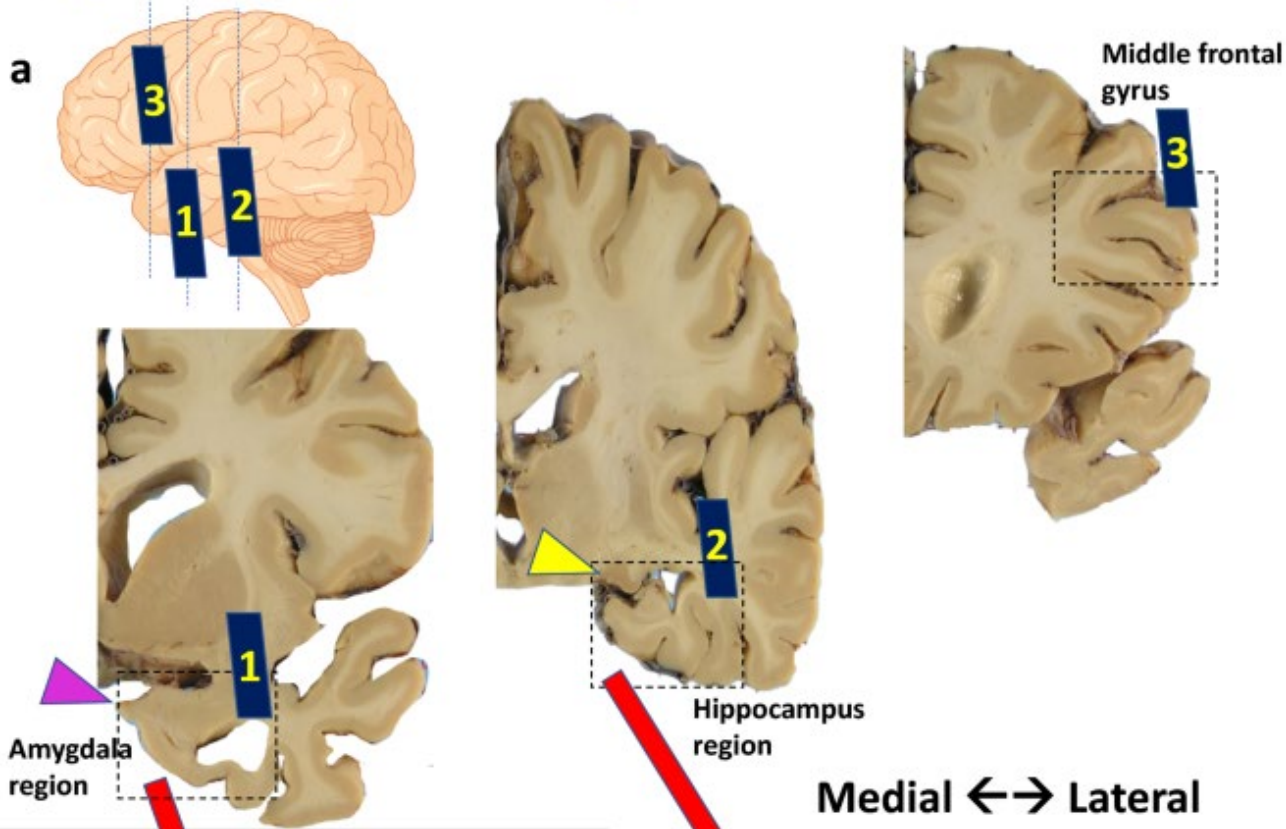
L



# LIMBIC-PREDOMINANT AGE-RELATED TDP-43 ENCEPHALOPATHY: AN UPDATE

Brain sampling for routine autopsy diagnosis of LATE-NC

1. Amygdala; 2. Hippocampus; 3. Middle frontal gyrus



# INCIDENCE OF TDP-43 PATHOLOGY IN CBD

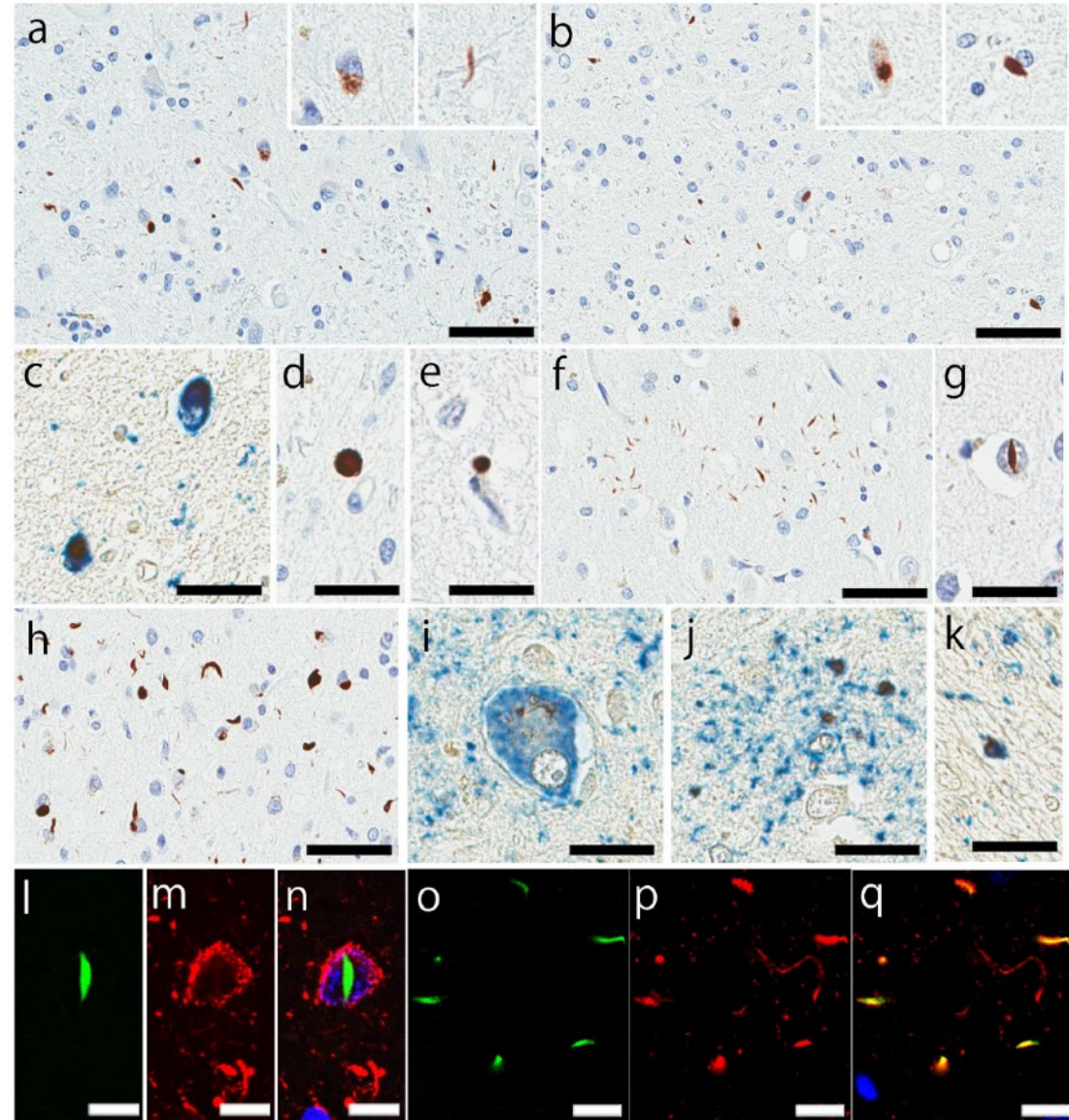
Acta Neuropathologica (2018) 136:389–404  
<https://doi.org/10.1007/s00401-018-1878-z>

ORIGINAL PAPER

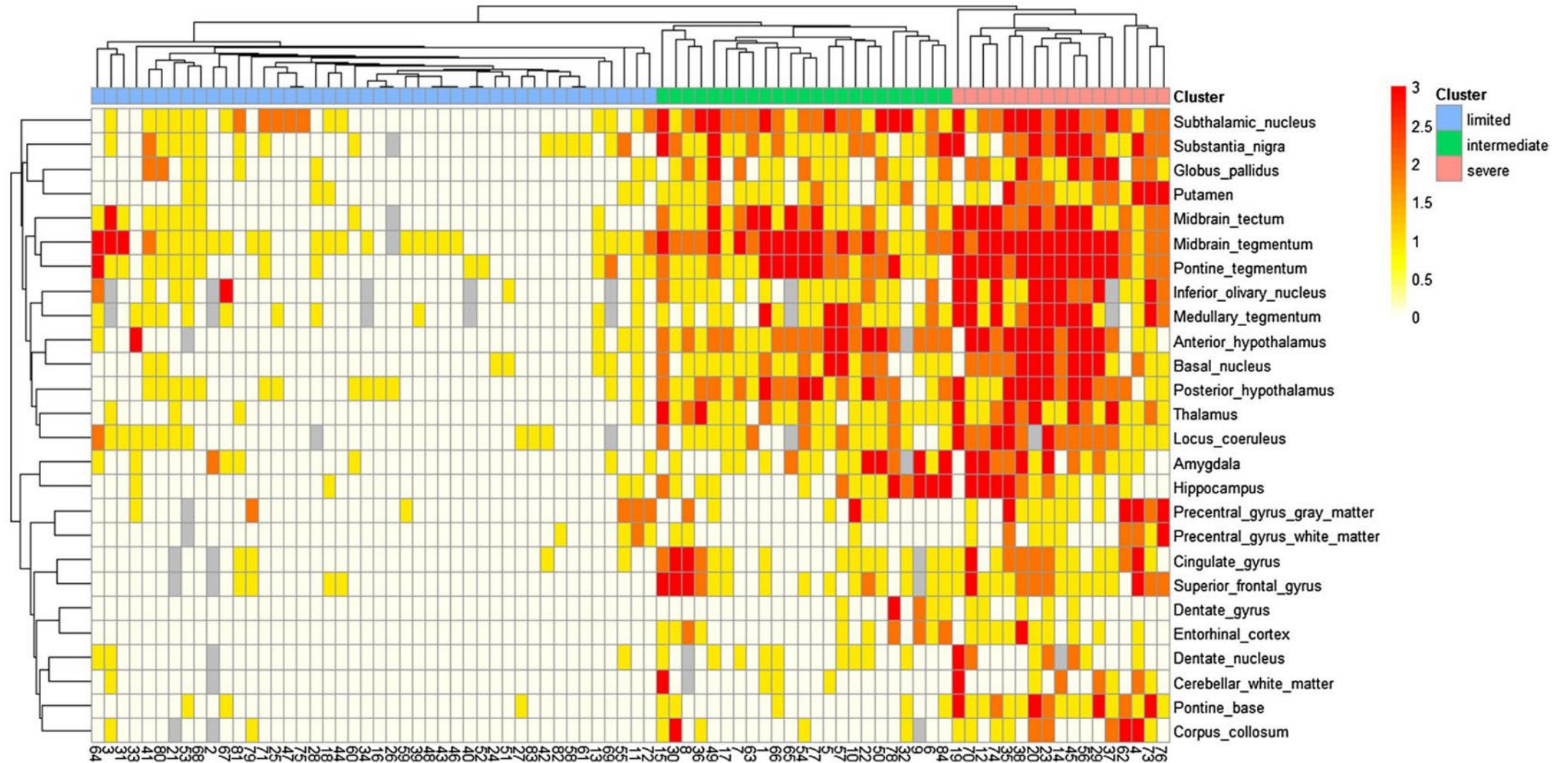


**Corticobasal degeneration with TDP-43 pathology presenting with progressive supranuclear palsy syndrome: a distinct clinicopathologic subtype**

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# INCIDENCE OF TDP-43 PATHOLOGY IN CBD



# FINAL DIAGNOSIS

1. Frontotemporal lobar degeneration tau inclusions (FTLD-Tau), consistent with Corticobasal Degeneration (CBD)
2. Argyrophilic grain disease (AGD)
3. Limbic-predominant age-related TDP-43 encephalopathy-neuropathologic change (LATE-NC)
4. Cerebrovascular disease
  1. Arteriolosclerosis: severe
  2. Atherosclerosis: basilar, grade 1 (of 4); right PCA, 2; bilateral ICAs, 1; left MCA, 1; otherwise, none
5. Vascular brain injury: absent

# KEY POINTS

1. Review **neuropathologic approach** to neurodegenerative cases
2. Review **FTLD-Tau** as a neuropathologic entity
3. Understand the importance of **clinicopathologic correlation** in neurodegenerative cases

# QUESTIONS & ANSWERS





# THANK YOU

AND MANY THANKS TO THE MAYO CLINIC ADRC AND MCSA



# ADDITIONAL REFERENCES

1. McKeith, I.G., Dickson, D.W., Lowe J., *et al.* Diagnosis and management of dementia with Lewy bodies Third report of the DLB consortium. *Neurology* **65**, 12: 1863-1872 (Dec 2005); DOI: 10.1212/01.wnl.0000187889.17253.b1
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3. Montine, T.J., Phelps, C.H., Beach, T.G. *et al.* National Institute on Aging–Alzheimer’s Association guidelines for the neuropathologic assessment of Alzheimer’s disease: a practical approach. *Acta Neuropathol* **123**, 1–11 (2012). <https://doi.org/10.1007/s00401-011-0910-3>